## Port School Term 1, 2017







#### PRINCIPAL'S REPORT

This year has seen Port take on 20 new students and 6 new staff. We have 3 new teachers: Jane on our Outreach program, Dionne in the Art room and Jenna in the Young Parent Centre. We also have 3 new counsellor/psychologists: David, Molly and Michelle who are sharing 1.5 full-time positions. They are all settling in well and are a great addition to our team.

We are still on the hunt for a full-time Maths teacher and hope to have that position filled early in Term 2. I am sad to say that after nearly 20 years of service at Port, Trish has retired and we thank her for her invaluable contribution to the Port School community. We are currently interviewing for her replacement and have some excellent candidates.

On Monday the 24<sup>th</sup> of April, Port School staff will be attending the CARE School Conference for 220 staff from schools similar to Port.

The school Annual General Meeting will be held at the school at 1:30pm on Thursday the 27<sup>th</sup> of April. This will include a presentation ceremony, whereby students who achieved their Certificates in General Education for Adults will receive their awards. All are welcome!

Regular attendance is still a major priority. Educational progress can only really happen if we see students on time and 5 days a week.

As always, I look forward to seeing all students bright and early on the Wednesday 26th and I would like to remind all carers that my door is always open.

## The first day back at school next term will be Wednesday 26<sup>th</sup> April 2017

#### **Notable Dates for 2017**

Term 2 - Weds 26<sup>th</sup> April - Friday 30<sup>th</sup> June

Good Friday - Friday 14<sup>th</sup> April
Easter Monday - Monday 17<sup>th</sup> April
Anzac Day - Tuesday 25<sup>th</sup> April
Port AGM - Thursday 27<sup>th</sup> April

Term 2 Break - Sat 1st July - Sunday 16th July

WA Day - Monday 5<sup>th</sup> June

Queens B'day - Monday 25<sup>th</sup> September

#### DEPUTY PRINCIPAL'S

Christmas, New Year and Term 1 have already been rapidly left behind and I can't believe we already find ourselves in April. I am not sure if that's a sign of me getting older or that we are all so busy these days with the ever-changing face of Ports amazing educational offerings.

It is often hard to engage our students in after school activities of any kind, but I was delighted to be part of a night flag rugby game with students back in March. It was an amazing turnout with the teams made up of thirteen current students, three past students as well as community and staff members. Parents also made a great effort to support their children, which was very pleasing to see. Well done to all on a fabulous and competitive night of sport.

With Easter looming, and whatever your beliefs might be, I hope that you all take time to be with family and friends and have a relaxing break over the 4-day public holiday weekend or the longer school holiday if you are lucky enough to be off for 2 weeks. Be careful on the Easter eggs and hot cross buns or you'll need to be in the gym with Brad for Term 2!!!



Mile

#### ANZAC DAY

Whilst we are all off on holidays, ANZAC day occurs and we must of course be mindful of the history behind that day. I encourage you to take part in a service local to the area you live. On the anniversary of the landing of the Australian and New Zealand Army Corps troops at Gallipoli, Australia commemorates the event with a special sadness because for the first time, the men who made that fateful landing on the 25th of April 1915 are all but gone.

As Australians, we gather on that day, not to celebrate or glorify war, but rather to remember those who have served our country during conflict and crisis.









#### **COCKBURN YOUTH LEADERSHIP PROGRAM**

Tuesday 11th, 12th & 13th April

Based at Murdoch Universities South Street campus, the City of Cockburn are hosting this program that gives you the opportunity to learn about yourself, what inspires you, what type of life you want to lead and how to make it happen. Contact the City's Youth Development Officer on 9411 3882 or www.cockburn.gov.au/youthservices

#### **RYPEN - ROTARY YOUTH CAMP**

Friday May 19th - Sunday 21st May 2017

This annual event is for two or three year 10/11 students and is an amazing leadership experience weekend at Point Walter. Port students have really enjoyed this amazing event

### FREMANTLE INTERNATIONAL STREET ARTS FESTIVAL

13th - 17th April

Fremantle International Street Arts Festival is a dedicated street arts festival, having fabulous street theatre and many performers from countries all over the world.

#### **FLIGHT EXPERIENCE PERTH**

355 Newcastle St, Northbridge WA 6003
Captain a replica Boeing 737-800 Flight Simulator under the guidance of your own personal instructor.

#### **BIG WAVE SURF SCHOOL**

Secret Harbour. Cost 2 day course \$99, 4 day Weetbix surf groms course \$189 www.surfingschool.com.au

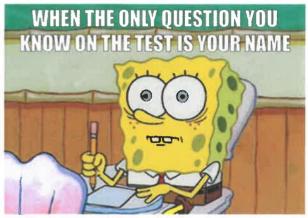
#### SCITECH SCHOOL HOLIDAY PROGRAMS

Scitech, City West, Perth. For more information contact the bookings team on 9215 0740 or email bookings@scitech.org.au or www.scitech.org.au

#### Student Comments

I have been at Port six years since I was 12. Port has given me lots of opportunities over that time including Rotary RYPEN Camp, going to Malaysia twice and helping in sponsoring Klang Special School kids come to Perth. I am now on a Cert III in Community Services working with Activ as a Trainee. I would like to thank Steph for helping me get this job and Mike & Barry for giving me the opportunity to go to Malaysia and Anne Hamblin board member who sponsored me to go.

Hayley O'Neill



I have been at Port for just over a year, it has been quite fun and eventful and I have learnt many things such as; learning how to be a better captain, learning how to train people in the gym. It has also been quite fun to train teacher (Mike) in fitness who has lost 9kg so far.

It has been fun to be one of the student counsel members but hard at the same time. I would like to thank all the teachers who have helped in their own ways. The past year has been one of the most fun times I have had in any school. Thanks to Brad's support over the holidays I lost 20kg in the gym and I am still staying with my fitness program and very thankful to Port for helping achieve this. Sebastian Crowley



Ladies Day at Port School was held on the 30<sup>th</sup> March 2017, was dedicated to the celebration of women and the feminine. An alternative program was created especially and included students and staff from both Port School and the YPC. Jenna Garard lead the ice-breakers and warm up activates setting a tone of trust for the day.





Students and staff participated in a variety of activities including a lesson on mindfulness given by Michelle Zeitsman. Michelle's guest speaker Teressa Andrews, gave the girls some insight in to her life being visually impaired and strategies she used to overcome this challenge. Joy Cromwell prepared lunch and provided the beautiful table centre pieces, everyone had the opportunity to dine together in the gym. There was lots of delicious food and morning tea was provided by Michelle Forsyth. A big thank you to all the ladies from the YPC who did all the washing up!!





The highlight of the day was a belly dancing lessons organised by Dionne Garvey. The Belly Dancer, Jane Hebiton, got us all moving, we had a great work out, as well as learning a few dance moves. After lunch Jane transitioned from dancing teacher to model and posed for life drawings. The girls learned specific drawing skills that captured the human form in motion. Additionally Raf Fecondi provided 1:1 confidential holistic counseling sessions throughout the day.





The day was a great success creating an opportunity for all the women in the school to spend some quality time together engaging in activities that supported collaboration, communication and the empowerment of women.











#### STUDENT SUPPORT

Dear all,

I am very excited about the opportunity I have been offered to join Port School. I am particularly passionate about adolescent mental health and working flexibly with young people at-risk to engage them in psychological support and to link them to the most appropriate community services to meet their needs more broadly. Working with adolescents can be challenging at times, yet has the potential to be incredibly rewarding work.

My previous employment has included working for the headspace youth early psychosis team providing early intervention to young people experiencing a first episode of psychosis and other acute mental health concerns.

The headspace model had a psychological focus and also a heavy emphasis on the provision of social and practical supports, which are often so necessary over the adolescent period, to support recovery and restore a healthy trajectory forward.

Prior to headspace I have worked for the Specialist Psychological Outreach Team (SPOT) based in Fremantle, providing outreach therapeutic support to transient and difficult to engage young people in care with complex trauma backgrounds. Working for SPOT instilled in me both the importance of developing and sustaining quality relationships with young people, as essential to reaching outcomes and also in the need to work flexibly to keep young people connected and engaged within the relationship.

I look forward to my next chapter, working within the Port community and playing a diverse role across all of the innovative programs on offer.

Dave



#### STUDENT SUPPORT CONTACTS

Student Services - Tel: 08 9335 6323

Email: dave@portschool.wa.edu.au

#### **OUTREACH PROGRAM**

Port School's Outreach Program aims to create a bridge that helps connect the students back into life and back into the school and a learning environment.

I have stepped into big boots, taking over Megan's position as Outreach Coordinator. Our main focus this year is to support students academically, socially and emotionally through the Outreach Program. The role of the Outreach Team is wide and varied; we support students to access health and medical assistance when the parent is absent or unable to support their child. We liaise with parents and carers when students are in the care of child protection agencies. We bring the classroom and peers to the home when a student cannot come to school. And we provide the means for students to attend sport and recreational facilities and assist students to join local sports teams. Port Outreach is the helping hand supporting students make contact and maintain healthy relationships within their community.



Our program also aims to help improve social, emotional and physical wellness and, if necessary, can link the student with the appropriate professional/agency. Our team of staff works together in providing alternative and flexible options for the student. The program offers one-on-one support both externally and at school, providing academic programs suitable to the individual. Our team of outreach workers aims for success by valuing these principals:

- One-on-One support
- Community based activities
- Addressing social and emotional well being
- Nurturing one's strengths
- Encouraging resilience
- Setting individual and achievable goals
- Alternative timetables

Jane Hawdon & The Outreach Team



For a Sausage Sizzle Fundraiser



## Bunnings



Sunday 9th April - 8am - 4pm - Bibra Lake, Spearwood Ave

Sunday 4th June - 8am - 4pm - Ocean Keys, Key Largo Drive







Please Contact Mike or Joy to let us know your availability to help either morning or afternoon Shifts available (8am – 12pm or 12pm – 4pm)

The School can raise over \$1,000 at these sausage sizzles, so help from students (especially those who have been to Malaysia or would like to go in 2017), parents, carers or just friends would be appreciated.

Contact: 9335 6323 or mike@portschool.wa.edu.au or joy@portschool.wa.edu.au



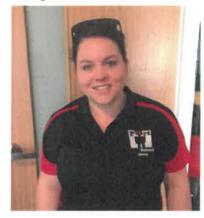






# SPOTLIGHT

Jenna Garard Young Parent Centre - Teacher



Jenna is an experienced teacher, having worked in primary and secondary schools. She holds a Graduate Diploma in Teaching and Learning and a Bachelor Degree in Applied Science Adventure Ecotourism with specialisation in Outdoor Education. Jenna began her teaching career in the Northern Territory. She spent four years teaching Outdoor Education and working as a casual house parent in the school boarding program caring for remote community indigenous students.

Jenna's teaching career at Kormilda College saw her travel to remote parts of Northern Territory and Western Australia, facilitating extended school camps and working with a number of students with vast cultural backgrounds. After five years in the Territory Jenna left to travel and backpack around Europe. She returned from her time abroad to hometown of Bowral, New South Wales to be closer to family and friends. It was at this time Jenna began relief teaching. It was always a passion to work in the community she grew up in.

During her period of relief teaching, Jenna found a fervour for working with youth at risk and trying to make a difference to their lives. That led her to pursue this new direction in her teaching career. Jenna began working at a Behaviour Disorder Unit, where she gained valuable experience working with students who have had a wide range of behaviour problems and mental health issues.

At the end of last year, Jenna's partner James pursued a career opportunity in Western Australia. They have recently relocated to Western Australia. She began the year looking for casual relief work in the Fremantle area. It has been an exciting time moving to a new state, establishing new friends and building networks.

One of Jenna's greatest achievements in her teaching career has been working with disengaged youth and she is excited to continue building on her past experiences and working in the Young Parents Centre at Port School. She is an enthusiastic, hardworking teacher who thrives on working with students who have diverse and challenging needs. She enjoys being part of a dynamic and collaborative team.



#### **MATHEMATICS**

A key component of the learning strategy in Mathematics is to challenge students with problem solving tasks that are fun and hands-on, such as the 'Tower of Power' building challenge.

In this challenge, students were tasked with thinking through the design of a tower of popsticks that could hold up an apple as high as possible. They then had to decide how to spend their allocated 'budget' on glue and sticks to give themselves the best chance of producing the tallest tower possible.



In addition, the Mathematics program has focused on developing a deeper understanding numbers (the order of operations, place value, fractions and so on), to boost students' fundamentals understandings of the mathematical operations that will support them as they progress towards the VET pathway and as thev look towards future employment opportunities.



#### UNIVERSITY BOUND

Rachel Warbrick has achieved her academic and personal goal of completing her Community Services Certificate III and Child Care Services Certificate III at Port School.

Rachel has gained entry into Murdoch University's On Track University Enabling course. The course runs over 14 weeks and will allow Rachel to enroll into a Bachelor of Nursing in Semester 2.



Rachel's ambition is to become a Midwife, having had two little babies of her own, Bethany and Connor, all while completing her studies. Rachel is to be commended on achieving her success, attributable to her rigorous study timetable and advance planning.

Rachel was also awarded the Leadership Award last year at Port due to the qualities she displays at school and being a great role model to her peers.

Well done Rachel and best of luck in you career pathway !!!



## Adventure Comp

## Boys Camp @ Contos, Margaret River

Thirteen of Port's students along with three staff headed off on Monday morning to the South West of W.A. for a week of fun, activities, team

building and leadership experiences.





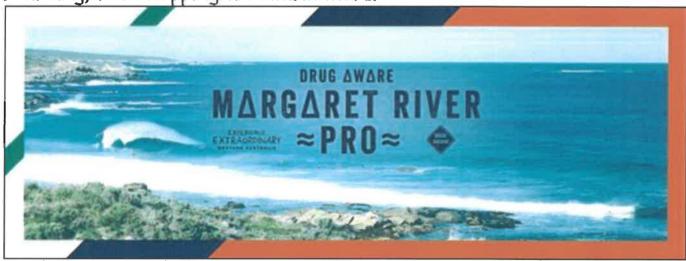


Ports expedition team of staff included Matt, Phil and Tristan who took along twelve students consisting of Magnus, Josh, Reece, Luke, Aziah, Dylan, Declan, Conor, Jerome, Joe, Denzel & Jack

The boys have also been lucky enough (or was it planned by Matt!!!) to take in the World Surf Comp 'Margaret River Drug Aware Pro' that's on down south this week.



During the week away the guys have undertaken caving, swimming, body boarding, rock hopping and much more.



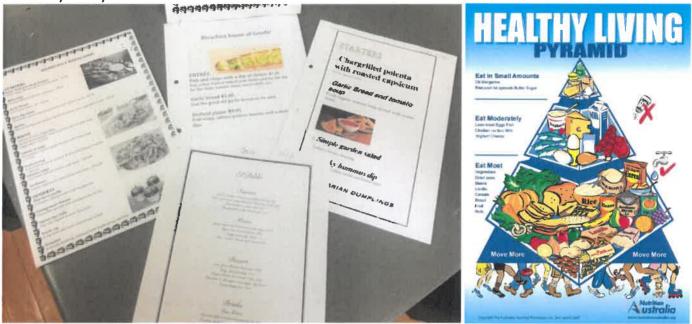
The boys arrived back tired and exhausted and Looking forward to their own beds, but having had an amazing week of experiences in Western Australias amazing South West.





#### HEALTH AND WELLBEING

This term has passed incredibly quickly and it's a mark of how busy we have all been, that Easter is already here and it barely seems like 5 minutes since we all came back from the Christmas holidays! In Health, we have revised the Healthy Eating Pyramid — including the newest revised guidelines that now state we should be eating **ten** serves of fruit and veg every day!!! (Quite a big effort for anyone, actually). Students got to put their healthy eating *know-how* into practice by constructing beautifully balanced menus containing a balance of fresh fruit and veg, carbs, protein, dairy, and just a teeny weeny bit of fat, for an imaginary new Freo restaurant. Some of the final menu publications were rather professional, even if I do say so myself...



The Health and Wellbeing classroom enjoyed a bit of a make-over with the creation of a 'snuggle learning corner' – which is proving to be most popular with the students...





Most impressively of all, students have been involved in some reflective writing in Health, and when asked to consider and express something about their experience at Port school, I was totally bowled over by what some of them had to say. It's clear that many students, like many of the teachers, at Port really value their time here, and come to see the place as a second family. Here's what two of our Senior boys had to say on the subject...

#### My Reflection on Port School By Jarrod Harrison

I think Port school is like a second family to me because we all have our ups and downs, but we all still care about each other.

I came to port because I had just started dealing with anxiety and hadn't been at a proper school for half the school year but I don't regret coming here because I found people here who care about me regardless of my past, and that means a lot to me.

Port school is definitely different to other schools I went to because even though this school is quite easy going in some aspects in others they are strict and actually care about the students within the schools gates and always help the students who need it.

I think most of my experiences at Port are positive and are probably the best years I've lived so far and I hope that I can stay in contact with the people here who may not know it but they mean everything to me.

One positive thing Port has done to me is actually realise how important it is to have three or four true friends who would help you out no matter what than to have fifty "friends" who would turn their back on you after a single mistake.

I like all of my true friends because I've never really had friends so just knowing there is someone there who really cares about me really makes me happy because they are all so kind to me even though I have some really bad days they are always there so to all of you THANK YOU SO MUCH.

I can't really pick a favourite thing about Port school because I enjoy everything that this school does and I just really enjoy this school.

I know that Port school can help me with finding work, a place to live and give me the education required to achieve anything I put my mind to.

Port school can help me with getting out there and actually talk to people and manage to hold job and life a long happy life.

I would definitely change the fact that they're removing the music room but other than that the school seems fine.

If the school won the lotto I'd recommend to have other drink fountains added, restore the music room, get more sport equipment, more art equipment and have a full performing arts class.

If I was describing Port to a friend of mine who doesn't attend I'd tell them that it's a place where everyone is equal and accepted for who they are whether its your race, sexuality, gender anything.

Thank you for reading. Sincerely Jarrod



#### My Reflection on Port School By James Marsh

I think Port school is a still developing school that is great for undereducated adolescents. I came to Port school to basically get away from all my mates at my old school, mainly because I knew I was heading on a bad path to a difficult & emotional life.

Port school has a couple of similarities to other schools and they are school excursions, bridging course into Tafe, study of Certificates 1 to 4. Port schools also differs to other main stream schools in that there is no uniform, students can smoke at recess and lunch, they cannot do ATAR, and the school has a smaller school next door for young mothers continuing their education.

I personally enjoy coming to Port, mainly because this school is easy going and as long as you do the right thing this school is a perfect fit.

One positive thing that I have learned from coming to Port school is the realisation of how important school truly is, and what I mean by that is what I have heard from older students of how they wished they studied and focused but they didn't do that, but hearing that just motivates me to do what they wished they did.

Describing the people at Port is difficult because there are always the smart, dumb, sporty people and weirdos but my friends are great because I can relate to them in my own personal ways. I personally enjoy just going to class and at recess I can have a smoke without wagging and getting in trouble for it. Port is good at compromising with students.

Port school can and will help me with doing my Certificates for basic Math and English and this will also help me to achieve the aim of getting a job in my future. How Port can help people with their future is up to the different individuals I guess, but Port can certainly help with job applications and getting through whatever is needed physically and mentally to prepare for adult life.

What improvements could be made to Port? A new paint job maybe, and more one- on-one teaching times for kids that struggle with learning.

If the school won the "lotto" then I would split the money in between all of the facilities because everything can be improved. I would say that Port school is great for someone that has problems with people, learning or anything really because Port is a very easy going and loving school.

### ART ROOM ANECDOTES

"If I create from the heart, nearly everything works: if from the head, almost nothing." - Marc Chagall











Artwork above by Jubi & Luke

Term One has been a rewarding time for me as the new Art teacher at Port. Students and staff have made me feel very welcome and I am excited about the possibilities for the artistic growth of the department into the future. I hope that the room continues to be a relaxed and comforting space for the students to explore their creative ideas, and experiment with a variety of new materials and techniques.







This term students had a choice of theme for their artwork: either 'Popular Culture' with Pop Art/Stencil Street Art influences, or they could explore an animal that they felt a connection with, in the 'Animal Within'. Guidance was given in several painting/print techniques and students were asked to choose the medium that they were most interested in exploring.

Printmaking (Linocuts and Silk Screening) quickly became very popular, chosen by a number of students. Each created their own editions of prints using people or objects relevant to them in their popular culture. Others were keen to try designing and cutting their own stencils, and painting their final artworks using spray cans. Finally, several students decided to paint on canvas, paper or board, an animal of choice or a person they admire on television, in cinema or in the music world. A variety of fabulous artworks are the result and I hope we can build on the successes we have had into next term, taking greater risks and embracing new technologies along the way.











Artwork above by: Corban, Ben, Joe & Andrew

















Artwork: Top left to right:
Row 1 - Jami, Georgina x 2 works, Row 2 - Jubi, Hayley, & Row 3 - Kyenn, Corban and Jess

### **TERM ONE - ART EXCURSIONS**

This term we have immersed our Arty selves in two excellent public displays of artwork for the masses. The first excursion was to Fremantle - **Sculptures at Bathers Beach**. This was some students' first experience with public art in the natural environment. Indigo, Khan, Jami and Jubi accompanied me on the bus to the beach, ready to embrace the weird and wonderful art forms that were part of the sculpture walk. The sculptures were so different in subject matter, and some works really made the students question what the artist's message was. The students were asked to choose their favourite artwork, draw it and then they answered some focus questions based on the work. We also visited the Round House, heard the daily canon firing and spoke to the guide about some of the history of this ritual. We headed back to Port school eating hot chips on the bus for lunch.























The Art and Workshop students went on a joint excursion to visit not one, but two outstanding exhibitions at the Art Gallery of WA in Perth City. 'The Year 12 Perspectives' (selected works by art students in schools around WA), and 'Plain Speak', an exhibition of Contemporary Indigenous Art.

Both were exceptionally engaging exhibits with something for everyone. The Perspectives provided an opportunity to see a diverse range of artworks created by young people, expressing issues and ideas about their lives and society.





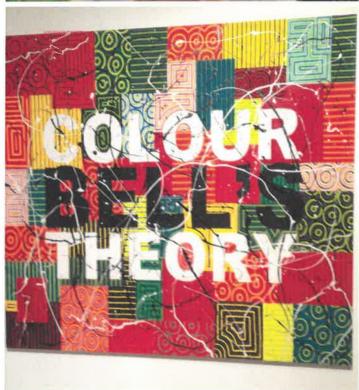














## 'Plain Speak' AGWA

Plain Speak was a powerful exhibition by Contemporary Indigenous artists in a variety of media including painting, linocuts, photography, graphic design, textiles and video installation. The video proved to be one of the most engaging exhibits for our students, who were extremely moved by the footage. After seeing the exhibitions, we shared a Dim Sum lunch together in Northbridge. For many it was a new experience sampling a variety of unfamiliar cuisine such as steamed dumplings, pork buns and for the brave, chicken feet!







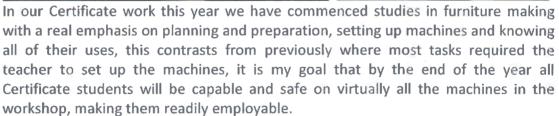


There has been a big push to get the hull of our 1960's speedboat waterproof with nearly all students doing workshop having lent a hand to sand, fill, and paint the outside of the hull, it is now looking a lot better than the burnt and broken wreck that it was six months ago. By the end of the term the deck should largely be on and then we start the solid timber and varnished coaming around the gunwales, the cockpit, the engine bay and the rear dickie seat. With the engine and trailer









The project they are working on is a bedside table, made as batchwork, with the students learning all about carcase work, hinges, drawer making and finishing. They will each take home a finished bedside cabinet.

Next term we have a new teacher helping in the workshop, Paul Holland, he is an exceptional craftsman who will bring his own talents and projects to the workshop and I hope all will welcome him to Port School as we further develop the workshop, our projects and our possibilities. Well done to all.

Phil Brooks







#### Students' Feedback

To express my feelings about RYPEN camp, it was like jumping out of a plane without a parachute, but at the camp you are reborn with new friends. (Terehin -Kolbe College)

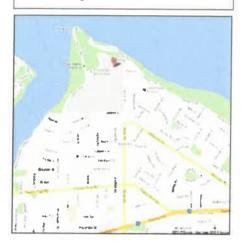
Il wasn't what I expected, it was better. Everyone was just like me, and I made friends and memories that ill keep forever. (Chris-Sacred Heart College)

Well, I thought RYPEN camp would be really boring. If was the best camp I've been on and I wish I could go again. (Corrie-Dongara District High School)

You learn a lot. What they show you and the things you do will benefit you heaps. I would love to do it again. (Kylie-Morley Senior High School)

Point Walter Recreation and Conference Centre 1 Stock Rd Ricton WA 6157

Accommodation is in dormitory style rooms with ensuite bathrooms and meals are provided in a communal dining area.







#### What is RYPEN?

RYPEN was first developed in Australia in 1980.

RYPEN is a weekend leadership camp held once a year supported by the Rotary Clubs in District 9455 and it is in its 29th year. It is one of Rotary's most successful youth programs, where selected Year 10 students across different secondary schools in Western Australia gather in a safe and supportive environment.

RYPEN is a live-in 'participation workshop'

RYPEN aims to provide young people with the opportunity to develop their potential and selfesteem, provide experiences that will assist them to form their own values and moral standards, and to broaden their cultural, social and academic horizons.

RYPEN encourages students to explore their ideas of problem-solving in team and group activities

RYPEN is about building confidence and developing skills to cope in a wide range of situations.

RYPEN is also about having FUN!!



#### Activities

The RYPEN program is extremely varied and includes:

- goal setting
- problem solving and decision making self esteem building
- skits/presentations
- youth in focus discussions
- awards
- meeting procedure and chairpersonship RYPEN rave
- presentation skills
- outdoor activities and sports eg high ropes
- life games
- group awareness
- quest speakers

Presenters/Guest Speakers will talk at keynote sessions and workshops and share their experiences with participants, while emphasizing the need to work hard and stay focused. Participants attending will be invited to thank guest speakers, give talks themselves, report on group activities and help during meal times.

Throughout the weekend, participants work together in small groups with a nominated leader.

#### Who is RYPEN For?

The weekend camp is an award for Year 10 students.

#### Selection Criteria

Students who have leadership potential and other positive personal attributes, and who are communityminded and actively involved in the community, or who demonstrate the potential for involvement in community programs.

It is considered that the camp would be both a reward and recognition for their efforts. Those selected must be prepared to follow the Code of Behaviour for the weekend. The latter is based on courtesy, commonsense and cooperation so that everyone receives the maximum benefit.

#### Coordination

The training team is comprised of experienced group leaders and volunteers under the guidance of the Rotary District 9455 and RYPEN 2017 Committee (all with Working with Children Check Cards).

Each year, previous RYPEN attendees are selected and invited back to act as group leaders for all of the activities

#### Transport

Transport to and from the RYPEN venue is the responsibility of the participant and Parent/Carer.

The cost to the student /participant is \$70. The sponsoring Rotary Club will cover the remaining amount of \$250. The cost covers all meals, dormitory style accommodation, entertainment, and seminar and educational materials during the weekend.

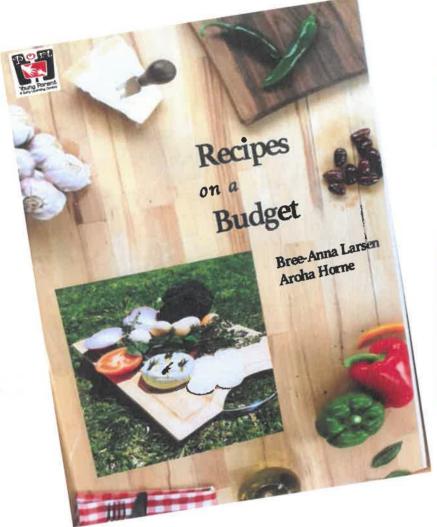
#### How to Apply

Application should be made through your Principal or Year 10 Coordinator at your school, or contact your local Rotary Club.



#### COOKING AT PORT YPC

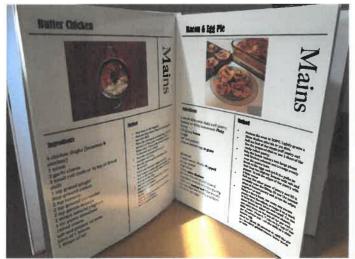
Two Port Young Parent Centre students have made their very own cookery book as part of a project they have been working on. Recipes on a budget does exactly what it says, with some amazing cost effective meals that anyone can have a go at. Thanks must go to Kathy McGreal, Ports ELC cook for all her support and ideas she has given the girls.

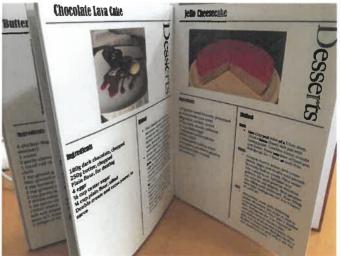






Bree-Anna Larsen & Aroha Horne have done a great job of producing this colourful and easy to follow recipe book, well done girls. These can be purchased from the YPC for \$35. Please see Michelle or the girls at the centre to place your order. Have a look below at just a few of the pages.





## SPORT @ PORT

This term in PE we have continued to challenge students with Fundamental Movement Skill exercises that have focused on object control activities. These activities have revolved around throwing, kicking and catching exercises. The exercises I have created have given students an opportunity to improve their decision-making, allowing them to problem solve, work in a team and develop their skills. We have also continued to devote time in PE this term to work on our Cricket, Volleyball and Frisbee skills. The school gym/weights program has continued to develop with several students using the equipment during their recess and lunch break as well as staying behind after school to receive free personal training, this program also ran four days a week during the Christmas holidays with up to 6 students attending.





The Team Sports program exposes students to important lessons in personal values where they learn teamwork, leadership skills, an appreciation of different abilities, respect for teammates, opponents and officials as well as the opportunity to build resilience through sharing positive and negative experiences.

## "Attitude plays a bigger role than you may imagine in determining your future success—bigger than talent, money, or popularity."

Beverly K. Bachel - Author







Activities this term have included Indoor Cricket, Cricket Ball, Flag Rugby, and our version of Gaelic Football. The students also spent a day at Mettams Pool snorkeling and swimming. Towards the end of th term we ran a night game of Flag Rugby with 13 of our students participating against a combination of

former students, staff and young adults from the community, the young adults are well known to Port School through their involvement in our out of school gym program. The game was played under lights at Davilak Oval; participants from both sides showcased some exceptional skills and for most students it was their first opportunity to play in a school team and play under lights.

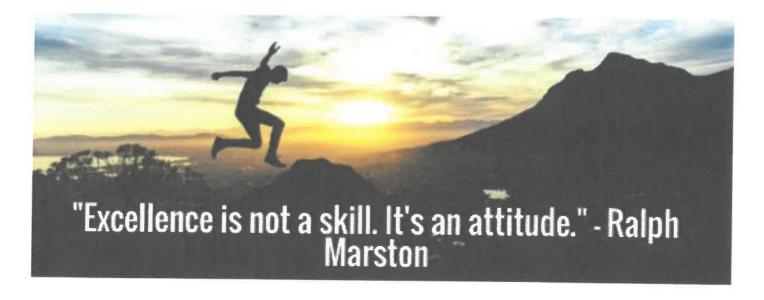


Port School Flag Rugby Night Team 2017

Back Row - Josh Bromham, Sebastian Crowley, Jerome Alone, Denzel Hayden, Rhys Riley, Jay Polkinghorne & Cameron Lloyd
Front Row - Georgia Bleach, Conor Casserly, Dylan Smith, & Jack Sandford

The School Gym Program will be running through the school holidays. All students are welcome, for more information I can be contacted on 0451 750424.

Brad Rowden - Sports Chaplain

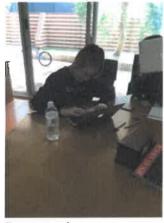


#### **ENGLISH**

The important thing is not to stop questioning.
- Albert Einstein

Welcome back to all of our Port Parents, Guardians, Family and Friends and of course a big welcome to our student cohort! We've seen a most successful start to term one 2017. As always our focus in English is not only to engage each student, or to improve literacy levels, but also to produce and develop critical-independent thinkers.

One of the most important themes running through all of the English programs at Port is to encourage critical thinking. In sum, critical thinking enables teaching our students a range of skills that can be applied to any situation. Skills include analysis, reflection and evaluation.





Encouraging our young adults to develop these skills and to value the qualities they entail, helps to shape their thinking in a most constructive manner. Qualities such as persistence, creative awareness, independent self-esteem and determination - all of which can potentially open many doors for the active mind and create many opportunities.



It is always a joyous (pun intended) thing for an educator to watch our students mature in their thought processes, to see them really think about something they have always accepted as true, realizing they can think differently, they can stand up and speak out. As a teacher that is, by far, one of the greatest rewards of our job and we are certainly not short on independent or passionate thinkers here at Port!



The introduction to 2017 contains all of the usual ingredients that make up the English program. Our lower school has been studying survival themed texts in a dystopian setting, both fiction and non-fiction, including the two part picture book series by Australian author Gary Crewe (whom some of you may remember - we took our younger cohort to a workshop with Gary in 2016) The Water Tower and Beneath the Surface.





During the term, as usual, we have tested most of the cohort using ACER —Compass testing - a "computer based assessment of core literacy and numeracy skills specifically designed for disengaged and educationally marginalized young people and adults", as well as delivering the Certificate General Education to our year 10-12's. All of these are geared toward creating pathways and building strong independent individuals. Enjoy the break.

See you next term. Joy.

#### MOBILE CLASSROOM MUSINGS

Summer is always a good time to be on the Mobile Classroom. The warm weather opens up a huge number of options for us to explore our city. On the Mobile Classroom we like to think of the landscapes within our hometown as being the pages of our textbooks, and we constantly explore, study and learn from them.





This term we have been looking at causes of climate change, what are the positives and negatives of fossil fuels, as well as advantages and disadvantages of renewable energy sources like wind and solar. We have also studied a documentary 'Putuparri and the Rainmakers' which follows the journey of Tom Lawson back to his country in the Great Sandy Desert.









We are excited for what the next term will bring, and have many more adventures planned!! Tom, Matt & Tristan

## Port School Overseas Excursion Malaysia 2017

Proposed Dates Monday 11th - Thursday 21st September



#### Ever wanted to travel abroad?

Once again in Term 3, Port School is offering selected students 16+ the opportunity to do just that !!!!

(special consideration may be given to younger years if deemed appropriate)

Port School is looking to take up to ten young people to an Apex school in Klang, Kuala Lumpur in Malaysia. That's 4186 km's away or a 5½ hour plane flight!!









#### The excursion will consist of:

- Flying from Perth to Kuala Lumpur airport
- Visiting a school for young people with learning difficulties in a town called Klang, taking part in sports, arts, workshop activities and showing off Australian culture.
- Learning & observing Malaysian cultural activities and going to Batu Cave Temple
- Staying at Puteri Garden Hotel, Klang, near the Apex school
- Visiting Pulau Ketam Fishing Island and tropical rainforests canopy walks
- Visiting Kuala Lumpur, Central Park Mall with roller coaster & Petronas Towers
- Visiting Cameron Highlands great treks, adventure activities and canopy walks
- Visiting Sunway Lagoon -Malaysia's largest water park







#### There is a lot to plan

- we will need to fundraise as the trip will cost over \$15,000 for everyone to go
- · we will help you get birth certificates and passports if needed
- · each student needs to contribute \$500, the school can help students to earn this
- we will need to look at insurances, health, vaccinations, emergency procedures
- we will look at legalities, customs & Malaysian law & expected cultural behaviour

#### COOKING

The Port School Kitchen aims to provide healthy, nutritious and delicious food five days a week to the staff and students attending the school.

#### Foods up!



**Chicken Schnitzel in production** 



There is a focus on healthy wholefoods and an emphasis on creating food from the ground up, in terms of locally and even on-site produced foods. This is important in teaching the students that they can create and provide for themselves from scratch using real foods.

Looking sharp; new knives



Roasted Lamd Shoulder.



**Morning Tea treats** 



Home Made Hamburgers & Pizza







## YOUNG PARENT CENTRE

We would like to say a big welcome to all our new mums and their babies who have enrolled in the Young Parent Center (YPC) this year. We have seen our student enrolments increase to 22, with seven young mums pregnant and all due this year. We would also like to say a huge welcome to Jenna Garard, who has taken on the role of Teacher in the YPC and to our wonderful new volunteers, Cathy Hoehn and Hayley Smith.



This term, we have been busy enrolling students in new courses and seeing some young mums transitioning into external studies, as they have completed their courses in the YPC. Rachel Warbrick has been accepted into the On-Track University Enabling course at Murdoch University. This will see her complete 14 weeks of studies, as she learns about university life, how to write reports and essays and how to study.

Lizelle Maritz has completed her studies in the Diploma and Cert III in Childcare and will now be able to obtain full time employment in a daycare.

The students have been busy completing their units, attending pony club and have started a fitness regime with Jenna on Wednesdays.

We are also fortunate to welcome Narelle, a TAFE lecturer who is able to deliver a Cert II in Beauty to most of the students in the YPC.

We are very grateful to be able to continue our association with Red Nose, who have already come in and completed some training with the young mums on safe sleeping habits for their babies. We also welcome back Maria Quagan, Services Manager from Visy, who is mentoring and supporting the girls with work placement, job interview techniques and resumé writing skills. Kristy Mippy from SJOG is also available on Wednesdays in the YPC to help support the students with any social outreach and parenting support.

Kathy, from the Early Learning Centre, has continued to teach the girls about healthy eating and how to prepare meals on a budget. The students have been learning how to cook some very delicious meals for their families. Don't forget, we still have recipe books available for \$35.00.





## EARLY LEARNING CENTRE AND YOUNG PARENT CENTRE EXCURSION

This term both the Early Learning Centre and the Young Parent Centre went to the Hello Baby Parenting Expo at Manning Park, hosted by the City of Cockburn. It was a glorious day, with beautiful weather, which was just perfect for a picnic lunch. The young mums, their babies and staff of both centres received some excellent parenting information and some great freebies to take home.







There were many fun activities for everyone, including a baby animal farm, face painting, drawing, SciTech and plenty of entertainment. It was great to interact with various community agencies that help support the young mums, both at Port School and in their home. These services are essential in helping our young parents to develop and enhance their parenting skills and interactions in the community.

We are very much looking forward to attending again next year and enjoying a fabulous day out with everyone and would like to thank the City of Cockburn for this free annual event.







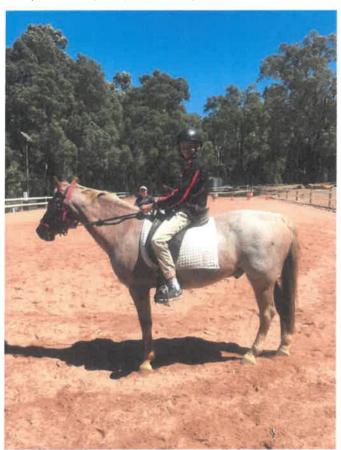






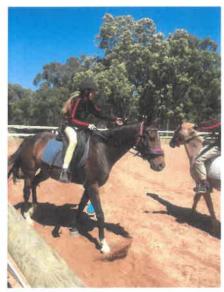


Excitingly, Term 1 has seen ten of our students involved in Pony Club at Zia Park, in Gidgeganup. Every Tuesday they board the bus at 8:30am to arrive at Zia Park in time for their lesson that starts at 10am. They all have jodhpurs, riding shirts and boots and look very professional!





So far students have learnt a variety of skills including horsemanship, basic riding skills, cantering and amazingly learning vaulting as well. They have also been out on a trail ride and are completing workbooks to achieve a 'D' star certification with the WA Pony Club. Students have also had to get their hands dirty, cleaning up horse manure and grooming the horses, but they soon got the hang of everything and have done incredibly well over the last ten weeks of this amazing program.







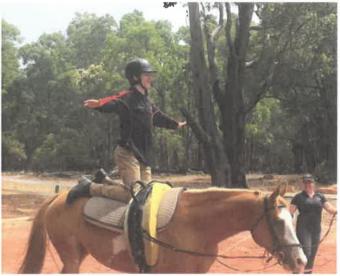
Kirrilly one of the students from the Young Parent Centre has undertaken a project where she is catering for the team every week. Students have loved her creativity and the various lunches that she has provided. Thank you Kirrilly!





This has been an exciting opportunity for students and they are very grateful for the Department of Sports & Recreation grant for making this possible. Thanks to Trudi Hall at Pony Club as well for all of her support in making sure that this program has been a success.









GOVERNMENT OF WESTERN AUSTRALIA

Department of **Sport and Recreation** 

The State government through the Department of Sport and Recreation is a major supporter of Port School's Pony Club in Western Australia. Sport and recreation builds stronger, healthier, happier and safer communities.

## TeamSporT

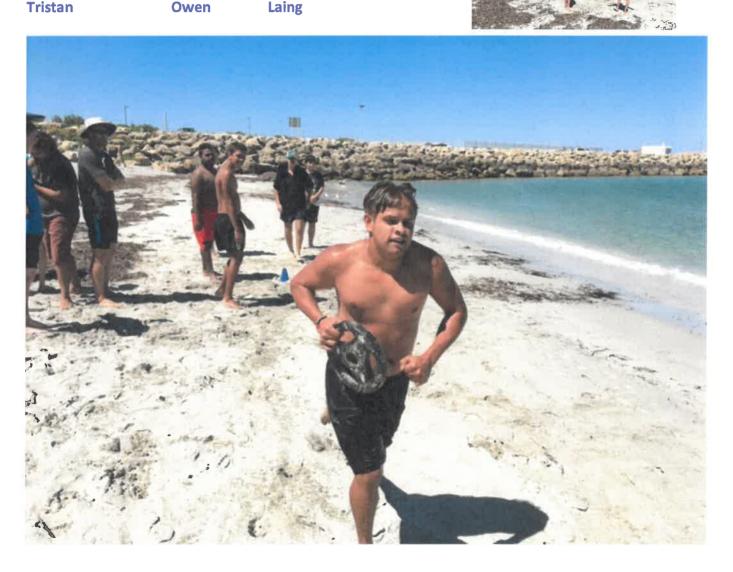
## Iron Man Challenge 2017

Once again in 2017, Term 1 has seen an Iron Man Challenge that included swimming, running with weights and wading through water at Woodman Point boat ramp beach. The mobile classroom boys also joined in what was a great endurance race. Some very competitive times were put in and students

dug deep to complete the course.

#### **Competitors**

Cameron LloydReeceDylanJeromeConorBrandonMikeDenzelJay PJamesSebAziah



Term 1 was not as hot as last year, so a mixed and varied range of sports activities have been undertaken throughout the term, including, indoor cricket, multi sports, Frisbee skills and of course flag rugby on cooler days. George Variyan has been a new staff member addition and there is some fierce competition between him and Mike.

















# SPOTLIGHT

#### **Dionne Garvey - Art Teacher**



Dionne has worked in Visual Arts Education for 19 years, primarily in Perth's southern suburbs. She started her career at Seton Catholic College, Samson in 1997. Teaching at Seton for a period of 11 years, allowed her the opportunity to develop the Art Department into a strong, dynamic faculty. During this early part of her career, she and her husband Steve had two children - Hunter (now 14) and Anais (11). After a short period of returning to work, Dionne decided to resign her teaching position to look after her two children. Subsequently, several years were spent developing her Visual Arts practice, renovating homes and relief teaching.

These pursuits created a fantastic work-life balance, allowing for plenty of family time, which was the aim. Additionally, she has been continuously engaged in active participation in various committees within the Visual Arts community. Dionne has been writing and producing a Journal for the Art Education Association of Western Australia membership for the past 15 years. This journal delivers high quality Project briefs, Feature artist articles, Curriculum development information, Exhibition features and more.

Dionne has also been the Treasurer of the Association for 6 years and continues 2017 in this capacity, along with being an ongoing member of the Executive Committee. She is involved in the organising and coordinating of many Professional Development opportunities for Visual Arts teachers through ArtEdWA, working with a range of local and international artists, and she feels this has been a highlight of her commitment to the Arts.

During a variety of fixed term teaching appointments at various schools over the years, she has taught a diverse range of students. These schools include Santa Maria College, North Lake Senior Campus and Fremantle Fast Track, all of which have been extremely rewarding.

One of Dionne's greatest fulfilments over the last 6 years has been working with disengaged youth at Fremantle Fast Track, teaching Art, English and Maths. The opportunity to be teaching Art at Port school, with students who have similar risk factors, is an exciting prospect for her and she can't wait to get started!

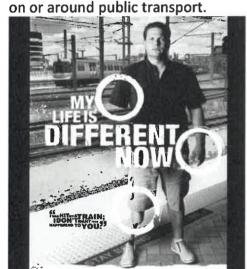
The idea that Art allows the individual a unique opportunity to express their thoughts and beliefs and, also, to work through difficult moments in their lives, is very important to Dionne. Because students have the opportunity to explore concepts of Identity, a Sense of Place and so many other themes that may be personally relevant, Art is unique in nurturing self-awareness. When students speak to their audience by creating art works that challenge the viewer, they question the world they live in and where they fit within it.

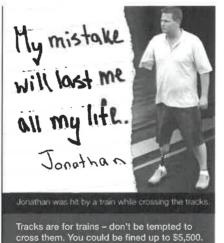
Dionne has many plans for the Art Room and beyond in 2017 with exciting Public Art Projects, Artist immersion and skills based exploration all being part of that educational plan.



Port students were lucky to have guest speaker Jonathan Beninca earlier this term, talking to students about risk taking behaviour. Sponsored by Perth Transport Authority, Right Track aims to show students how risk taking behaviour can permanently affect their lives.

Jonathan Beninca was a typical teenager, just like them. And, just like them, Jonathan thought he was invincible. When he was 19, Jonathan was out one night catching up with friends and missed his last train home. Jonathan then made the choice to jump down on the tracks and throw rocks at the stationary trains as he walked home. His next recollection was waking up in hospital, minus his right arm and a leg, as well as some fingers on his left hand. He later discovered that one of those rocks had rebounded with enough force to crack his skull and knock him out cold on the tracks, where the first train of the morning found him. While his dangerous short cut changed his life forever, he now visits teenagers to talk to them about the consequences of unsafe choices and anti-social behaviour





The Right Track program brings Jonathan over to Perth twice a year to visit lots of schools and youth organisations and tell his story in the hopes of saving people from making dangerous choices and ending up a double amputee like him, or worse.



His interesting, funny, and at times gruesome tale covers things like the difference between a good friend who tells you not to do crazy things and a bad friend who might egg you on; how it feels to look like him and have to ask a girl out; and how his injury has affected his family, friends, and the people who responded first, such as the Train Driver and Transit Officers.











### **New Members to our Employer Community**

Port and its students extend a warm welcome to the new members of our Employer Community. Great to have these new companies onboard supporting our students in their transition to work.



Supercheap Auto - Spearwood

Port is fortunate to have these local businesses supporting our young people. They will be offering Work Experience and School Based Traineeship opportunities.



Georgia on her first day 'front of house' at Dome





Hayley on her first day with Activ

Their membership of this 'exclusive' community adds huge value to our students' school years and beyond.



Georgina starts at Rottnest Ferries in May

Know an employer who may be interested in joining? if so, please get in touch with:

Steph Daniell

Port's Employment Coordinator on 9335 6323

steph@portschool.wa.edu.au

#### THANK YOU

Port would like to thank Janine and her staff from Transitions Health & Fitness for her support of Port School students. Janine offers her Gym facilities to the students on a weekly basis.



Unit 2 / 234 Berrigan Drive, Jandakot



At Port we promote a healthy mind & body ethos. The structured facilities offered at Transitions Health & Fitness have certainly enhanced our programme & improved student fitness levels.