

PRINCIPAL'S REPORT

Supporting and insisting that your child attends school every day, except when they are too ill to get out of bed, is one of the greatest gifts that you can give them for their future. Without this, your child will not have the opportunity to learn, and will be ill-equipped to transition in to adulthood and in to the world of work.

6 important reasons to come to school every day.

- Learning does not progress if you are not regularly at school. Low school attendance can see your academic levels go backwards.
- Sitting at home can lead to boredom and a far greater chance of becoming involved in crime.
- A good work ethic can be learnt at school.
 If you do not come to school regularly,
 your chances of holding down a job are reduced.
- Engaging regularly in day program can help avoid anxiety, depression and low selfesteem.
- 5. Good social skills cannot be learnt from your bedroom on your Xbox or Playstation.
- 6. Idle behaviour feeds on itself.

If attendance or punctuality is an issue with your child please don't hesitate in giving me a call to see if there is any way we can support you changing this.

As always my door is open if you want to discuss any issues.

Hope you all have a great break, stay safe, make positive choices and come back refreshed in term three. Just looking and having a read through the newsletter at all the different things going on excites me, with Malaysia in September, Boat projects, cubby houses, amazing artwork and cooking as well as our core subject teachers focusing on improved academia and testing student levels to identify areas we need to support more.

Barry

The first day back at school next term will be Monday 18th July.

Notable Dates

Term 3 Dates - Monday 18th July - Friday 23rd Sept Malaysia Dates - Sun 11th Sept - Thurs 22nd Sept

DEPUTY PRINCIPAL

The year sprints on and I can't believe we are half way through already. It's been busy at the school and Early Learning Centre with both areas of the business having inspections this year. Inspections are no bad thing though, as it allows all aspects of the Port business to be reviewed and creates time reflect on what's been achieved to date, the good work being undertaken by staff and students and to emerge with new ideas and how we can make improvements that will benefit our young people.

With the Early Learning Centre now nearly 1 year old, we are stabilising our staffing and Fiona Foley has recently taken on the role of ELC Coordinator with the aim of providing a centre of excellence.

Our proposed Main Roads Land project on the Southern boundary is still on hold due to the Perth Freight Link uncertainty. We are still confident of being able to secure that land for the school in the future, however for now it is a waiting game.

Malaysia once again is a main focus for Term 3 and this year Joy Cromwell is a welcome addition to the excursions leadership team. Joy and I have a full program planned for Term 3 including Malaysian guest speakers, how to deal with being away sessions, Malaysian money, Malaysian food and Malaysian language.

I have been delighted that our links with service club Rotary in Western Australia has once again proved a beneficial one for our students. Two students were invited again to this years RYPEN (Rotary Youth Program of Enrichment) and one as a trainee leader. This great annual program aims to develop leadership skills, build resilience & improve self-esteem; read more in the newsletter.

Lastly, I would like to thank the staff at Port; it has been a challenging Term and Semester in many ways and as always, staff push through with a great work ethic and get the job done. When I put this newsletter together with Joy, I am always amazed at our student achievements, but also the wide range of activities, excursions and programs that we offer. That would not be possible without those dedicated staff members. Port really is pioneering and forerunners in the CARE school arena, well done guys. Take time to have a rest, recharge & look forward to new challenges ahead.

Mike Gilbert

MALAYSIA FUNDRAISING



Klang Special School

With the Malaysia excursion fast approaching, students are busy raising funds for not only their own costs, but for the Klang Special School as well. This year they are trying to raise \$5,000 towards new outdoor play equipment for the school and already have over \$1,500 through donations and chocolate sales. You can help in a variety of ways including online donations on our Malaysia GO FUND ME web page:

https://www.gofundme.com/288tqt8

We also have two sausage sizzle locked in at Bunnings, one before and one after the Malaysia excursion, both have the potential to raise over a \$1000 each. Malaysia students must attend and parents/ carers and guardians welcome to help on the day (8am – 4pm) or help with transport.

Ocean Keys, Clarkson Bunnings Saturday 13th August



Spearwood Ave, Bibra Lake Bunnings Sunday 30th October



If you would like to organise a fundraiser, donate or help in any way, please contact Joy or Mike.







SPOTLIGHT

Matthew Jackson Visual Arts Teacher



Matthew comes from an extensive arts background. Born and raised in the UK, Matt grew up in a family full of artists before emigrating to Australia. After a brief year at Balcatta Senior High School, Matt studied at Claremont School of Art, West Australian School of Art Design and Media before moving on to Edith Cowan University.

At ECU, Matt studied towards a degree in Visual Arts with honours and was invited to become part of the teaching staff.

Matt spent a happy seven years teaching first year arts and communications students Cultural History and Theory. During this time Matt worked towards his PhD, which allowed him the luxury of travelling the world, researching and painting for several months.

A desire to teach art lead Matt to leave the academic confines of uni and pursue a post graduate Diploma in Secondary Teaching. After helping deliver a workshop on respectful relationships at Port School last year, Matt found his niche in the CARE school environment, and is thrilled to be working with the staff and students at Port.

Matthew's true passion lies in painting and he has a successful arts career spanning three decades, exhibiting and selling artwork around the globe.

His other passions include riding his Harley Davidson and weight training in the gym.



Young Parent Centre

This term has been very busy in the Young Parent Centre (YPC). The Young Parent Centre has continued to expand. There are now 20 young mums that are attending the center with their babies and working towards the completion of their various certificates. To accommodate all the young mums, there have been a few changes to the center, including moving the furniture around so there is now a dedicated spot for independent learning, to host meetings and for break times.

The young mums, along with five other students, are to be congratulated on passing their Senior First Aid. This will enable any of them to provide first aid to adults, children and babies. This is also a unit in the Community Services Certificate III, which they have attained competency in.

The young mums have been attending mummy - baby swimming lessons on a Friday before our playgroup session. This has helped develop water familiarization, motor skills and bonding between parent and child in a social environment. The mums have also been involved in nutritional cooking classes, to further develop cooking skills of nutritional menus. All students have also completed a SIDS and Kids presentation, which they will obtain a participation certificate for.

As part of the Certificate of General Education for Adults II, one of the students organized a fundraising morning tea with all funds raised going directly to SIDS and Kids. The young mums were fortunate to participate in a training session on the risks associated with sleeping and eating habits of babies and toddlers. This was well received by everyone who attended.







Next term will see many new faces and more interaction with the Port School community, as we endeavor to integrate into various training and option classes in the school. It is envisaged that we develop a more collaborative learning experience for all students of Port School.

Michelle Forsyth YPC Coordinator

EARLY LEARNING CENTRE

Our families have been attending swimming lessons on a Friday morning as part of our playgroup sessions. The children have been learning how to be confident in the water—through repetition, play and games. This has been great experience to watch some of the children who were unsure on the first lesson to being eager beavers to take part in the lessons as the weeks progress.

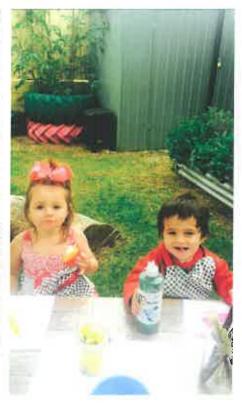


All the children and staff would like to thank Tim and Dougie for creating a "Busy board" for the babies to explore. It has been very popular with the younger children and will help to develop their fine and gross motor skill while developing curiosity and imaginative skills.











STUDENT SUPPORT

Hi All.

I have been kept busy this term as most would know, (we have had a very interesting term!), but I can honestly say that it has all been worth it as I continue to be amazed and delighted by what I discover about the lives of the people in our little community. The strength and resilience shown by our kids and their families humble and inspire me daily, so thank you to everyone who has engaged with me for that. As time goes on, I begin to realize that Port is a place that will always be a place of discovery and of inspiration for as long as I am engaged here, and this is a good feeling I must say.



I thought I might use this newsletter to say a couple of things about preventative mental well being, that is, things we can do to make sure we remain mentally well, before we start to feel down or stressed or whatever; and the two biggest and most important things?

- Good sleep hygiene
- Good diet!

It's as simple as that! By good sleep hygiene I mean getting your 8 hours every night of the school week (which includes Sunday night!), and turning off the screens, T.V., computers, tablets, or phones at least half an hour before you lay down to sleep. A good diet is pretty clear, minimal fast food, sugar, salt, fried food; and as much fruit, vegetables and raw, whole food you can get into you, along with meat, dairy and things like bread and pasta. Make sure you eat breakfast, lunch and dinner every day especially during the week.

Just do these two things alone, and you should begin to feel better and see results in no time,

Take good care of yourselves and each other, Until next time,

Myles

STUDENT SUPPORT CONTACTS

Myles Durham - Tel: 08 9335 6323

Email: myles@portschool.wa.edu.au

OUTREACH PROGRAM

Port School's Outreach Program aims to help encourage disadvantaged adolescents of the community to reengage back into the education system. The program is also designed to compliment and coincide with a student's existing school program.

The Outreach Program is the little extra support that some students need to help realise and achieve their full potential.

Our team of outreach workers are dedicated to the program and aim for success by valuing these principals:

- One on One support
- Community based activities
- Addressing social and emotional well being
- Nurturing ones strengths
- Encouraging resilience
- Setting individual and achievable goals
- Alternative timetables
- Reintegration



Megan Fitzgerald

THANK YOU

Port would like to thank Janine and her staff from Transitions Health & Fitness for her support of Port School students. Janine offers her Gymfacilities to the students on a weekly basis.



Unit 2 / 234 Berrigan Drive, Jandakot



At Port we promote a healthy mind, healthy body ethos and the structured facilities offered at Transitions Health & Fitness have certainly enhanced our program and improved student fitness levels.





In the workshop this semester we have had a variety of projects. Firstly was the kick off of the Certificate II in Construction in which 7 of our older students commenced the building of a cubby house that is designed to replicate most of the main construction aspects of building a house: flooring, wall frames, cladding, roofing, windows and balustrading etc. The end result is not only qualifications for the students involved but the cubby house itself is available for sale, contact the school if interested.

The newer students have done a variety of introductory projects and have all done really well, most excitingly for next semester we have bought a 1950's timber speedboat that we will be restoring, not only do we need to do a lot of wood working on the timber hull but also we will be refurbishing and installing the motor, a 6 cylinder Holden engine. This will give the students the extra opportunity of doing some mechanical work.



Certificate II Construction crew on the Fairbridge camp



1950's Lewis timber speedboat



The cubby house, slowly taking shape. For Sale in Term 4.

Many students have also completed personal projects, an option that is always available, these projects include a dog kennel, an electric guitar, a CD rack and others.

Well done to all the students and I am really looking forward to next semesters projects Phil







Port School Overseas Excursion Malaysia 2016

Sept 11th - Sept 22nd



Ever wanted to travel abroad?

Once again in Term 3, Port School is offering selected students 16+ the opportunity to do just that !!!!

(special consideration may be given to younger years if deemed appropriate)

Port School is looking to take up to ten young people to an Apex school in Klang, Kuala Lumpur in Malaysia.

That's 4186 km's away or a 5½ hour plane flight!!









The excursion will consist of:

- Flying from Perth to Kuala Lumpur airport
- Visiting a school for young people with learning difficulties in a town called Klang, taking part in sports, arts, workshop activities and showing off Australian culture.
- Learning & observing Malaysian cultural activities and going to Batu Cave Temple
- Staying at Puteri Garden Hotel, Klang, near the Apex school
- Visiting Pulau Ketam Fishing Island and tropical rainforests canopy walks
- Visiting Kuala Lumpur, Central Park Mall with roller coaster & Petronas Towers
- Visiting Cameron Highlands great treks, adventure activities and canopy walks
- Visiting Sunway Lagoon -Malaysia's largest water park







There is a lot to plan

- · we will need to fundraise as the trip will cost over \$15,000 for everyone to go
- · we will help you get birth certificates and passports if needed
- each student needs to contribute \$400, the school can help students to earn this
- we will need to look at insurances, health, vaccinations, emergency procedures
- we will look at legalities, customs & Malaysian law & expected cultural behaviour

MOBILE CLASSROOM

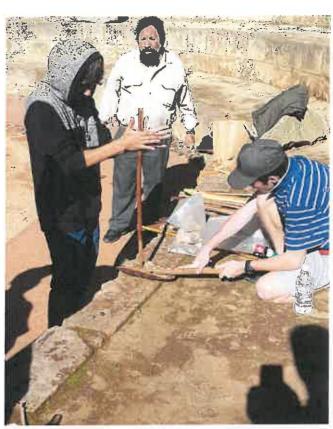
Hiking on the Bibbulmum Track, Numeracy and Literacy, WA Art Gallery excursion, Cultural Jammin' and Geocaching are some of the things the *Mobile Classroom* has been delivering.

During this term we have started to join in with the rest of the schools Team Sport and Multi Sports programs which has been quite a success and proven to be one of the students favourite activities.

We have seen some encouraging progress with students' development and are looking forward to seeing continued growth

Semester two.
Matt, Tom Tristan and
Rowdy











TERM TWO IN THE ART ROOM.

Term two has seen the creation of some amazing works of art, focusing on identity, character and emotion. Students have thrown themselves into portraiture of all types, including watercolour and oil painted self portraits. A stack of ceramic character mugs have been built and some amazing novice potters have been discovered on the potter's wheel. (Most of whom can throw a pot better than their ham fisted teacher!)

Students have come up with some fantastic t-shirt graphics too, expressing their identities and personalities through uniquely personalized designs. In preparation for the trip to Malaysia, a handful of students, spearheaded by Kristal Brebner and Hayley O'Neill have started producing a beautiful painting to be gifted to Klang School.



Over the two pages, work can be seen from the following students:

- Hayley's O'Neills beautiful self portrait in watercolour
- Stormee's Self portrait as her younger self
- Ricky's expressive self portrait & Kristal's Franken-mug
- Owen looking like a professional on the Potter's wheel
- Charlee expressing her love of dance
- Loretta continued her Spongebob theme with her T-shirt design
- Charlee's ceramic big breakfast





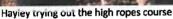




Rotary Youth Program of Enrichment - RYPEN 2016

The 2016 Rotary Youth Leadership program has proved to be a huge success for three Port students: Courtney Knowles, Hayley O'Neill & Jarrod Harrison. Over fifty young people from W.A were invited to be part of a weekend in May that focused on team building, goal setting, building self-esteem and resilience. With a multitude of activities and guest speakers the weekend was jam packed from Friday afternoon until Sunday lunchtime. Students were encourage to be different, take a chance, believe in themselves and to walk away with some new tools to be a better person in their communities.







Courtney mentoring this years MC's

Returning this year after securing a much sought after role as a Trainee Leader was Courtney Knowles. Courtney played an important part mentoring and supporting over 50 students from all over Western Australia. Having been a RYPEN student, master of ceremonies and speaker last year, Courtney took this trainee leader position very seriously and was actively seen to be encouraging young people all weekend. Courtney has even been offered the opportunity to potentially go out and public speak with one of the weekend's motivational guest speakers; Katherine Hazelwood. Katherine has also offered to be a positive role model and mentor to Courtney.







A big thank you must go out to The Rotary Club of Freshwater Bay who sponsored Courtney this year. She now has the option to apply to be a Leader next year.

The aim of the RYPEN weekend is to communicate to young people a series of ideas, problems and social experiences that will assist them in forming their own values and moral standards. A program of thought provoking speakers, social situations and personal challenges was offered and it is hoped that the program inspired and motivated the students through those activities, which in turn will assist them in forming their own values and standards in life. The camp was full of fun learning and team building experiences that helps them to develop life-building skills and essentially make better choices.





RYPEN Leadership Team

The RYPEN 2016 gang including: students, Leadership & Rotarians

Over the weekend, Hayley & Jarrod as students attending fully embraced the experience offered and after starting off on Friday night quite nervous, they blossomed into confident young people throughout the weekend who were happy to participate in group sessions & speak confidently in front of a large audience.







Dr. Tristan Clemons - Freshwater Bay Rotary Club

Challenging times on the high ropes course & at the RYPEN Rave disco

Myles Durham from Port School was a great addition to the Rotary program this year offering support and counseling to RYPEN students as needed. From a due diligence perspective, It was felt this service was needed, as at times the guest speakers were confronting on some hard hitting youth related topics.

Port is delighted for all three students and aim to make this an annual event for a few year 10/ 11/ 12 students. Huge thanks must go out to the Rotary Club of Mindarie who sponsored Jarrod & Hayley



Rotary Club of Mindarie



CERT II CONSERVATION AND LAND MANAGEMENT (CLM)

This Semester has seen the expansion of our VET program to include the delivery of a Cert II in Conservation and Land Management. This course is designed to give students a qualification that will place them well to move in to employment as rangers or in land management positions with local councils or similar organisations.

The course is designed with a real emphasis on hands on, experiential learning, and the majority to the course is delivered as real life projects. We have a number of projects on the go at the including the regeneration landscaping of a native garden at the school.

The students learn about how to identify paint species and recognize local native flora, as well as propagate seed and manage soils. We also take units in things like operating chainsaws, repairing fencing, working sustainably, maintaining culture, to name a few.

The native garden regeneration has been the main project this term and we have cleared a large area of an invasive species of wattle and treated the area to prevent them reappearing. We are now at the stage of designing and planning the garden beds, pathways and seating areas, and will look to implement these plans next semester. The course is provided in conjunction with Fairbridge Village in Pinjarrah, and we have spent a number of days there helping them out with some maintenance. We will be spending 2 or three nights there each term as a camp to allow us to develop that relationship further and







FAIRBRIDGE CAMP





As part of the Cert II in both Conservation and Land Management and the Cert II in Construction we took both these groups down to Fairbridge Village for a 2 night camp in week 9. The idea with the camp is to do a solid block of the work towards their Certificates in a real life, hands on manner at the Village. We do a number of maintenance jobs on site that allows us to tick off elements of their units of competency.

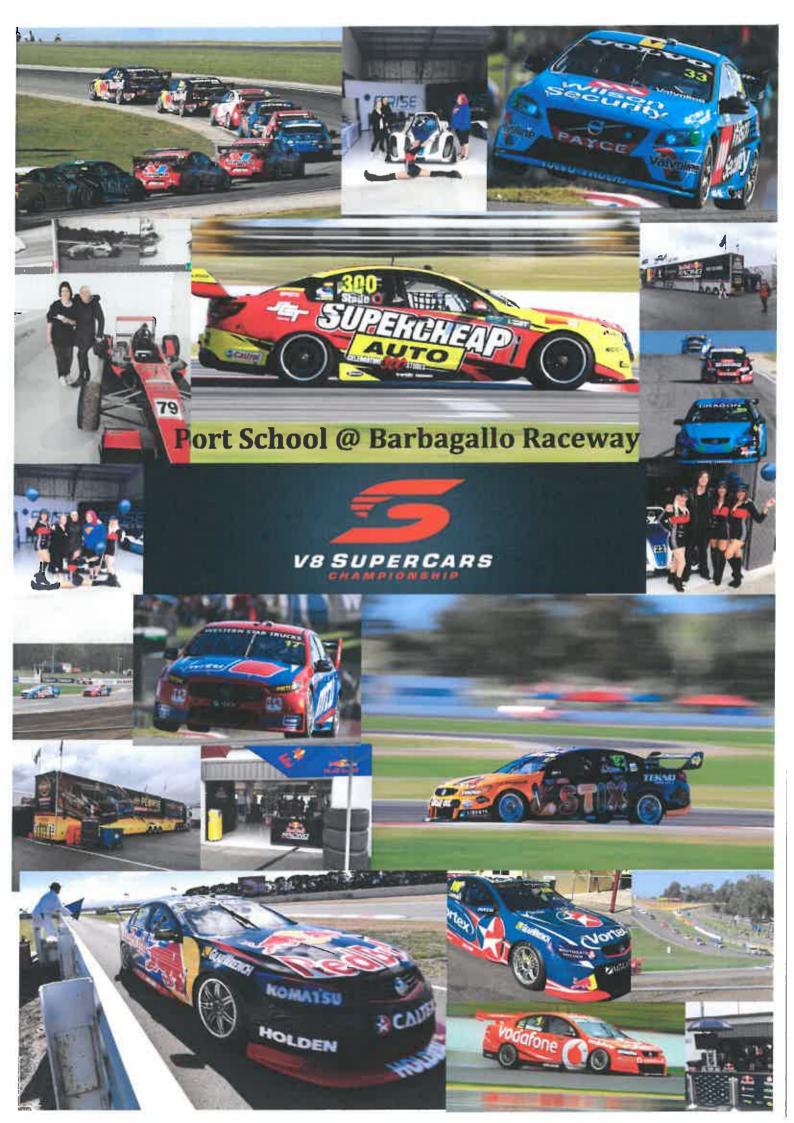
The camp was a resounding success. We were housed in a 10 bedroom, 100-year-old wooden cottage that had been recently refurbished, and the boys couldn't believe their eyes when we were shown our digs.

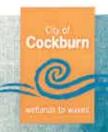
We spent two days restoring some wooden shelters, replacing timbers and painting. We also repaired some fencing at the entrance to the maintenance yard, and began digging some formwork for a concreting job next time we visit. This is shaping up as a really positive event, and we will be doing the same at the end of every term. Because of this we can build and grow the complexity of the work we do as the students become more familiar with the Village and its surrounds.













NAIDOC **WEEK 2016**

COCKBURN YOUTH CENTRE FREE EVENTS

AN ANNUAL DANCE PARTY CELEBRATING HISTORY

Thursday 30 June 2016, 6pm - 9pm

LIVE DJ

FREE FOOD

BODY ART

PHOTOBOOTH

MECHANICAL SURFBOARD





HIP HOP HIGH TEA

food and drink



Saturday 9 July 2016, 11am - 2pm

3 on 3 basketball competition with a BBQ afterwards.

Prizes awarded to the winning team.

Drug & alcohol-free events



Accessible events, contact us for details.





Cockburn Youth Centre, 25 Wentworth Pde, Success cockburn.wa.gov.au/youthservices | 9411 3888

COOKING

Things have heating up in the Port kitchen this term as the foundational knowledge of the Cert 2 is built upon and the students begin to demonstrate their understanding and ability. Cooking teachers Matt and Tom have challenged their students this term and its fair to say the students have met those challenges and added some of their own.



In the hospitality certificate the students are challenged to take on the role of head chef for a service, to delegate and deliver clear messages with the real pressure of having to provide food in time for morning tea or lunch. These jobs then merge seamlessly to front of house where the students are expected serve the prepared food to students and teachers.







This experience is extended in Tom's version of the Master Chef Mystery Box where the students are given a few different ingredients and are challenged create a menu.



The best menu is then chosen and cooked for lunch. The students have relished this challenge and created some tasty lunches but when three of your ingredients are peanuts, beef and wasabi what's not to love?



Term 3 will see a variety of Malaysia themed dishes being created prior to the student's excursion in September. Look out for some amazing flavours and spices next term.

Matt & Tom

Calling all 10 - 24 year olds



CREATING youth leadership

Get involved & help build a leadership program for young people by young people

THURSDAY 14 JULY
9.30 AM - 3.30 PM
COCKBURN YOUTH CENTRE,
25 Wentworth Pde, Success
RSVP essential. Call 9411 3886 by 12 July

Workshops
Guest Speakers
Free Lunch

For more information visit www.cockburn.wa.gov.au

ROTARY RYPEN UPDATE

Well done to Courtney Knowles who presented to Freshwater Bay Rotary Club on her RYPEN experiences as Trainee Leader that you read about earlier in this newsletter.



Courtney spoke about her experiences at this years camp as trainee leader and how that has helped her progress in life.



Freshwater Bay Rotary President Rajah introducing Courtney as guest speaker for the evening

Thanks to all the members of Freshwater Bay rotary Club who sponsored her this year.



Deputy Principal & Rotarian Mike Gilbert proud of Courtney's achievements

FRESHWATER BAY ROTARY CLUB



Wednesday 8th June 2016

Dear Courtney,

On behalf of the members, I'd like to extend our sincere appreciation for attending the meeting this evening and providing such a graphic picture of your journey in life since RYPEN.

It would appear that you have now settled down and taken a good look at the opportunities that life has to offer to those with the right attitude. Full marks to you for turning your life around so positively and full praise to RYPEN for bringing your caring and leadership qualities to the forefront. I have no doubt you will achieve your desire to become a nurse.

Great job Courtney and we all wish you every success in all your endeavours and we are thrilled that RYPEN has played a major part in creating your future path.

Again, our grateful thanks to you for sharing your story with us this evening.

Kind regards,

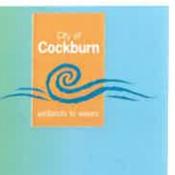
Di Collins
Secretary/ Director Youth Committee
Freshwater Bay Rotary Club



Above - Courtney with UWA PhD researcher, Dr Triston Clemons who is hoping to gain a place with the Australian Hockey Team; The Kookaburras in the 2016 Rio Olympics later this year.







Cockburn Youth Centre

2016

July Holiday Program

Mon	Tue	Wed	Thu	Fri
Dungeons & Dragons 10am — 3pm \$8	5	6	7	8
	<u>Draw More</u>	Aint Paint Great	Cooking Corner	Laser Corps
	10am – 12pm	10am – 1pm	10am - 12pm	12pm - 4pm
	\$8	\$8	\$8	\$5
Dodgeball	3on3	Pool Comp	Slackline	BBQ Lunch
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	1pm
Free (for	Free (for	Free (for	Free (for	Free (for
members)	members)	members)	members)	members)
Dungeons & Dragons 10am - 3pm \$8	12	13	14	15
	<u>Draw More</u>	<u>Aint Paint Great</u>	Cooking Corner	Game Vault
	10am – 12pm	10am – 2:30pm	10am - 12pm	12pm - 3pm
	\$8	\$8	\$8	\$5
Dodgeball	3on3	Pool Comp	Slackline	BBQ Lunch
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	1pm
Free (for	Free (for	Free (for	Free (for	Free (for
members)	members)	members)	members)	members)

Program Blurbs

Dungeons & Dragons

Our resident Dungeon Master will help you build a character to play Dungeons & Dragons in the Beginners class and explain the rules. If you already know the game then just get down to cast spells thwart enemies and conquer!

Draw More

Have you ever wanted to be able to draw cartoons? Or maybe you're already handy with a pencil and paper. These classes are great for beginners or anyone wanting to brush up on technique. Limited to tenso get in quick.

Aint Paint Great

This program follows on from our term program class 'If Walls Could Talk' where you learn the basics of street art on a larger scale. Spots are limited.

Cooking Corner

Book in early as these classes for budding chefs are limited to eight per class! Bring a container to transport your yummy creations home.

Active Afternoons

These activities vary from day to day based on the weather but there is always something to do! If you've never tried slacklining before, it is similar to tightrope walking and will test your balance and perseverance.

Fun Day Fridays

<u>Laser Corps</u>— Using safe combat military simulation system you fire infrared beams to eliminate opposing players.

Game Vault- Be one of the first to try the mobile gaming truck not only is it amongst the coolest party buses around, but it is state of the art surround sound and air-conditioned.

Important Information

Ages & Programs - Cockburn Youth Centre is open for all young people aged 10-24 years to drop in.

The programs we run during school holidays are available for young people aged 10-17 years only. Young people are able to start using the Cockburn Youth Centre the month they are turning 10 and no earlier.

Memberships - Our memberships are free and are essential for ALL young people attending the Cockburn Youth Centre.

<u>Program Bookings</u> Bookings for our programs can only be made in person at the Cockburn Youth Centre and payment is required to secure your spot. Phone bookings may be made for programs that are free. Spaces are limited for most programs so it is best to call ahead and check if spots are available.

<u>Personal belongings and Lunch</u> - During the school holidays we may occasionally provide lunch for young people, however it's best to come prepared. We have a find and lockers that young people can store their things in. The young people need to be responsible for their belongings when they are here.

Opening Hours and Closing Times - We have different hours for School Terms and School Holidays. Please see below. We are always closed on Public Holidays.

<u>Hang Out - Free activities and equipment are available for use in our hang out spaces. Some of the things on offer are X-box. PlayStation, pool table, table tennis, basketballs. TV & movies.</u>

School Holidays Opening Hours:

Monday to Friday: 9.00am - 6.00pm / Sat: 9.00am - 4.00pm

Contact Details:

Phone: 9411 3888 / Website: www.cockburn.wa.gov.au/YouthCentre Facebook: 'Cockburn Youth Services' / Email: youth@cockburn.wa.gov.au

PHYSICAL EDUCATION Term 2

EXCELLENCE IS NOT A SKILL IT IS AN ATTITUDE

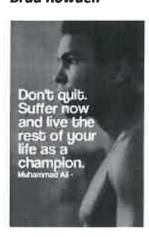
Port School PE provides an inclusive environment that enables students of all abilities to participate in fun and challenging activities. Physical Education in Term 2 consisted of various strength, speed and skill based activities. This term we have continued to challenge students with Fundamental Movement Skill exercises that have included weight based challenges and a focus on object control activities.





I try to keep the PE program as creative as possible, which is challenging in a small gym. I constantly challenge our PE students to create activities that are achievable for the rest of the PE students, this causes them to think and work together as a team. It also allows me to coach and assist them through the process. We have also had a group of students that were able to do a double period of PE at Transitions Gym in Jandakot, this was a fabulous opportunity for Port students to participate in. We are able to offer this again next term, however, places are limited. I would encourage students to be in school on the first day to do their timetable. Also, I would like to congratulate our own Conor Casserley on his achievements in a weight lifting competition in June, where he was nominated the best new talent.

Sports Chaplain Brad Rowden





Introducing our Employer Community

Port and its students extend a warm welcome to the members of our new Employer Community.



Glenn at Swarbrick - Henderson WA

Port is fortunate to have these local businesses supporting our young people. They will be offering Work Experience and School Based Traineeship opportunities.



Jason at Petkovic Cabinets - Bibra Lake WA

Please show your support for the Employers who support and engage Port students.



Swarbrick & Swarbrick Yachts









Adrian (left) and the team at SMF
Sheet Metal Fabrication - Bibra Lake WA

Their membership of this 'exclusive' community adds huge value to our students' school years and beyond. (Presently a little too exclusive for our liking. We are looking forward to a growth of membership!)



Ryan at Jim Kidd's - Cockburn WA

Know an employer who may be interested in joining? If so, please get in touch with Steph Daniell, Ports new employment coordinator.

THANK YOU

Port would like to thank Janine and her staff from Transitions Health & Fitness for her support of Port School students. Janine offers her Gymfacilities to the students on a weekly basis.



Unit 2 / 234 Berrigan Drive, Jandakot



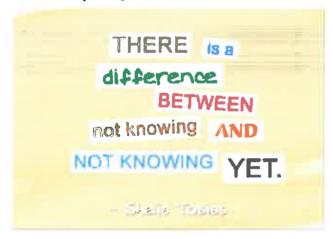
At Port we promote a healthy mind & body ethos. The structured facilities offered at Transitions Health & Fitness have certainly enhanced our programme & improved student fitness levels.

MATHS





It has being an exciting term in the Maths room. Those students undertaking the curriculum programme have come along in leaps and bounds with their mental maths. We have been using the Elementary Maths Mastery Programme as our main tool for our lessons. This program was designed to ensure students who have gaps in their learning are afforded the opportunity to catch up to a standard year 8/9 curriculums.



The students are excited about the progress and success they are now having. Alongside of this we have learnt Geometry for the term and we have also introduced the topic of statistics, which we will pick up again nearing AFL finals time!

The students doing their Certificates in General Education are making some steady progress. I look forward to our continued work together next term.

ANDREA

ENGLISH

The end of term two has come around quickly and we have all been busy completing assignments and assessments. This term saw us exploring a variety of texts; reading, writing, viewing and all the usual "fun" stuff in English. A big thank you to our Classroom Assistants Trish and Di, they really do make my job a lot easier As always I am proud of the effort our students make, keep up the good work and I will see you all in term three.

YOL





"What day is it?"

"It's today", squeaked Piglet.

"My favourite day", said Pooh.







Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover. Mark Twain







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Klang Special School



A huge thank you to Darren Harding, Director of Customised Air Conditioning for an extremely generous donation to this years fundraising for Klang Special School, peoples kindness always amazes us.

DRAMA CLASS

This term we tried something different and included a drama class in the students options list. Although hesitant at first the group soon threw caution to the wind and embraced the crazy fun that is our drama club here at Port! As well as playing games we read through some scripts and worked on voice projection, control and tone. All of which are integral skills that can be used in many situations.

- Helps confidence grow
- To encourage concentration
- To develop partner working
- How to be part of a group, and how to work with other students within that group

There is no pressure, the environment is informal but i do strongly encourage everyone to get involved and have a go.











SPOTLIGHT



Kathleen Murray (Kathy)



Hi everyone

It's Kathy here, the new, friendly face at Port School Early Learning Centre. I have been invited to join the fabulous team here, which I am very excited to be part of.

Who am I you are all wondering? Well I am from New Zealand and have been in your beautiful country for 18 months so very much a newbie. My husband Aubrey and I have two grown up children whom both live here in Perth and we are blessed with two grandsons whom are the apple of our eyes hence the reason we moved to Australia. I have been involved in early childhood education for quite some time, I don't want to give away my age. I have my Degree in Early Childhood Education which I achieved after having both my children so I understand how difficult it can be to juggle life as a whole. The past 13 months I have been working at Little Rascals in Leda, which gave me the opportunity to become more familiar with The Early Years Learning Framework and The National Quality Standards for Australia.

I am looking forward to getting to know you all better by sharing in your learning, laughs, loves and life. Let the fun begin!

Kathv

Frequently Asked Questions

My child is not quite 12. Can he/she still

Yes. The target age for OUTRAGE is 12-16yrs but we do accept enrolments from those who are turning 12 in the same year.

Why would you like my Medicare number?

In the unlikely event that your child needs urgent medical attention, the provision of their Medicare number will assist in their prompt

Is lunch included?

On most days, lunch is included and on those days where it is not, we recommend participants bring \$10.00-\$15.00 for lunch

Are there any discounts?

Yes Discounts are available if

- You book into the entire program
- You book additional children into the same

CHECK LIST

CHECK LIST

Double Check Pick-Up and Drop-Off

Times

LAre you weather wise?

Do you have suitable dothing/shoes?

Lare you weather wise?

For More Information

Youth Development Officer Contact: Steve Atherton, or 0418907942 9411 3884

satherton@cockburn.wa.gov.au

Participant Contract

Although many of the rules in previous Youth Outrage boundaries so that all concerned can get the most out Programs have never been senously breached, it is important that all participants are aware of the of the Program

Youth OUTRAGE Rules

No leaving the group without prior consent of staff

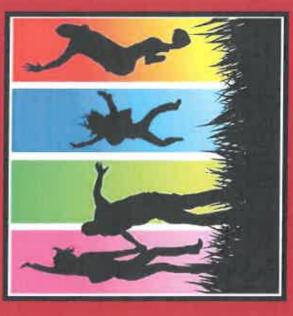
- No racist or sexist language/behaviour
 - No verbal abuse or threats
- No violent or aggressive behaviour
- No weapons of any kind
- No deliberate damage to any property
- No drugs and no smoking ①
- No one under the influence of drugs or alcohol will be allowed to attend. 0
- No eating or drinking on the bus or mov-

ing about the bus

A breach of the rules may result in having

Note: Excessive sugar and energy drinks may be confiscated by staff at discretion. to be removed from the program





Holiday Program tor 12-16yr olds July 2016

phone Steve Atherton on For more information 94113884

25 Wentworth Parade, SUCCESS Pick up & drop off locations Cockburn Youth Centre (S) Bus Departs: 9.00 am

Beeliar Community Hall (B) Lakefront Ave, Beeliar Bus Departs: 9.15 am

Cnr Rockingham Rd & Carrington St Memorial Hall (H) HAMILTON HILL

Bus Departs: 9.30 am

ROLLERWAYS & MOVIES Monday 4th July

The first day of July holidays is one of the favourites of previous Outrage. 2 hours at Rollerways. Then we are off to check out the latest at the movies. Cost: \$27

Bring: money for lunch/ extras and snacks, socks Drop offs: H @ 4.15, B @ 4.30pm, S @ 4:45pm Lunch BYO in Fremantle (buy or bring)

FREMANTLE PRISON TUNNEL TOUR

Tuesday 5th July Cost: \$27

prison and explore the tunnels under the prison on the raft tour, Spaces are limited for this one so get Another great day out. Get to see the Fremantle

Lunch: Supplied Sandwiches-Tuck shop on site Drop offs: H@3.30pm, B@ 3.45pm, S@ 4pm Bring:Warm clothes, closed shoes, snack \$

FAIRBRIDGE HIGH ROPES! DAMPER! ARCHERY Wednesday 6th July

Cost: \$27

and we are heading out there to check it out. Along The new High Ropes course at Fairbridge is ready with that we will be doing some archery and fresh damper making.

Drop offs: S @ 3.30pm, B @3:45pm, H @ 4pm Lunch: Hot Dogs Provided, Tuck shop on site Bring:Warm dry clothes, shoes essential

PAR 3 & BOUNCE Thursday 7th July Cost: \$27

for some Trampoline fun. Be quick this is sure to be a Check out the latest in simulators and video games at Perth's latest attraction Par 3. Then it's off to Bounce sell out.

Drop offs: H@ 3.45pm, B @ 4pm, S@ 4:15pm Bring: Sports clothes, Warm clothes, Shoes Lunch Pizza Supplied or Buy your own

ICE SKATE // C LASER TARGET SHOOTING

Friday 8th July Cost: \$27

Start the day at the Cockburn Ice Arena for 2 hours of Centre for lunch and some Laser Target shooting. ce skating and then we travel back to the Youth

Bring: Shoes and appropriate clothing warm clothes Drop offs:S @ 3.00pm, B @ 3.15pm, H @ 3.30pm Lunch Supplied at Youth Centre or BYO

SUPERBOWL & MOVIES Monday 11th July

We are off to throw some balls for a couple of games at Melville Superbowi then it's off to see the latest at the Cost: \$27

Lunch BYO (buy or bring) Drop offs: S @ 4.30pm, B @ 4.45pm, H @ 5pm Bring: Socks, warm dothes

INDOOR GO KARTS & SQUASH Tuesday 12th July

Cost: \$27

Have a go at Indoor Go Karting. Super fun and at our local ride in O Conner. In the afternoon we head to the squash courts to play squash and volleyball.

Drop offs: H @ 3:15pm, B @ 3:30pm, S @3:45pm Bring: Enclosed shoes, appropriate clothing Lunch: Sandwiches Supplied

LASER CORPS SWAN VALLEY

Wednesday 13th July

We head to the Swan Valley for some winter Laser tag action. Always a fun game but it's just that bit more exciting in the winter.

Drop offs: H @ 3.30pm, B @3:45pm, S@ 4pm Lunch: Hot Dogs Provided, Tuck shop on site Bring: Warm dry clothes, shoes essential

ESCAPE HUNT GAME & TIMEZONE

Thursday 14th July Cost: \$27 Come along and try the Escape hunt game. A live interactive game where you and your team have to work out the puzzles. The rooms have all been rearranged so you won't have done them before. During the day you'll also get 2 hours of power at imezone.

Drop offs: S @ 4pm, B @4:15pm, H @4:30pm Lunch: Bring/ Buy your own in Fremantle Bring: Warm dothes, shoes

INDOOR ROCKCLIMBING & YC GAME VAULT Friday 15th July

Cost: \$27

our limits. Then it's back to the YC for lunch, to nangout and get amongst the Game Vault mobile Today we head to the Hangout for some Indoor Rock climbing. Fun for everyone and a place you can test gaming truck.

Drop offs:S @ 3.00pm, B @ 3.15pm, H @ 3.30pm **Bring:** shoes, appropriate sports dothing, Lunch: Supplied at Youth centre or BYO

