

PRINCIPAL'S REPORT

BARRY FINCH

Hello to all!

I hope you are all travelling well under the current 'stay at home' orders. Here at the School, we are down to about five staff members working onsite. The remaining staff are working hard from home, engaging with our students remotely in their schoolwork.



We have developed a good system of tracking communication with students. This enables our staff to know what work students have been doing with different teachers throughout the morning, and whether they are engaging.



Next term, our learning program will remain similar to what we are currently doing, with the addition of Office 365. This will give all students a login to a suite of online tools including access to Microsoft Office, a Port School email address, cloud storage and Microsoft Teams, which we will be using for group face-to-face communication.



We will aim to roll this out to students early next term, so that we can integrate it into our learning program. I must congratulate families and students for their high level of engagement in our home learning program. We are seeing over 70% of our students engaging in the program on a daily basis.



Remember, having structure in your young person's day helps break it up. It also helps to maintain good sleeping habits.

Keep up the great work and please do not hesitate to give me a call if you need any support or clarification.

Stay safe

Barry



- Get Dressed & choose a workspace
- Stick to normal school Hours & take breaks
- Build transitions into (and out of) working
- Don't get too sucked in by the news or anything else.
- Communicate, Communicate, Communicate
- Don't forget to positively socilaise (remotely) with friends
- Be patient, kind, positive, caring and supportive
- Recognise it normal to be nervous or worried about what's going on
- Keep safe

https://www.youtube.com/watch?v=070o8fOML9s

DEPUTY PRINCIPAL'S REPORT

Well, who would have thought Term 1 would have ended up looking like this? As we enter a very different world for the foreseeable future, I would just like to personally thank you all for the part you have played in stepping up for the students and our school.



To our staff: Your patience and support during this tumultuous time and swift transition to Distance Learning has been evident in the work I have seen being produced and the long days and late nights many of you have been putting in. Thank you for answering questions on the fly, filling out working from home risk forms and keeping students. parents and colleagues strong. We are all experiencing huge disruption to "normal" working schedules. environments. interactions with students. Going forward, we are solving one problem, however, other problems will surface which will demand our attention, cause agitation and maybe give us further disruption. Be mindful that you are not alone and that we are all here for you all, so please make sure you reach out to your colleagues, line managers and the management team as and when you need to.



To our parents and students: our team are here for you also. Do your best, keep talking to us and try and find a format that works best for you as a family, whilst maintaining a normal daily routine until the end of term. Be kind to each other, be tolerant and try to give each other respect and space. Over the holidays, be safe, they will be like no other. Read books, play games, go for walks and follow the government rules at that time.

We know these are challenging times, but we would love to see you posting pics and tagging the school with your best studying from home photos over the next few weeks. Show us your work space, get the family to take a photo of you hard it and please don't forget, the Port team of teachers, EA's and all staff are here to assist your 'at home learning journey'.

Usually at this time of year, I find myself promoting leadership events, fundraisers, Maiaysia and RYPEN. This year everything is a little unknown and we will all have to be patient as this all unfolds. We will try and continue with anything we can, but will have to adapt & change.



ANZAC DAY

ANZAC Day this year takes place on the last day of the school holidays, we must of course be mindful of the history behind this day. In previous years, I have encouraged you all to take part in a service local to the area in which you live. This year, globally, we will have to have our own quiet reflections, thoughts and tributes. On the anniversary of the landing of the Australian and New Zealand Army Corps troops at Gallipoli, Australia commemorates the event with brevity because, for the first time, the men who made that fateful landing on the 25th of April 1915 are all but gone.

As Australians, we gather on that day, not to celebrate or glorify war, but rather to remember those who have served our country during conflict and crisis.

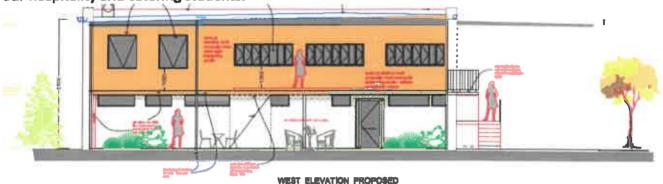


I wish you all a very happy and very safe break.

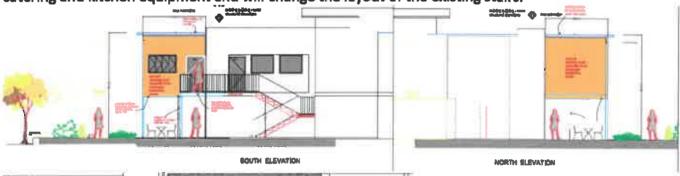
Mike

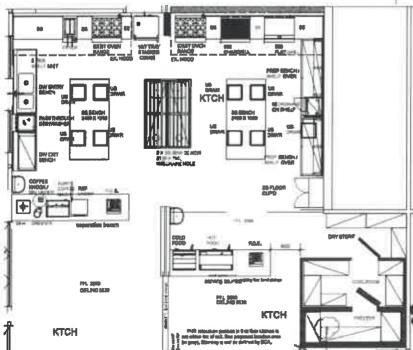
BUILDING PROJECT UPDATES

Despite all that's going on, Port has been fortunate to receive a Capital Works Grant to extend the kitchen and dining area. The extensive project will include increasing the size of the kitchen to cater for the ever-growing student and staff numbers, as well as providing a state of the art training kitchen for our hospitality and catering students.



The grant will also include the addition of a disabilities lift, a walk in cold / freezer room, some amazing catering and kitchen equipment and will change the layout of the existing stairs.





The exciting design layout has been put together in consultation with key teaching and training staff members as well as seeking student input. This is going to be a state of the art facility with tills, eftpos, barista coffee machine, combi oven, push through dishwasher, hot plate and char grill plate. 'Port Bistro' here we come, I think we are all salivating just thinking about what they will be able to produce for us all.

These facilities will also allow us to be able to better cater for our larger events and functions such as NAIDOC, Art Exhibition, Musical Medley and trivia night.



Our quirky class continues with some great characters to keep me entertained, it is impossible not to laugh! This group has developed trusting and meaningful relationships with each other.







Allowing themselves to be vulnerable in front of a group of peers is no mean feat and I am so proud of how this group supports and encourages each other. Their camaraderie is fantastic to see.





Working From Home

Our students and staff are settling in well to studying and working from home in these bizarre and strange times. It's all about trying to work out what works for you and being tolerant, polite and supportive of each other's space and environments.





There will be arguments, there will be frustrations, but please try and be kind and be nice to each other. We are all learning about this new strange world, and that applies to students, teachers, parents and even the animals wondering why you are now all home so much?!!







From car parks in Augusta, to family dining room tables, some unusual sitting positions. Mike has even been demoted to the camp table, as his wife (who is also a teacher), dibbed the study desk first!!



I will teach you in a room.

I will teach you now on Zoom.

I will teach you in your house.

I will teach you with a mouse.

I will teach you here and there.

I will teach you because I care.

So just do your very best.

And do not worry about the rest.



Working From Home







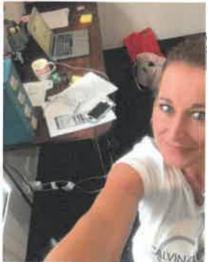




















The art room is expanding to the outdoors and the storage cabinet has had an overhaul











MANAGING CORONA VIRUS (COVID-19) ANXIETY

As the number of coronavirus cases rises across Australia, the level of anxiety within the community is increasing. Feelings of worry and unease can be expected following a stressful event, such as the recent declaration of a global pandemic, however, it is important that we learn to manage our stress before it turns to more severe anxiety and panic.

For You

-Avoid excessive
exposure to media
coverage

-Connect through
calls/text/internet

-Add extra time for
daily stress relief

-Practice self-care

-Focus on your
mental health



For Quarantine/Isolation

- Keep in contact with your loved ones via social media, texts, and phone calls

- Create a daily self-care routine

- Keep yourself busy: games, books, movies

-Focus on new relaxation techniques

Port School's Student Services Team endeavors to remain in contact with all students during this time of self-isolation. We will make ourselves available via phone and email to all students who need mental health support and we will be conducting weekly check-ins to remain connected to our community of students. We encourage students to access our support as often as is useful. If you find you are unable to cope with your emotions please seek help.

When should I get help?

If you ever feel unable to cope because of overwhelming or intense emotions, or if you have any thoughts of harming yourself, then ask for help immediately.

- National 24/7 crisis services
- Lifeline: 13 11 14 or https://www.lifeline.org.au/
- Suicide Call Back Service: 1300 659 467 or https://www.suicidecallbackservice.org.au/
- beyondblue: 1300 224 636 or https://www.beyondblue.org.au/

Additional youth support services

- Headspace: visit https://www.sane.org/ for eheadspace or more information
- Kids Helpline: 1800 55 1800 or https://kidshelpline.com.au/
- ReachOut: https://au.reachout.com/
- SANE Australia: 1800 187 263 or https://www.sane.org/
- Talk with a trusted adult, such as a parent, teacher or school counselor.
- Speak to your local doctor or General Practitioner (GP) and help make a plan for your recovery. Or
 you can search for a health service and GP on healthdirect https://www.healthdirect.gov.au/

Dave, Molly, Michelle & Charl **Student Support Services**

Tel: 08 9335 6323 Email: admin@portschool.wa.edu.au



Port School offers students 'in-house' traineeships, in an array of vocational and creative subjects. This provides students with the opportunity to get a feel for a typical working environment, gain some experience, earn some extra cash and achieve a Certificate II qualification in their chosen field.



Each individual receives his or her own personalised trainee staff member polo shirt. They all undertake a mandatory induction session that ensures they have the confidence to work safely and complete their daily tasks such as filling out timesheets or knowing how to read a pay slip. Here at Port, we like to 'walk the talk' about providing opportunities for our students, so this year we are proud to have employed four Port school based trainees; Jami Laxton, Georgina Davies, Billy Bayens and Lily Slater.





Train on-the-job, on-campus, or both



Develop knowledge and skills from expert teachers with extensive industry experience

Why do an apprenticeship or traineeship?



HANDS-ON EXPERIENCE

Learn with the latest technology and tools in our well-equipped facilities



real qualifications

Graduate with a nationally recognised qualification



CAREER ADVICE & HELP

Students can access our Employment Centre even after they graduate, to help progress their careers

BURNOUS BEGEROOTERING BETTER

Supervised Gym Assistant – Billy Bayens; The Gym Assistant's role is to assist with the maintenance of all gym equipment ensuring health and safety standards are met. Billy will achieve a Certificate II in Sport and Recreation on the completion of this traineeship.

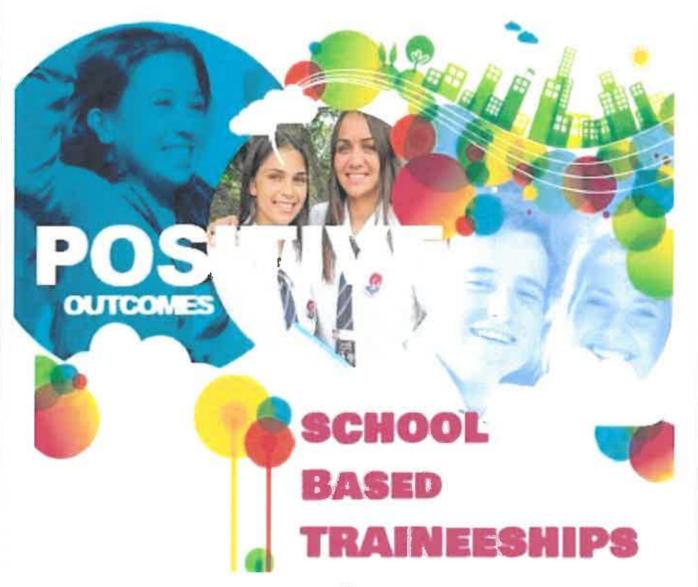
Supervised Art Technician - Lily Slater; The Technician's role is to support the Art teacher, ensuring the art department runs smoothly. This includes setting up required equipment and ordering supplies. Lily will achieve a Certificate II in Visual Arts on the completion of this traineeship.

Supervised Port Middle School Education Assistant - Georgina Davies:

The PMS Ed Assistant provides an appropriate role model by consistently modeling good behaviour and helps reinforce taught lessons by working with individuals or small groups of students. Georgina will achieve a Certificate II in Community Services on the completion of this traineeship.

Supervised Port School RTO Education Assistant - Jami Laxton;

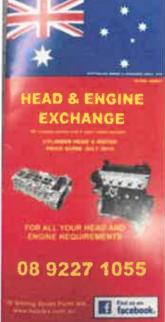
The role of the RTO Education Assistant is to assist the RTO coordinator in weekly Work Readiness classes. This focuses on getting students prepared for the workforce and life after school ends. Jami is working towards a Certificate III in Education Support through this traineeship.



PROJECT CANDELLAND ROVER**

The local community and business support for our students and school constantly impresses us. Evan Moore at Perth Head and Engine Exchange, has just donated a fully reconditioned 6 cylinder head for our Landrover restoration project.





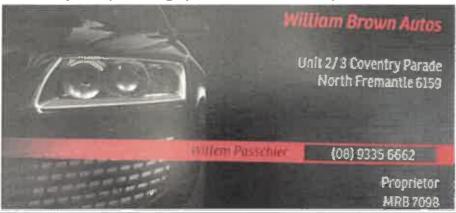


Students are thrilled with this donation and were back into the auto-workshop earlier in the term. They will get back to it as soon as social distancing rules permit. Thank you so much for your generosity and support and to Tim Murphy or facilitating this great donation in conjunction with Willem Passchier at William Brown Auto's.



EXCHANGE

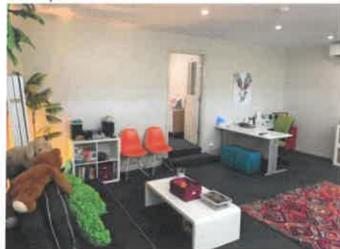
The workshop has also purchased a new piece of equipment - a sandblaster. This will be a very welcome addition especially cleaning up those old Landrover parts.





STUDENT SUPPORT & WELLBEING

Student services took on a new look over the Christmas school holidays with the addition of a three room-counseling suite. Molly Donaldson will now be part of the Port Management Team and heads up this department.





Molly and the team have done an awesome job of making this new mezzanine area a very relaxed and comfortable space and with Andrea's colourful touches, it looks fantastic.















STUDENT









Molly, Dave, Michelle, Andrea & Charl **Student Support Services**

Email: admin@portschool.wa.edu.au Tel: 08 9335 6323



Term 1 started with a room makeover and students love the new look and feel. During this crazy time of unprecedented confinement to home, and the removal of familiar spaces and people, it is important, more than ever before, to prioritize our mental and physical wellbeing.





We all know the imposed isolation is for our own greater good! The faster we can contain the spread of COVID 19, the faster we can get back to "normal" and doing the things we most love (but have generally taken for granted – like going to school, socializing with friends and going pretty much where we like, when we like!)







As we adjust to a different and conditions that have to 'triple up' as or work spaces, our study spaces and our recreational, ordinary living spaces, we have all had to adapt and make some massive adjustments! Many of us weren't quite prepared for this glitch... and who could have been, right????.... I can tell you: trying to get ready for an impromptu virtual zoom meeting that would involve ALL your work colleagues being invited into the only 2ft space that is 'clear of junk' in your home - let's not even talk about the hair and make up - was NOT what I had in mind! And yet, here we all are! And at least we are all in this TOGETHER!



I have been making calls all week, to check on students' progress. I am very proud of those students who have responded to their teachers' calls and taken the time to communicate how they are going, and report on their educational progress. You have cheered me up and given me a very real reason to get up each day — so thank you! Some people may need a bit longer to adjust — and that is OK. There is no shame in taking a bit of time out to reflect, process, adjust and re-focus.

ACT, BELONG, COMMIT is a special engagement project in recognition of a fantastic commitment to school work by Port students during the 2020 lockdown. This is a collaboration between Port Health Science department and Delissimo Continental Deli, 176 Swansea Street, East Victoria Park, 6101, Tel: 93552311



GIVE YOURSELVES A GIGANTIC PAT ON THE BACK, YES - ALL OF YOU, FOR YOUR STELLAR EFFORTS IN MAKING SOME PRETTY
BIG SARIFICES TO KEEP YOURSELVES AND EACH OTHER HEALTHY, STRONG AND SAFE.

Mental health and wellbeing research suggests, (and I'm sure as we all know too well from our own personal experience), that no good can come from a long time spent burying our heads. Being involved in activities gives us a reason to get up in the mornings and maintains our sense of purpose in life and a meaningful connection to others.

So when we call you, please spare a thought for how your respond to our calls - it might help to make it a better day for us as well as for you. You don't need to chat for long. If 3-5 calls a day from teachers, is a bit too much (ya think?!) — just talk to us and explain what would work best for you! We are happy to accommodate your needs, as long as you can demonstrate that you are engaging regularly with the tasks you have been set, to keep your brain alive through this mission!

In saying that, it gives me great pleasure to announce that *Delissimo Italian Delicatessen* has offered to regularly donate a hamper of gourmet goods, for families of students who are showing exceptional dedication and commitment to their school program at this time! (In return for some volunteer work to help them through this time).



This week saw our first two Port recipients receive bumper boxes crammed with luxury food items (including Italian cold meats, bread, juices, baked treats, vegetables ... choooocoooolate... and so much more!) The winners were selected because of their amazing commitment to the regular completion of school work (in challenging circumstances and a tough week all round). Congratulations to Kathleen and Tyson on being the first, of what I'm sure will be a long line of Port Legends to inspire other students, to be motivated and even excel, in times of challenge!







To be considered for a hamper prize, you must demonstrate an ongoing commitment to your own personal betterment and to the Port Distance Education program. This means regularly checking in with Subject Teachers and Mentors, asking for help when you need it, and completing tasks to the best of your ability. There will be many more hampers to be given away in the weeks to come and all staff are able to nominate.

Please get onto Delissimo's FB page and have a good look at the awesome range of mouthwatering foods they offer, and if you love the look of one of their catering platters or anything — please order it, pay, and I will personally deliver it to your home myself, for FREE! We are all trying to help each other through this and this will help to support local businesses, and prevent them from having to close down! And don't forget to like *Delissimo* as a gesture of our thanks, for their kind donations to our school!

Remember to self-care at this time. Physical exercise and a good diet, sleep, lots of water and positive social connection within your isolated family/ care 'cluster' are essential. Galning your own space is also critical for your mental sanity. At the moment, it is still possible for you to take a solitary walk and watch the sun rise, or set, with your favourite tunes blaring out of your earphones. Bubble baths are good too! Try to remember to feel grateful for at least one thing each day. Sometimes this might get a bit challenging, particularly on the days when we have particularly bad 'cabin fever' - but try to notice the small things around you that you might find comforting — regular sounds like the early morning kookaburra chorus, or a pretty flower, or an amazing sky scape, or a fun conversation with a friend - or just a few minutes of peaceful silence with your own thoughts, in an otherwise very hectic day/ household!

16



This might even be a perfect time for you to try out some new things that you have never experienced before, to try and better manage the stress caused by the pressures of life, and just to just ...relax a little!

CHECK OUT

--- THESE ----

GREAT APPS



Why not give some of these (mostly free) apps a go?

- Calm
- Headspace: Guided Meditation and Mindfulness
- Super Stretch Yoga
- Kids' Yoga Desk (\$1.99)
- Stop, Breathe and Think: Kids
- Smiling Mind
- Breathing Bubble
- Calm Counter (\$2.99)
- Take a Chill
- Chill Outz
- Relax Melodies

I wish you all a safe, healthy and peaceful Easter, and I look forward to reconnecting with you in both the *Virtual and Real worlds* after the holidays.

Take it easy,

Raf

ART ROOM ANECDOTES

If I create from the heart, nearly everything works: if from the head, almost nothing." - Marc Chagall

Term 1 has been quite the whirlwind, with the current global situation impacting on us all, and the way we interact with each other; how we coordinate our daily activities and it also has inevitably caused some disruption to our program.





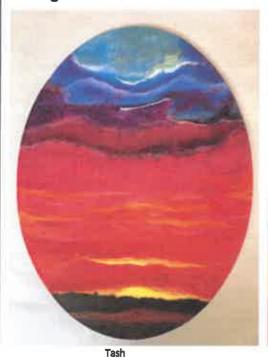


Flynn (Work in progress)

Hannah

وأما

In saying this I have been thrilled with the way our students at Port have handled this uncertainty and channelled their positive energy into their artwork. They have been unwavering in their focus in Art class and have demonstrated the power that creativity can provide when times are tough; and how art is a calming, healing influence in our lives.





So I encourage you all to continue creating whilst you are working/studying from home. Use the work I have provided you as a stimulus for your own creative path. Draw/sketch, paint, print, photograph, go digital; whatever mediums you enjoy; be sure to use them!

Document your work by photographing it and/or bring the work you create back to school when classes resume, so that we can celebrate your achievements at the Art Exhibition.

ART ROOM ANECDOTES

This term we have already created so much beautiful work. 'Potty Peeps' the functional pot plants have been a hit! Because of the disruption to classes, not all have been glazed as yet, but when the students return, that will be the first thing they will do. Here are some fabulous examples of completed pieces and also some 'works in progress' on these pages.







Jack Jami Kathieen

The second project that early finishers have started is: 'Sunset, Cloud Paintings' with acrylics on board. This has been a challenging concept for most, but they have embraced the idea and are so proud of their efforts as they should be! I am excited to see the works evolve in the future.



Llly

















ICE

Royce

Tyson

ART ROOM ANECDOTES

Middle school Art students have been learning the art styles of two very different Contemporary artists Jean - Michel Basquiat and Keith Haring.









They have been asked to embrace techniques that were out of their comfort zone and they have done so in the main, producing some very exciting work, which they should be really proud of.









I definitely can't wait to display their paintings in the exhibition and look forward to them returning, so that we can complete their 'Skate Decks' which is the next phase of this awesome project about their personal 'Identity'. All of the skate deck designs are super cool and express their personality so well. Well Done !!!!







Khy



Finally, we don't know what the future holds for us at this stage, but we will keep supporting you all through this, and I will be checking in with each of you regularly to encourage you to keep creating and if you need anything please email me at dionne@portschool.wa.edu.au or phone 0434 753 347.

Take care of yourselves and your families.

Port School Overseas Excursion Malaysia 2020

Proposed Dates: Sunday 13th - Friday 25th September



Ever wanted to travel abroad?

Once again in Term 3, Pa

fering selected students 16+ the that!!!!

Port School is exp Klang, Kuala Lum

TES 418

ople to the Apex school in r a 5½ hour plane flight!!







in a town called Klang, taking part in sports,

The excurs

onsist of: Flying from Perth to Kuala Lumpur airport

Visiting a school for young people with lea arts, workshop activities and showing off A

Tolog to Batu Cave Temple

Learning & observing Malaysian cultural ac

Staying at Puteri Garden Hotel, Klang, near the Aper

Visiting Pulau Ketam Fishing Island and tropical

Visiting Kuala Lumpur, Central Park Mall with

Visiting Cameron Highlands - great treks, adve Visiting Sunway Lagoon -Malaysia's largest was copy walks Petronas Towers

id canopy walks







There is a lot to plan

- We will need to fundraise as the trip will cost over \$15,000 for everyone to go
- We will help you get birth certificates and passports if needed
- Each student needs to contribute \$500, the school can help students to earn this
- We will need to look at insurances, health, vaccinations, emergency procedures
- We will look at legalities, customs & Malaysian law & appropriate cultural behaviour

So, are you interested? If so, speak to Mike or Dionne in Term 2



MALAYSIA 2020

13th - 25th September





Malaysia Excursion





CONSTRUCTION

As usual, it has been a busy semester in the workshop. We have a few of our Certificate II in Furniture completing their qualification with the making of some very nice solid Jarrah wall cabinets. These include some complex joinery and hardware fitting and these pieces are the culmination of this qualification. Well done girls, a solid effort.





This semester the workshop has also purchased a 1976 series 3 Landrover. This vehicle has spent the last forty odd years on a farm in Manjimup and was purchased by Port school. It is a very basic vehicle with simple systems and is perfect automotive project to introduce skills around brakes, electrics, the drive chain, panel beating and general automotive parts. They are very rugged vehicles and ours is now completely stripped down with one student, Jackson, working with Tim Murphy on the refurbishment of the motor and gearbox. Another student Flynn has been busy fabricating the metal parts of the vehicle that have needed replacing.







It is an iconic vehicle and several teachers have already voiced their desire to purchase it once refurbished, however the aim is to perhaps add it to the school fleet, possibly as a vehicle for our maintenance crew. Work on this is open to everyone as there are areas that are great as an introduction for kids interested in vehicles, through to more complex parts such as the engine, gearbox and electrics.

Paul and Phil







WOULD YOU LIKE A PORT HOODIE?



\$25-00 EACH

PLEASE BOOK WITH JULES

Port money & scholarship money can also be used to pay for a hoodie



FOR GRADES
NSG, JUNIORS & SENIORS

COCKBURN IS A GRADING, TRAINING AND PLAYING CLUB. WITH THE EXCEPTION OF OUR 7 TO 9 YEAR OLD TEAMS, PLAYERS TRAIL AS A GROUP ACCORDING TO THEM YEAR OF BRITH AND THE CLUB SLLECTS TEAMS BASED ON SKILLS AND ABILITY. TEAMS ARE NOT SELECTED BASED ON FRIENDSHIP OR SOCIAL GROUPS.

WE TRUN ON WEDNESDAYS AT THE BAKERS SQUARE, MORTLOCK STREET COURTS AND FOR PLAYERS FROM 7 YEARS OLD THROUGH FD SENIORS.

STRICES
GAMES ARE PLAYED ON SATURDAYS AT FREMANTLE NETBALL
ASSOCIATION ON HIGH STREET.

Head to our website on www.cockburnnetballclub.net or contact the Club Secretary; Joanne Seeber for more information.

emall: info@cockburnnetbaliclub.net

mobile: 041 478 4977

PAST STUDENT VISIT

It is always great to see a past student. YPC's Kirrilly Hale came back to visit us in February.



It was awesome to hear about her mobile dog wash business 'Pups and Pooches Divine' and her desire to help with Malaysia sponsorship in the future.

Pamper Hydrotherapy

Including

- Shampeo
- · Cenditioning
- e gar & eye clean
- · Towel/blow dry
- · Brush out
- · Fragrance

All this for just \$30!!

Nobile Dog Wash
Smelly pooch? Call us today!
0478 735 888

Well done Kirrilly, fabulous to see you so well and hear about you and your family.







SPOTLIGHT

Ellena Frisina RTO Compliance Officer & Year 13 Mentor



Hi, my name is Ellena and I am a Compliance Officer and Year 13 Mentor. I have been working in the vocational education sector for the past 13 years as a trainer, assessor and instructional designer.

After high school, I studied and completed a Diploma of Beauty Therapy. The skills and knowledge from this course enabled me to work at various salons and own my own business, whilst I enrolled and completed a Bachelor of Arts in Education at Curtin University.

I have experience as a primary and high school teacher (as a careers and enterprise teacher.) From there, I realised my passion for Vocational Education and Training. I then completed my Certificate IV in Training and Assessment and began teaching at various RTO's as a Beauty Therapy Trainer and Assessor. Since then, I have moved into compliance and Instructional Design work.

Port School has given me the opportunity to combine my interest and experience in VET compliance, and to assist students to work towards their academic goals. I look forward to working with the amazing staff and students each day.

John Hill Teacher



Hi my name is John Hill and I joined Port School in 2019. I am a graduate teacher and Port School is my first full time contract since graduating in 2017.

Previous to teaching, I worked as a stonemason for twenty years doing construction and restoration projects around the Fremantle area. During this time I was also was a stay at home Father to two amazing girls. As they got older and I found myself with more time and so I decided to re-engage with the world of Education and went back to university completing a Graduate Diploma of Education.



I feel very lucky to have been given the opportunity to start my teaching career at Port School, in my time here so far I have met some amazing staff and some incredible students and I am sure that the lessons I learn here will stay with me for the rest of my teaching career.



Hi, and welcome to Maree, our ELC cook's recipe page. As you may have seen, she has been posting some yummy, easy cook recipes for our Mums, so what better than to share those with you all?

Easy Creamy Tomato Pesto and Chicken Pasta



Redpe

500g - Chicken (I use thigh, cut)

1/2 jar - Tomato Pesto (Basil Pesto is good to)

1 pk - Cherry Tomatoes (Slice)

Handful - Basil Lease (finely sliced)

300 ml - Thicken Cream (I always add more)

1/2 - Baby Spinach leaves

Parmesan to serve - Optional

Extra sliced Basil to serve - Optional

1 pk - Pasta (Whatever type you have)





Method

- Cook Pasta as directed on the packet.
- Brown Chicken then at Pesto, Cherry Tomatoes, Basil and Cream. Simmer
- Add Spinach leaves, cook until wilted
- Stir cooked Pasta through the sauce and serve with Parmesan and Basil on top. Easy

Pizza



Redpe

She couldn't find Yeast anywhere in the shops, so what's the next best alternative? Natural Greek Yogurt! Makes two bases.

- 1 cup of Yogurt
- 1 1/2 cups of Self Raising Flour



Methor

- Mix together ingredients and knead for 10 min and you have pizza dough
- Roll out, then put on toppings of your choice -BBQ or tomato sauce, cheese, mushrooms, ham, salami, onions or olives
- Put in the oven on 180°C for approx. 20-30mins 24epending on how you like your pizza cooked.



YOUNG PARENT CENTRE

TERM 1 2020

In the YPC, we have hit the ground running getting the centre set up and organised for our grand opening on March 20th. Unfortunately due to the current health crisis we have had to postpone the event. The YPC though is business as usual and the staff and students are really enjoying the new facilities, especially the commercial sized kitchen. The students should be commended for producing some amazing work this term.

We have been fortunate enough to have the Earbus Foundation of WA kindly offer free hearing tests for

our student's and staff babies this term. This in-kind service helps support our young mums and their babies through providing comprehensive ear screening, surveillance and treatment. The Earbus Foundation have also very kindly extended this to all students.











This year we have introduced a 'Cooking for bables' class run by our ELC cook, Maree. Maree has designed a program that teaches our Mums the importance of food in the early years of a childs life. The students have discussed when is an appropriate time to start solids, and the types of food to feed bables.

Maree also ran a session on SUGARI Highlighting the amount of sugar that we find in our every-day drinks, even in kids juice boxes. This was quite a shocking experiment for the students. Cooking on a budget classes with Maree are also happening on Tuesdays. The students have made some delicious meals for us to enjoy at lunch time such as lasagna, chicken and leek pies, quiches and gnocchi.









Our recreation program has been a highlight of the term. The students have enjoyed beach trips, fishing, Op-shopping, movie day and a picnic at Manning Park. This program has been a great opportunity for staff and students to develop rapport.

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YOUNG PARENT CENTRE







This term we have had the luxury of learning in our brand new classroom! We have introduced explicit teaching for Maths and English. The lessons have been based around content to help the girls complete their Certificates I, II & III in General Education for Adults. We have also implemented two other programs in our timetable this term:

Keeping Safe: Child Protection Curriculum

Money Management







The Keeping Safe: Child Protection Curriculum has been introduced by the Department of Education to focus on child safety for children and young adults from the age of 3 to year 12. The curriculum explores 4 areas:

The right to be safe

Relationships,

Recognising and reporting abuse

Protective strategles

We're excited to continue learning and growing our understanding of these areas in Term 2. Our Money Management program has focused on budgeting this term. We have looked at the cost of living and have identified areas where we can save money in our day-to-day lives. We have also looked at how we can allocate our money into different categories to ensure safe spending and saving. In term 2 we will be focusing on practical steps and strategies to save and reduce our daily expenses.

During this worldwide pandemic the way we run our will look a little different for term 2. We are aiming to stay in contact regularly with all our students and they have been reassured that counselling services will still be accessible for them through phone calls. We encourage our students to use our facebook group to stay connected to our little community. Our YPC manager, Michelle Forsyth will still have the YPC mobile should the girls need to call. Use this time to love your babies and hug them tight, work through your Cert books at your own pace and reach out to Aidan and Chelsea if you need assistance with the work that has been sent home. Stay safe everyone!

SMART SCHOOL OF COOKERY

Port's hospitality students had a variety of challenges as part of their practical assessment. The results were certainly a wow, with some tasty snacks and meal options for them all to try out.









We have had Jasper, Marlene, Kiana Cohen making Chicken Tandoori Wraps. Noah and Tyler making Churros for Noah's birthday and Layla making Fruit Salad Cups.











Megan was preparing Raspberry and White Chocolate muffins; Kiera making Tuna Lemon and Dill lettuce cups and Geoffrey was on the Bacon and Egg Yorkshire Puddings.







Lastly Jackson made two Fruit Muesli Cups, Jack and Royce prepared an amazing Chicken and Coleslaw lunch for 50; and Kiana, Lola, Ethan, Cohen, Jasper, Kathleen created scrumptious club sandwiches.

SMART SCHOOL OF COOKERY

CLASSIC CHICKEN LAKSA



INGREDIENTS

- + 2 TABLESPOONE VEGETABLE OIL
- + 400AL COCONUT ANLK
- + TURRE CHICKEN STOCK
- 4 2 CUPS (SDOML) WATER
- + 1TABLESPOON FISH SAUCE
- + 2 KAFFIR LIME LEAVES
- + AX 180G CHICKEN BREASTS, IRPAMED
- # 200G COOKED FLAT RICE NOODLES
- + CORIANDER (CILANTRO) LEAVES, THAI BASIL LEAVES, GREEN ONION (SCALLION) AND SLICED LONG RED CHILLL TO SERVE

Laksa Pasti

- + 3 CLOVES GARLIC
- # BOM-PIECE GINGER, PEELED
- 4 2 ESCHALOTS (FRENCH SHALLOTS) PEELED
- 4 3 LONG RED CHILLIES
- + 1STACK LEMONGRASS, WHITE PARTICINEY
- # # CORIANDER (CILANTRO) ROOTS
- + 3CM PIECE PRESHITURMERIC
- * 1 TABLESPOON FISH SAUCE
- + X CUP (65G) GRATED PALM SUGAR
- # TEASPOON GROUND CORIANDER
- 4 TEASPOON GROUND CUMIN

METHOD

- To make the lake peste, chop the garlic, ginger, eschalots, chillies, lemongrass and corlander roots. Finely grate the turmeric.
- 2 Place in a small food processor. Add the fish sauce, palm sugar, ground coriander and comin and process until the mixture forms a paste.
- 3 Heat the oil in a wok over medium heat. Add the lakss paste and cook, stirring, for 6–8 minutes or until fragrant.
- 4 Add the coconut milk, stock and water and bring to the boil. Add the fish sauce, lime leaves and chicken and cook for 8 minutes or until the chicken is cooked through.
- 5 Carefully remove the chicken and shred using 2 forks. Divide the noodles between bowls and top with the leksa and shredded chicken. Top with the coriander, besil, onion and chilli to serve. Serves 4-6.



COMMUNITY SERVICES

Certificate II in Community Services

We have made an excellent start to term 1 in our Community Services Certificate. It is so wonderful to see students with an increased sense of social responsibility- a worldview of society and giving back to the community. We have some great plans for group work and outlings further on in the year to gain practical skills in genuine settings. As a lot of this course is evidence based, I would really like photos and emails to be sent to me as well.

Going forward, i will expect students to be able to contact me via email or phone and vice versa to discuss booklets that I have sent home with students. Mondays is allocated to Community Services, so I will contact students in the morning and go through anything they need to discuss. I will also be sending the students: links to webinars, YouTube clips, recipes to make, movies and books to read or watch. If any extra resources are needed I can drop them off and pick up completed books.





The Certificate II in Community Services is a nationally accredited qualification and is designed to provide an introduction into the community services industry. The qualification is almed at those who are considering work in the community services sector, or who have recently started an entry-level position in a community services organisation.

Course Information

This qualification provides underpinning knowledge and skills for working and communicating in the community services industry, dealing with diversity, greeting clients and responding to needs whilst also introducing skills in organisation, dealing with workplace problems, digital technology and the internet.

CHCCOM001 - Provide first point of contact

CHCCOM005 - Communicate and work in health or community services

CHCDIV001 - Work with diverse people

HLTWHS001 - Participate in workplace health and safety
BSBWOR202 - Organise and complete daily work activities

FSKDIG03 - Use digital technology for routine workplace tasks

HLTAAP001 - Recognise Healthy Body Systems

CHCECE004 - Promote and provide healthy food and drink

HLTAID002 - Provide basic emergency life support

CHCVOL001 - Be an effective volunteer





Our classroom earlier this term! Our students have a very positive attitude and pro-active work ethic. Port is producing some very passionate and informed students.







It never ceases to amaze me how insightful our young adults can be. We strive to teach and encourage learning in our students but we also have so much to learn from them! Keep up the great work. Miss you guys.





eDid You KNOW?

The second longest word in the English language is

"antidisestablishmenterianism".

DID YOU KNOW?

Ambigrams are the words that are read the same upside down Eg: suns, NOON, pod



Did You Know?

The sentence, "The quick brown fax jumps over the lazy dog" uses every letter in the English language.



eamSpc

The Term 1 Sport at Port program focused on activities that help develop the students Fundamental Movement Skills of running, movement and object control. Activities that have been popular with students this term have been our Gaelic and Handball games. We also conducted a swimming test that all students In our school have to complete before they are allowed to participate in our water-based activities.















Sadly, all sport programs have been put on hold throughout the country due to the Coronavirus Pandemic. The pivotal role that sport plays in our lives has never been more evident and it's only when it is taken away from us that we realize just how important it is. It is times like these when we cannot participate in sport activities that we realise we have taken the opportunity to participate for granted. Our philosophy with our sport program at Port is: have fun, do your best and never give up or worry about winning or losing. I feel that this philosophy is missing from the way the majority of people view and participate in sport. I often see the importance of winning comes before the importance of having fun and doing the best that you can do every time you participate.









TeamSport

The 'Team Sport Staff' hope that the students at Port who are involved in any of our sport programs realise that sport is about having fun, supporting others and giving the best personal effort every time they participate. We would like students to embrace every opportunity to participate in our sport options and have fun. This term our fitness center was running extremely well, I have been happy with the way our students have embraced the fitness sessions our trainers programmed. It was also great to see our trainers introduce to the students some educational advice around food choices.



If any student would like to contact me regarding staying fit during this period of isolation, please do so and I can design a fitness program according to your personal fitness goals and help you get the benefits that physical activity provides.





I believe our fitness program can have a profoundly positive impact on depression, anxiety, ADHD, help our students with stress, improve their memory, help them with sleep, and boost their overall mood, which is vital during this difficult time.

Brad Rowden

Sports Chaplain 0451 750 424

mobile classroom

What an unexpected end to what has been a truly amazing term on the Mobile Classroom. It really was a fantastic start to the year with a number of new faces really buying in to the culture of the program, and driving a sense of purpose and positivity. For that all to be brought to a sudden conclusion all feels a bit surreal really!







We have made a transition to distance learning, and to be honest a lot of the boys are really engaged and involved. Some even more so than when we do it face to face!!! We are staying connected via a whole range of channels, from daily phone calls, to WhatsApp and Zoom.







I've got to say, the boys have made a really positive start to distance learning in a very challenging set of circumstances. Well done boys, we are all looking forward to more next term. We hope you all have a good holiday. Stay safe, stay distant!

Moorditj !! Tom, Dennis, Josh









Although like many programs, this is on hold, it's certainly something to consider for 2021 for students aged 14+ who may be interested in participating in the Weekend Leadership voyages.

Ideal for leadership groups, Duke of Edinburgh's International Award Bronze Adventurous Journey or just an adventure to develop the soft skills such as team-work, communication, resilience and leadership.



Previous Weekend Leadership was a huge success so we now have two a year on the schedule; plus other schools doing private charters, especially for the Bronze. Adventurous Journey as this can be achieved in one weekend voyage for both practice and qualifying components.

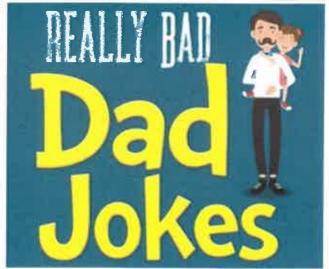


Please feel free to contact me to discuss any questions and thank you for supporting the Youth Development Programs with Leeuwin Ocean Adventure Foundation.

Kind Regards

Michelie Reidy- Crofts Education Manager - (08) 9430 4105

education@sailleeuwin.com



Did you know the first French fries weren't actually cooked in France? They were cooked in Greece.

Want to hear a joke about construction? I'm still working on it.

What's Forrest Gump's password? 1forrest1

What sound does a witches car make? Broom Broom

To whoever stole my copy of Microsoft Office, I will find you. You have my Word!

Whenever the cashier at the grocery store asks my dad if he would like the milk in a bag he replies, "No, just leave it in the carton!"

Two goldfish are in a tank. One says to the other, "do you know how to drive this thing?"

What do you call a pig that does karate? Pork Chop

Today, my son asked "Can I have a book mark?" and I burst into tears. 11 years old and he still doesn't know my name is Brian.

How do you make holy water? You boil the hell out of it.

If a child refuses to sleep during nap time, are they guilty of resisting a rest?

The secret service isn't allowed to yell "Get down!" anymore when the president is about to be attacked. Now they have to yell "Donald, duck!"

CERTIFICATE II VISUAL Arts CUA20715

Certificate II Visual Arts is an introductory course that covers design, drawing, painting, ceramics and printmaking. Most of the students who select this course have a keen interest in the artistic process and want to develop their skill base, so that they might be able to pursue further study or a career that has a creative element.







Lily Slater (Cert II student) has already embarked on a school-based traineeship at Port school that supports and extends her art practice and the work she is doing in this Certificate course. Lily is training to be an Art Technician under Dionne's guidance and has been an excellent addition to the Art Department team! The skills students learn in this course will potentially set them up for a creative future post school.







The class have been exploring their favourite animal in this unit, an animal that they feel most connected to. The works they are developing are unique, and they also create a mood that enhances the character of this chosen animal. Each student has used different mediums such as digital (in Design), Dry pastels, Water-soluble pastels and Paint/paint pens. I am thrilled with the variety of work they are producing, and here are some pics of the students working on these fabulous pieces.

Dee

EARLY LEARNING CENTRE

2020 started off with friendships being rekindled after the Christmas holidays and new bonds being formed. Over the last two weeks we have unfortunately seen less and less of our children as families choose to keep our little friends' home in order to keep everyone safe from Covid 19. Our aim now is to try and provide some form of normality for our children and their families. We have recently sent home little activity packs for the children, information for the parents on how to keep their little ones occupied while at home and have been trialing mat sessions (songs and stories) via Zoom so we get to see everyone's smiling faces.

PROFESSIONAL DEVELOPMENT

Klaudz has recently attended a workshop on Reggio Emilia and it was great to learn that we are already implementing a lot of the approach with the centre. Over the coming months we will be attending webinars and online training events and look forward to implementing what we learn within the centre throughout the year.

DEVELOPMENTAL MILESTONES

Nyla and Tyrique have progressed immensely with their crawling. They have gained so much confidence in their ability to crawl under, around and over obstacles. They have grown so much confidence that they have now found the stairs to the cubby house (which is a rite of passage for this age group here at Port). There has been no stopping Tyrique as he uses his upper strength to climb to the top. Nyla can complete a couple of steps with educators encouraging her.

The coloured shapes and numbers were placed out on the logs for the children to learn their numbers and shapes. Thalia challenged himself, jumping from shape to shape. Henry came to count a few numbers with Zadie, who also traced her fingers along the outline of some of the numbers.

We love to see all the children developing a newfound confidence with each milestone they reach.

PLAYGROUP

Every Thursday we hold playgroup for our mums and bubs. Each week they participate in activities together. During term 1 we have focused on sensory experiences. It has been a pleasure to watch our mums step out of their comfort zone and get messy for the sake of their children's learning and development.



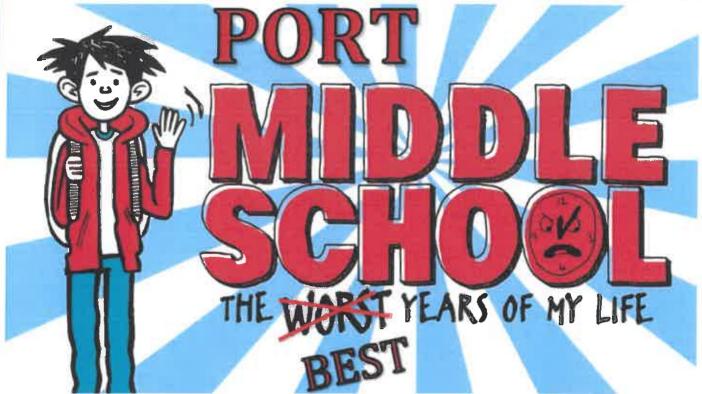












Well time flies! It's hard to believe it's already the end of term one 2020 and the Easter Bunny is almost due again (Now he's got the eggs-emption). Port Middle School has expanded to a class of 21 students and to accommodate our extra numbers, we now have extra support staff in class, and an additional learning area along with new furniture, new computers and IPads to open up our opportunities for digital and online learning.





In addition to new staff and facilities, we also have an exciting new teaching system that has been yielding amazing results for our students' learning. The approach is 'explicit direct instruction' and it supports each individual student's success through the use of proven methods such as checking for understanding and daily reviews of our previous learning. This approach helps to get new information into the student's long-term memory and is proving to be extremely effective.

We couldn't be happier with our middle school student's attendance either, believe it or not all of them love coming to school and along with parents and guardians let's give credit where it's due and celebrate over 90% attendance on average per student - yay! Our new students have integrated seamlessly and the class is (most days at least) a cohesive and happy unit with all adapting to new challenges and finding success with both academic and options subjects such as fitness, team sport, art and workshop.

Of course it's not all hard yakka in the middle school and we have continued to make the most of Port's close proximity to our pristine coastline with weekly beach walks and swimming at Coogee or Woodman Point (so long as the stingers aren't out in force!). Team sport continues to be a popular activity that helps our students to integrate with the senior school students in a fun and positive, supervised setting where they share challenges and celebrate successes toget#6r.

In regards to staff updates, we are sad to farewell Jenna this term, our trusty, unshakeable lead classroom teacher on Wednesdays and Thursdays, for twelve months maternity leave. She is due to have a new baby on Easter Sunday for which we wish her and her family all the best until her return in 2021. Jenna is replaced by John Hill, an enthusiastic and passionate new teacher and all around lovely and authentic salt-of-the-earth type bloke. John brings many fresh ideas and approaches to Port School as well as a wealth of worldly experience from his many years as a qualified philosopher and professional stone mason and the students have naturally warmed to him over the term and look forward to working with him over the coming months.



Finally we can't ignore the elephant in the room, the current COVID-19 health crisis. We as a class have had many discussions over the past weeks about the situation and the need to remain positive and solution-focused in these challenging and unsettling times. We have a plan. Our response to the current situation is to keep our young people safe and engaged in education, although school for the immediate future will look a little different.

For the short term we have distributed our education packs with a clear day-by-day learning schedule and again our students have met the challenge head-on and are continuing to learn with phone and online support from teachers and mentors. We are already planning for next term and looking at ways to effectively teach, very possibly with a significant online component. We at the middle school believe that although there are very obvious challenges, given the right support and environment we can continue to teach without this 'crisis' negatively impacting students learning.

What parents and guardians can do at home to help: Please ensure that your young person has a quiet suitably lit and furnished work area where they can comfortably focus, free from distraction and support the students to be ready to learn at the appointed times. Also let's encourage kids to be kids with regular outdoor physical activity.

Please stay safe and rest assured that we are here for you at Port School and teachers and mentors will remain on call and in regular contact with you so please stay in touch!

Best Regards

Matt, Jenna, John, Yiannis, Dan & Scott Middle School Team





It has been a difficult time for all those that are involved in vocational training, as in many cases and by its nature, this training does tend to be hands on: Sport, Hospitality, Art and Furniture etc. Some of these areas can translate to home others simply cannot because of the machinery and equipment that are needed. Having said that, many are working away really well, starting theory content and workbooks. Flic in her Hospitality classes has been getting people to send pictures of home cooking; some students have been doing small woodworking projects and others maintaining some physical training routines.



Staged Photo - Safety equipment such as shoes, mask, goggles and ear protectors should always worn when working or operating machines

It is really important to try and maintain routines in these times and I urge all students and parents to try to stick to timetables and contact teachers if you run out of work, as beyond the workbooks and activities supplied, we can and will be suggesting supplementary work that will include videos and other online learning processes.

Everyone is doing fantastically well under the circumstances and congratulations to everyone. Lets keep up these efforts and hopefully we will get to the other side of this pandemic soon.

Phil Brooks





Succulent Garben Project



Jackson is using some of his isolation time to build a succulent garden at home, and what a great job he has been doing.





Succulents have been kindly donated by Port staff.





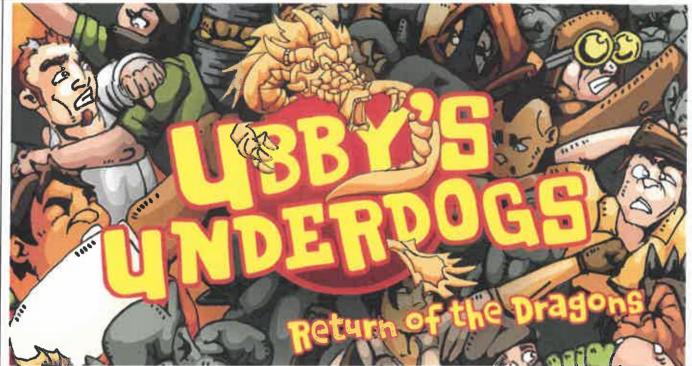
Even if you haven't got a garden at home, you could use a milk crate, wooden box, metal tool box or anything you like to make a mini succulent garden. Look at these ideas:





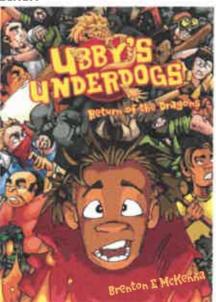






Port was thrilled to have Brenton E. McKenna run a workshop back in February. Brenton is a young indigenous graphic artist and novelist, born in Broome in 1982 and lived there until he was fifteen. In his teenage years, he taught himself to draw by copying images from comics and a cartooning book given to him by a high school art teacher.







He draws his inspiration from sources that include Aboriginal mythology, folklore from various cultures, urban history and legend, war correspondence and military stories, science fiction and the natural world. However, his main sources are from his memories of growing up in Broome.







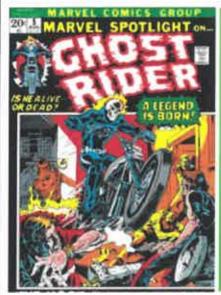
In the process of becoming Australia's first-ever published indigenous graphic novel author and publishing his epic three-volume magnum opus, Brenton E McKenna was battered physically and emotionally. It started as a boy's dream to create a novel-length comic depicting a fantasy world set in an Australian outback town. It just happened that McKenna's home town was Broome, with its extraordinary history of Asian pearling crews mixing with Indigenous people and their ancient culture.



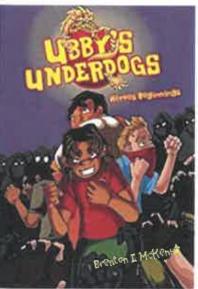




It is a setting ripe for fantasy and adventure but, as a young boy, McKenna had no idea he was starting a journey that would take him to the edge of physical and mental endurance. "One day I picked up a Ghost Rider comic book and flicked it open, and the words I couldn't read, but the action ... I thought this was awesome," he said. As a Yawuru man, McKenna is a member of the now-recognised native title holders for the Broome area. But as a Broome kid in the 1990s, being Aboriginal meant opportunities in life were limited and it was hard to identify with mainstream superheroes.







A good story one day - While the other kids played sport and went fishing, McKenna preferred to read comics and copy the drawings. As his illustrating skills developed through his teenage years, he looked for a writer whose story could accompany his pictures. "I wouldn't assume that an author could be Indigenous, I thought that an author has to be someone who can read and write at an early age," he said.

But no-one was writing the stories brewing In his mind's eye — an interwoven tangle of his own childhood, his grandmother's stories of old Broome, and the monsters and heroes of the comics he read. "There was no-one that I felt like I could feel comfortable writing with, so I ended up just basically writing my own stories."

45



In these unprecedented times, the Port Outreach Team has been connecting to our most marginalised youth. Students have had work packages delivered to their homes containing CGEA work, art, craft and books. This was an easy transition for the POP team as we generally operate remotely using local and public facilities. As we began to lose access to these public areas, a stronger emphasis was placed on students staying home and we had to adjust our program to operate remotely, connecting with our

students using computers and phones.





It is imperative that students stay connected with the POP team and use this as an opportunity to engage in their individual programs and complete their allocated work. Teachers have been encouraging students to create a routine and allocate a set time every day to do their schoolwork. As the days roll by, we anticipate the distractions of life will become tedious and the opportunity to engage in schoolwork will become increasingly more attractive. The POP team will continue to check in with students over the holidays.

The POP team encourages all students to reach out to their mentors and teachers weekly, check in, student's services are also available if students feel they need extra support. Stay safe, maintain your social distance and be kind.

Jane & The Outreach Team

Jane Hawdon & The Port Outreach Team
For more information contact the school on 9335 6323 or admin@portschool.wa.edu.au

Workling From Home























COVID-19

What we're doing to keep safe



Stay safe everyone, enjoy your holidays, read a book, play some games, camp in the back garden, help with those jobs that need doing. But most of all, stay home unless you absolutely have to go out.

