

Port School

“Flights of Freedom”



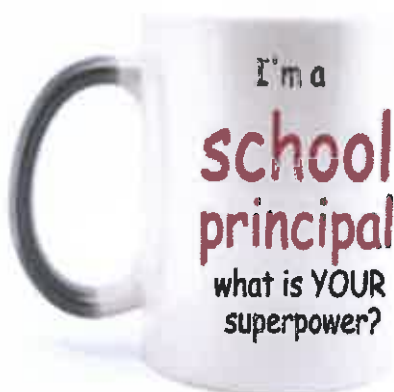
Cover Photo by: Kristal, Hayley, Jami, Caleb, Levi and Samantha

Term 3, 2016



PRINCIPAL'S REPORT

I am very pleased to be able to report to you that Port School has seven of its students either in, or close to being enrolled in a school-based traineeship. Steph, our traineeship coordinator, is doing a great job putting the traineeships in place and searching for other workplace opportunities. Traineeships give students income and are by far the best opportunity to transition into full-time employment. In order for a student to be placed in to a traineeship, we need them to attend school on time, and on a regular basis, so we can feel confident that they will turn up to their work placement.



I would like to remind all students who receive Centrelink payments, that if you have more than five unexplained absences per term you could risk not only losing your payment, but could also end up with a debt to be repaid. It is therefore important that carers notify the school if their child is ill or away from school for another reason, and to otherwise send them to school everyday that they are able.

I know that I am always banging on about attendance but it is best way for families not only to ensure that their child is getting into a study routine, but also to give them the best opportunity to transition successfully into the workforce.

As always, my door is always open should you wish to discuss any aspect of your child's school life.

Warm Regards

Barry

The first day back at school next term will be Monday 10th October.

Notable Term 4 Dates

Term 4 - Mon 10th October – Weds 14th Dec
Sausage Sizzle - Sun 30th October – Bibra Lake
River Cruise - Wednesday 7th December @ 6pm
End of Year Awards - Wed 14th December @ 12pm

DEPUTY PRINCIPAL

By the time you are reading this Newsletter, Port students will have been to Malaysia for the 2016 annual excursion. This year's focus was on raising 15,000RM (Malaysian Ringgits), which equates to about \$5,000. That has gone towards new state-of-the-art playground equipment at Klang Special School to replace their rusty dangerous old ones, something like what you see below.



Once again we can't thank our supporters enough for all their help in raising funds towards this, especially our Platinum Sponsors who each donated one thousand dollars: Northern Ladies Craft Group, Darren Harding from Customised Air Conditioning, Cockburn and the students themselves, who all took part and raised over \$1,200 at Ocean Keys Bunnings Sausage Sizzle in Clarkson.

Port **once again** has had a fabulous Term 3, and looking at the Newsletter makes us all feel proud and exhausted with all that's going on in and around the community. Locally and internationally, I think we can firmly say that Port has placed its stamp in the global world of citizenship, participation and community engagement.

As a teacher, Malaysia coordinator and now Deputy Principal, I have been privileged to be part of many initiatives over the last seven years, none more so, than being lucky enough to receive a global award on behalf of Port School in Port Dickson, Malaysia last month.

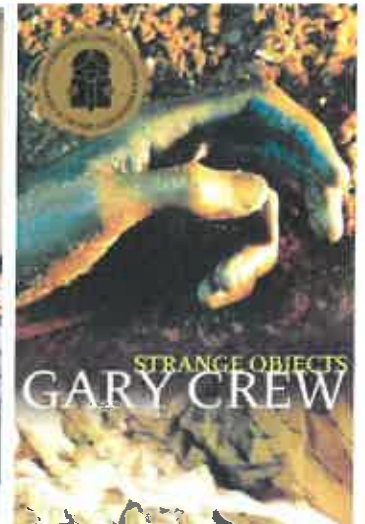
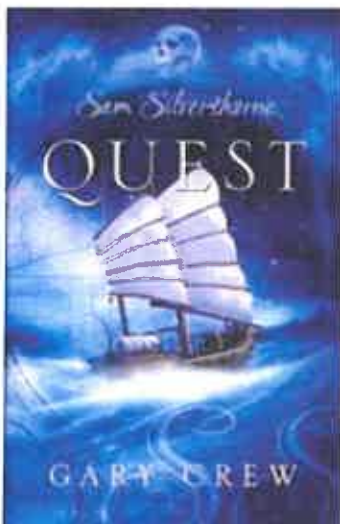
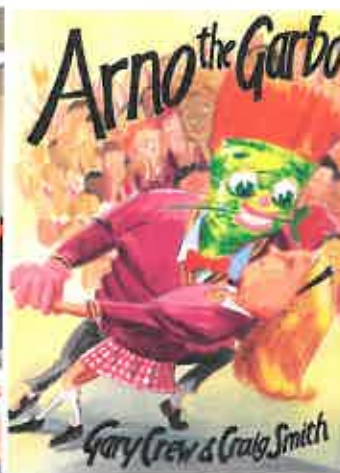
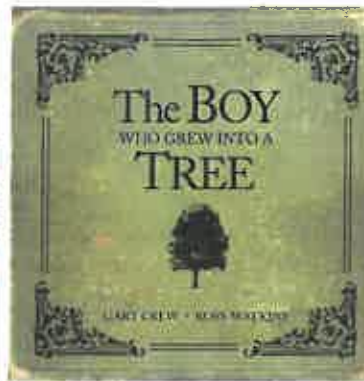


This would not have been possible without the students, our supporters, parents, staff and all the people who have supported the Malaysian international project over that time. I can only say thank you for making the job, fun, challenging and very rewarding.

Mike Gilbert

ENGLISH EXCURSION

Port students have been lucky enough to be invited to an amazing day at the State Library of WA, thanks to the Association of Independent Schools of Western Australia (AISWA). They took part in a variety of workshops including hearing from Australian author Gary Crew, who kindly delivered workshops around story telling and creative writing. Students luckily received signed copies of his books, thanks to AISWA and Gary himself.



Another exciting part of the day was to experience local rapper MC TROOTH. TROOTH is a Perth native with a passion for rapping. He is inspired by life and hip-hop and has been song writing since the age of 13. From humble beginnings, the rapper has seen his fair share of the negative aspects of life, but music is his liberation. "It is my freedom from the pressures of the world, it is my oxygen, expression and respect is my survival". Rapping from the heart, TROOTH delivered stories and rhymes of his life experience and his lyrical prowess is creative and artistic. His main philosophy in life is to "be true to yourself and your art".



STUDENT SUPPORT

Hello to the Port Community,
Term 3 is always a tough one, and so first off I would like to congratulate everyone, students and staff, for getting through it! Nevertheless, it has been just as inspiring and rewarding as any other I've had here, and I wouldn't have missed it.

I think that I am beginning to become part of the furniture around here now, it's only taken a year and a half, but I am definitely feeling like I am wholly part of Port School now, and this is played out in the number of people who regularly talk to me or who come to me for a chat or some guidance a little less regularly. I am there for everyone however, and I would encourage those who have yet to meet or talk to me, to come up and knock on my door, or stop me about the place, and find out a bit about me.

As per my past entries in the Newsletter I want to use this space to talk a little bit about the stuff we can all do to produce a better outcome for ourselves when it comes to mental health and wellbeing, and this term the topic is *exercise*. Now for some this will pose no threat, nor be new information, and for others this will be a word that creates some serious discomfort, for lots of different reasons...nevertheless, a key factor in how well we cope with the stuff life throws at us, is how fit and healthy we are. Exercise supports the production of good hormones in the body and the gut that make their way into our minds, and influence how well we think, cope with stress, make decisions, and feel about things generally. To not exercise is to invite unhappiness and bad feelings into our lives, not to mention poor health generally.



This exercise can take many forms, but as long as whatever you do, be it walking, running, swimming, skateboarding, or anything else physical, you do it consistently, that is regularly, for the same period of time each time you do so. The effects on how we feel, how we cope with stress and so on will be significant. So like all this stuff, give it a try and see.

Take care of yourselves and each other, and remember that I am always ready to hear from you. You know where I am by now, so see you soon.

Myles

STUDENT SUPPORT CONTACTS

Myles Durham - Tel: 08 9335 6323

Email: myles@portschool.wa.edu.au

OUTREACH PROGRAM

At different stages of a student's life they can, for a variety of reasons, become disconnected from school, their peers, their community or their family. Port School's Outreach Program aims to create a bridge that helps connect the student's back into life and back into the school environment.

Many young people these days can feel anxious, stressed or start to feel down about themselves. They may be having difficulties with friends, family or be having a hard time at school both academically and/or socially. We understand that for some young people there is a need to share a problem with someone and to gain some insight and advice as to **what they** can do in order to help themselves.



Our program aims to help improve social, emotional and physical wellness and, if necessary, can link the student in with the appropriate professional/agency to help see them through this time. Our team of Outreach staff works together in providing alternative and flexible options for the student.

The program offers one-on-one support both externally and at school, providing academic programs suitable to the individual. Our team of Outreach workers is dedicated to the program and aim for success by valuing these principles:

- One-on-One support
- Community based activities
- Addressing social and emotional wellbeing
- Nurturing ones strengths
- Encouraging resilience
- Setting individual and achievable goals
- Alternative timetables
- Reintegration

Megan & The Outreach Team

WHY DO SOME PEOPLE FIND MATHS SO DIFFICULT?

In 2005, [Gallup conducted a poll](#) that asked students to name the school subject that they considered to be the most difficult. Not surprisingly, mathematics came out on top of the difficulty chart. So what is it about math that makes it difficult? Have you ever wondered?

[Dictionary.com](#) defines the word difficult as “not easily or readily done; requiring much labor, skill, or planning to be performed successfully.”

This definition gets to the crux of the problem when it comes to math—specifically the statement that a difficult task is one that is not “readily” done. The thing that makes math difficult for many students is that it takes patience and persistence. For many students, math is not something that comes intuitively or automatically - it takes plenty of effort. It is a subject that sometimes requires students to devote lots and lots of time and energy. This means, for many, the problem has little to do with brain power; it is mostly a matter of staying power.

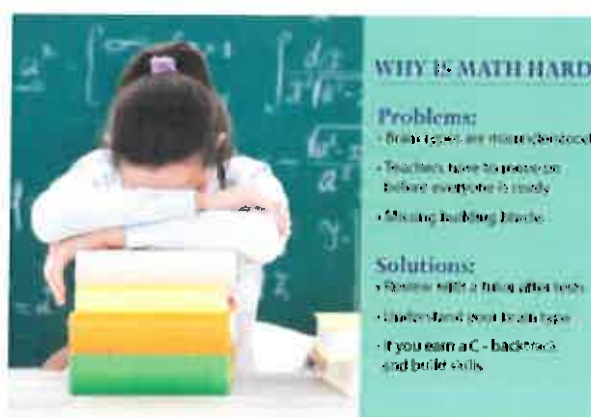
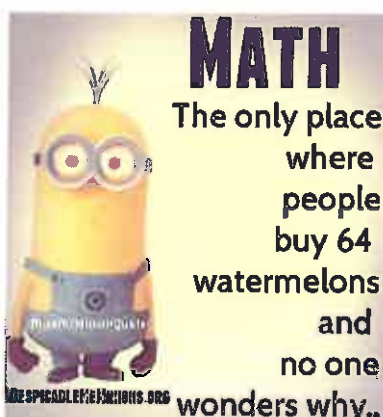
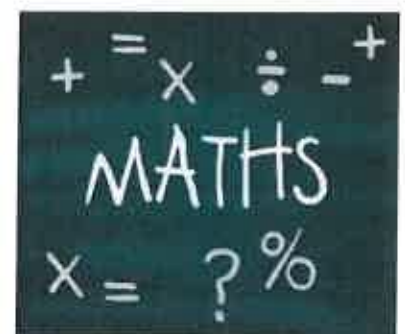
Extract from: <http://homeworktips.about.com/od/mathhomework/a/mathishard.htm>

Hi All,

The reason I included the above article in this terms Newsletter is because I am consistently hearing from our new students that maths is “too hard” and that they have not being able to do it in the past. It has been heart-warming and encouraging to witness many of our younger students (those who have being here since the start of the year) dispel this myth! They are now starting to see for themselves that all maths takes is patience and effort. It will be exciting to watch our new students make the same discovery in the weeks to come!

We are now at the time of the year that many of the older students need to be considering their options for next year. For these students, it is important that they recognize the above research and get on with a heads down approach to their Certificate one and two work. It would be fantastic to be handing out completion certificates at the end of the year to many students, but this is only going to happen if they persevere and truly try hard in maths class.

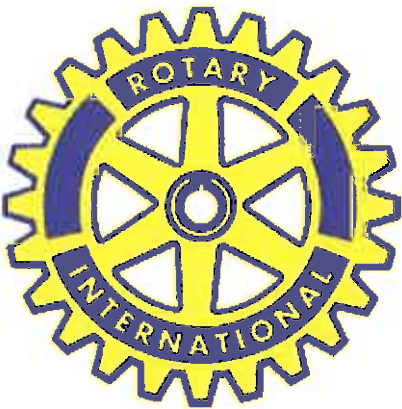
I look forward to the weeks ahead!
Andrea



PUBLIC SPEAKING AT THE ROTARY CLUB OF EAST PERTH

At the end of Term 2, Hayley O'Neill and Jarrod Harrison were invited to join the Rotary Club of East Perth to talk about their experiences on the Rotary Youth Program of Enrichment (RYPEN) 2016. Hayley and Jarrod, along with Courtney Knowles, were invited to be part of the RYPEN weekend that involved over 50 youth from various schools partaking in team building, goal setting, building self-esteem and resilience, as well as a number of other activities and guest speakers. The Rotary Club of East Perth was generous enough to sponsor these students to attend the camp, and to invite them to an early morning breakfast to relay their experiences.

Making a Difference



Hayley and Jarrod were enthusiastically embraced by the East Perth Rotarians and bravely spoke to the group about their experiences on the camp and what they gained out of the involvement. It was great to see these two students face their public speaking fears and talk so passionately about what was obviously a life-changing weekend.



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Proudly Supporting Port's Malaysia Excursion 2016 & Klang Special School

A huge thank you to Darren Harding, Director of Customised Air Conditioning for an extremely generous donation to this years fundraising for Klang Special School. People's kindness always amazes us.

Please support Darren and contact his business directly for all your air conditioning needs

HEALTH AND WELLBEING

This term in Health and Wellbeing, students have been focusing on self-image and self-esteem. In particular, we have been looking at how these are constructed and what influences young people's self-identity.

Students have identified the importance of social media in determining how good or bad young people may feel about themselves, and they have analyzed and evaluated both the positive and negative contributions that social media can make to young people's lives.

They have also considered the idea of 'code-switching' – that is, the need for people to adapt to different social situations and to show awareness of social 'norms' and etiquette. For example not wearing the same clothes you would wear to the skate park with your mates to a job interview, or not using the same language you might use when hanging out at a gathering when you are having high tea with your nana!

It has been an awesome term with some fantastic work being produced by students – showing that the academic culture here at Port is definitely on the rise!

Raf



HEALTHY SNACK IDEA: AVOCADO CHIPS!! YUMMOOOO...

Ingredients

1 egg, lightly beaten 2 cups Japanese bread crumbs 2 avocados, cut into wedges Lime wedges, to serve

Dipping sauce

3/4 cup Greek yoghurt 1 tablespoon lime juice 1/2 garlic clove, crushed 1 tablespoon finely chopped coriander

Method

Step 1

Preheat oven to 240C or 220C fan-forced. Line a baking tray with baking paper.

Step 2

Place egg in a shallow plate. Place breadcrumbs in a second shallow plate. Dip avocado in egg to coat, then dip wedges in breadcrumbs to coat. Place on prepared tray. Spray with cooking oil



and season with salt and pepper. Bake for 10-12 minutes or until golden and crisp.

Step 3

Meanwhile, combine all ingredients for dipping sauce. Season.

MOBILE CLASSROOM



The bus becomes a whiteboard for the day



The Mobile Classroom continues to grow, develop and evolve into a meaningful, context driven environment for the participants to engage in, feel part of and contribute to, not just educationally but importantly, in a holistic manner. The boys have been exposed to a number of challenging situations and environments this term and as a result have forged a strong bond, which has in turn created a very cohesive, communicative and positive culture within the group. It has been acknowledged that although winter has been long and cold and somewhat restrictive in outdoor opportunities, with spring just beginning and the weather warming up a whole host of new activities will become available.





ST. PATRICK'S
COMMUNITY SUPPORT CENTRE
Serving - Supporting - Caring

STUDENTS VOLUNTEER

Port students have been embracing the community aspect of their Certificate II course in Community Services by volunteering at St. Patrick's Community Support Centre in Fremantle.



Students Hayley O'Neill & Carly Bleach are pictured with Gary, the kitchen supervisor, prepping/cooking and serving meals for homeless people in the Fremantle area.



The clients enjoyed our soup, beef stew and banana custard.



Well done girls, fabulous community job.

ABOUT ST PAT'S

For many of us, our priorities centre around family, work, home, friends, sport and even our next holiday destination. The priorities for a homeless person, however, are simple:

"Where will I be safe tonight and how can I find my next meal?"

Since 1972, St Patrick's has worked to help those who are homeless, or at risk of being homeless in Fremantle and the wider south west metropolitan region of Perth. Our goal is to serve the community through giving holistic, supportive and quality care to those most in need through services such as emergency relief housing, meals, welfare, education, recreation and health.

Helping people to return to independent living, a safe environment and a better quality of life are key to what we do!



ST. PATRICK'S
COMMUNITY SUPPORT CENTRE

NEED HELP?

Homelessness could happen to anyone at anytime. If you or someone you know is currently in need of help – act now! Contact St Pat's between 7am and 4pm on (08) 9430 4159 admin@stpats.com.au or refer to any of the below links for emergency 24/7 help or further information. Don't Wait – Call Today



At St Patrick's, our dedicated staff and team of volunteers, work around the clock to provide healthy and nutritious meals 365 days per year.

**More than 40 years
helping the homeless**



PHYSICAL EDUCATION

Port School PE provides an inclusive environment that enables students of all abilities to participate in fun and challenging activities. Physical Education in Term 3 has consisted of various strength, speed and skill based activities.

This term we have continued to challenge students with Fundamental Movement Skill exercises that have included weight based challenges and a focus on object control activities.

physical education



"every child is a winner when they try their very best!"

This term the Physical Education activities have been designed to challenge students to compete against each other in two-minute high-intensity interval exercises that have included medicine balls, volleyballs and balloons. The students would rotate through the High Intensity Interval Training (HIIT) exercises attempting to improve their recorded times. I have found that this type of physical exercise has been the best way to deliver the PE program at Port School, having students work hard doing skill-based activities for two minutes and then repeating it several times in the class.

I attempt to have the PE students complete about ten minutes of HIIT training 2-3 times a week. Research shows this training will improve your health, promotes human growth hormone production and improves strength and stamina.

"WE CANNOT ALWAYS BUILD THE FUTURE FOR OUR CHILDREN, BUT WE CAN BUILD OUR CHILDREN FOR THE FUTURE".



Brad Rowden - Sports Chaplain

TeamSport

This term the Port School Team Sports program has continued to expose students to activities that provide them with the opportunity to improve their fitness and skills in a team environment. Some activities we have participated in this term are Cricket Ball, Frisbee Baseball, Indoor Cricket, AFL, Flag Rugby we have also developed other games for our program.

We are really happy with an improvement in skill and sportsmanship this term by the students. We are also happy with the introduction of a leadership group in the program. We are hoping the student team sports leaders will promote and cultivate a positive environment for students. The Team Sports program exposes students to important lessons in personal values, where they learn teamwork, leadership skills, and appreciation of different abilities, respect for teammates, opponents and officials, as well as the opportunity to build resilience through sharing positive and negative experiences.

The staff endeavor to provide fun activities for the students and would ask parents to have a conversation with their children about the program and encourage them to be involved in Team Sport, as it is not about how good you are in sport but it's about learning those life skills and personal values which sport provides.

Brad, Megan & Mike

THANK YOU

Port would like to thank Janine and her staff from Transitions Health & Fitness for her support of Port School students. Janine offers her Gym facilities to the students on a weekly basis.



Unit 2 / 234 Berrigan Drive, Jandakot

 08 9414 1344

At Port we promote a healthy mind, healthy body ethos and the structured facilities offered at Transitions Health & Fitness have certainly enhanced our program and improved student fitness levels.

THE WORKSHOP

& CONSTRUCTION

This term has in part been about consolidation and preparation. We have spent a lot of time putting the finishing touches on the cubby house, students have been involved in putting on the pitched tin roof with its flashing, painting the cubby house (universally disliked by all but nevertheless a really important part in the final presentation of the project). We have also installed windows and artificial grass on the inside. We still need to construct stairs and a few minor things but then it is for sale, a perfect Christmas gift for a young family @ \$2,000. Please contact the school if you are interested.



The cubby house, slowly taking shape. For Sale in Term 4.



We have also been preparing for our work on the vintage boat, which will include restoring the trailer, restoring and installing the motor and work on the hull. It is going to take a lot of work, but like many projects of this nature there will be rewards in seeing the final product, which I am sure will be stunning.



1950's Lewis timber speedboat



Certificate II Construction crew on the Fairbridge Camp

There is also an emphasis on more private projects, with a group of students making some nice occasional tables in Jarrah, as well as some of the younger students working on some leather projects. Lots going on as always in the workshop with some really nice work being completed.



Just **because** some people are fueled by drama doesn't mean you have to attend the performance

Port Students

"It does not matter how slowly you go as long as you do not stop"

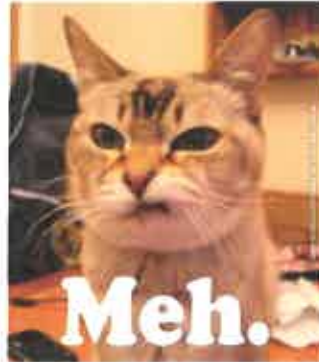
Confucius



We have a lot of fun here at Port, some days we might feel



But we are such a strong community that we band together when times are tough! And we can always run to the art room or PE to get away from those annoying core teachers!



Port school is like one big family, everyone's like brothers and sisters from other misters, none of the older kids tolerate the bullying that goes around, everyone have each others backs, like a family would

So port is one big family
~ Kristal & Levi



And if all else fails:



COOKING @ PORT

The kitchen at Port continues to create, cook and cast out an array of delicious dishes focusing on whole foods and importantly flavour! This term we've cooked a number of Malaysian dishes to prepare the students taste buds including Beef Rendang, Nasi Lemak, Satay and Roti Canai. We have also continued to warm the winter months by cooking stews, soups, risottos and puddings, as well as students' favourites such as hamburgers and pasta bakes.



As the weather warms up next term we'll be excited to bring back our morning tea specials of yogurt muesli cups and bacon and egg wraps.



We'll also be creating some substantial salads and sensational sandwiches. See you in the kitchen!



PORT SCHOOL PASTRY PIZZAS

Ingredients

- 2 sheets frozen puff pastry
- 1 small tub tomato pizza paste
- 1 small zucchini, sliced thinly
- 100g ham, sliced or torn
- 200g cheese, grated

Method

1. Preheat oven to 220°C
2. Remove pastry from the freezer to thaw slightly then halve the pastry sheets and fold in the sides of each piece to make a 5mm border. Place on sheets of baking paper and place in oven to par bake for 15-20 mins or until the pastry is baked enough not to stick to the baking paper when moved.
3. Remove from oven and poke a hole in the risen area to let the heat/air out then spread with tomato paste. Top with zucchini, ham and cheese and return to oven for a further 10-15 minutes until cheese has melted and base is crisp.
4. Take out and enjoy!



PORT EARLY LEARNING CENTRE



Playgroup - Term 3

This term we have developed our sessions around the importance of Messy Play though a collaborative approach. A variety of different experiences have been set up so that families can explore and be creative together. We have had some great sessions and it has been fantastic to see all our families getting involved.



The benefits of messy play

"Children are active learners and learn through play. Messy play is particularly valuable because it stimulates many of their senses at once. They can feel, smell, see, and sometimes even taste the consequences of their messy active play."

Children are doing many things at once when engaged in messy play. They can be observing, creating, building, exploring, imagining, discovering, investigating, interpreting, even relaxing. They are the ones directing the learning opportunity."



Experiences that we have explored are:

- Collaborative painting using everyday household materials
- Experimenting with making play dough and gloop
- Shaving foam with glitter was a great hit with Mason and his mum
- Ella and Tre spent the morning eating the edible paint made yoghurt and jelly crystals



EARLY LEARNING CENTRE FUN



We would like to say a warm welcome to our new families who have joined us this term. It has been busy in the ELC settling in our new children and welcoming back our established children. Our younger babies are all now crawling and moving around the centre and exploring the garden. It is amazing to watch how fast and active they have all become.



Zavier and Mason have been exploring risk-taking with real tools. We have a tool bench and a tool kit with some real life tools, which has been a favourite resource for the boys to explore in Term 2. This term we added in a real life hammer and nails. With adult supervision a building project began.



It's amazing how children can develop a range of skills such as problem solving, enquiry, experimentation, hypothesising and investigation and demonstrate this through play.

Fiona, Kathy & all the ELC Team



Young Parent Centre

The Young Parent Centre has welcomed several new parents and their babies this term. Several students are now engaged in Certificate courses in Port School, including sport and recreation and hospitality. It is great to see them actively pursue educational goals.

This term Kathy from the Early Learning Centre has been facilitating cooking classes, with the emphasis on cooking with what you have and on a budget. The students have made some incredible meals from scratch including butter chicken, homemade pasta carbonara, pizza and apple crumble.

Two of the students are busy putting together a cool book of all these tested recipes as part of their Certificate II. They are then hoping to get them printed into a hard cover recipe book and sell them in Term 4, with any profits going towards new resources in the Young Parent Centre and next years Malaysia trip.



We would like to say a big thank you to Matt and all the students for the cooking on Thursdays. We are very appreciative and next term the Young Parent Centre will also come in to help.

Next term the Young Parent Centre will be welcoming a new teacher, Chloe Cook, who has had significant experience with working with young mums and youth at Clontarf Aboriginal College. Chloe will also be involved in extracurricular activities both in the Young Parent Centre and Port School.

As we go into Term 4, we wish everyone a safe holiday period, as we look forward to counting down the days until Christmas.

Enjoy your holidays ☺

Michelle



Port



Students & Staff Christmas Swan River Cruise

2016

Wednesday 7th December 6pm - late

Students - \$15 and Bring a guest for \$30

Price Includes: Transport, Disco, Three Course Meal and unlimited soft drinks

(This excursion is heavily subsidised as it costs the school \$70 per head)



Book your place with Nolene in Term 4



Port School Christmas Party & End of Year Awards

You are invited to attend this
function on

Wednesday 14th December

Arrive 12pm

Lunch Served 12-30pm

62 Wheeler Road, Hamilton Hill

R.S.V.P to nolene@portschool.wa.edu.au

or

Call: 9335 6323

Facebook Message: Port Hamilton Hill

Students are encouraged to bring up to two family members, guardians or carers

Julian YX



Apex Global Participation Award 2016

Port School is delighted to announce that after five years supporting Klang Special School in Malaysia, that they have won a Global Apex Project Award jointly with the Apex Club of Klang. The accolade acknowledged the support they have all given the school and the special three way international relationship that has developed over that time.

Mike Gilbert, Deputy Principal & Malaysia Coordinator from Port School, Perth, was inducted as an Honorary Member of Klang Apex Club only two days before the award, for his international work over that time. Mike has served over 23 years in service groups including Round Table in the UK, Apex in Australia and more recently joining Mindarie Rotary Club in Perth, Western Australia.

Both he and Rovin Raj, the Klang Apex Club President, jointly accepted the sought after prestigious trophy by outgoing Global Chairman - Kate Huth at the Royal Port Dickson Yacht Club after beating other projects in India, Bangladesh, Malaysia, Fiji, Singapore, Philippines and Australia.



A spokesperson for Klang School and Selangor Association for Mentally Handicapped said, "We are delighted that the award has gone to such amazing recipients. Klang Apex Club has supported us since the 1980's, and Apex Australia as an organisation since 2009. Mike and the Port School team took us on as a project in 2012 and have donated much needed resources, equipment and funding over that period."

Port School has, for the last 5 years, annually taken over ten students from its school near Fremantle, adding a cultural, leadership and international theme to their timetable. Port has made many friends over the journey and has had support and donations from far and wide. The highlight was in 2015, when Mike and the team were successful in gaining a Department of Foreign Affairs grant for \$17,500 that funded Port to go to Malaysia and six Klang Special School students and two teachers to be able to come to Perth on a trip of a lifetime.



By the time you are reading this article, two Port staff and eight students, once again will have headed to Malaysia for another ten-day excursion and experience not to be forgotten. Taking in the cultural aspects of Malaysia, whilst helping out Klang Special School again. This year they have raised \$5,000 equating to 15,000RM (Malaysian Ringgits). The money will be going towards much needed, brand new outdoor play equipment to replace the rusty, dangerous and very outdated ones they currently have. Local Malaysian businessman and parent of a student, Mr. Kenny Yang, has been helping to remove the old play equipment and get the area prepared for the new state-of-the-art play facility.



The award and international accolade must go to all the friends, families and supporters of the initiative over the 5-year duration in both countries. Multiple people have been involved over the journey in this very special project between two amazing schools. Whilst there, National Apex President, Mathew O'Donnell also presented Klang School a cheque for \$11,271 from Apex Australia.





\$1,000 donation for Malaysia Excursion
by the

Northern Ladies Craft Group

Over the last few years Northern Ladies Craft Group have donated over \$3,000 to Port's annual Malaysia excursion, helping out with donations to Klang Special School and Port's excursion costs. The ladies group who meet weekly in the Northern suburbs have closely followed what Port do overseas and liked it so much they decided to help and do their bit as well.



Port's 2016 Malaysia students and Malaysia Coordinators, Mike Gilbert and Joy Cromwell along with Chairperson Anne Gee and Principal Barry Finch were delighted to welcome the ladies to Port School last month to accept the kind and very generous donation. As part of their visit students gave them a tour of the school facilities and hosted a morning tea and lunch catch up.



Whilst on their tour, not satisfied with donating \$1,000, the ladies had also made an amazing wall hanging for the children of the Early Learning Centre. Mike Gilbert commented, "This is community relationship building at its best and for some reason, the Malaysia project and links with Klang Special School and Klang Apex has touched the heart of many over the years with support coming from far and wide". Chairperson Anne and Principal Barry thanked the ladies for their support and presented them with a framed certificate of appreciation and some personal thank you gifts for their support over the years.

Jurien Bay Community Service Project

Pre-Malaysia Camp

Malaysia 2016 students spent three days in Jurien Bay at the Apex Camp helping out around the site. Overseas excursion staff uses this trip as a good way to fine-tune the dynamics and see if the group is suitable to be able to go to Malaysia for ten days.



Mike and Joy, this year's Malaysia coordinators were very proud of the efforts which included a big clean up of branches after winter storms, mowing lawns around the camp as well as laying a new patio and driveway.



Apex Camp Chairman - Steve Duda and his board members were delighted with the students' efforts and the support they have given the camp during this visit. Well done to all.



And as always, there is always time for a bonfire and a walk to the jetty during the stay in Jurien.



Malaysia Fundraiser



@



Klang Special School

Bunnings

Eight potential Port Malaysia students turned up for a very early start at Ocean Keys Bunnings, Clarkson for an all day sausage sizzle fundraiser. The students pretty much ran the sausage sizzle all day on their own, which was fabulous to see. Wrolf van Munster from Apex always supports us and Klang School, and a big thank you to him for coordinating the food through IGA, which meant about 720 snags were sold and \$1,207 was raised for Klang School. Well done to all, proud to be a Port staff member and watch them take part in such a great community event.



Thanks must go out to Joy and parents/grandparents for driving students there and for supervising during the day. This sort of community engagement is looked upon very favourably when Mike and Joy have to choose the eight people who get to go to Malaysia in September.



Total Raised = \$1,207.00 which means 3,621 Malaysian Ringgits



Watch this space!

Port has taken delivery of six canoes and trailer on permanent loan from Apex Camp Jurien. The canoes have been sitting unused in a shed for some time now and the camp's Board feels that Port students will benefit from using them.



The Port staff who have First Aid and Surf Rescue Lifesaving qualifications are very keen to integrate them into various aspects of the program as the weather warms up. Discussions are already being had about overnight trips on the Avon, a meander down the Murray River through Dwellingup or just a day on the Swan River near Fremantle.



These will be great for our more formal outdoor education programs, overnight camps and could also easily fit into part of the Duke of Edinburgh Expedition program. Staff can also use as a reward for great work and just head more locally for a morning or afternoon of fun on the Swan River near Point Walter and Blackwall Reach.



TERM 3 IN THE ART ROOM – MATT JACKSON

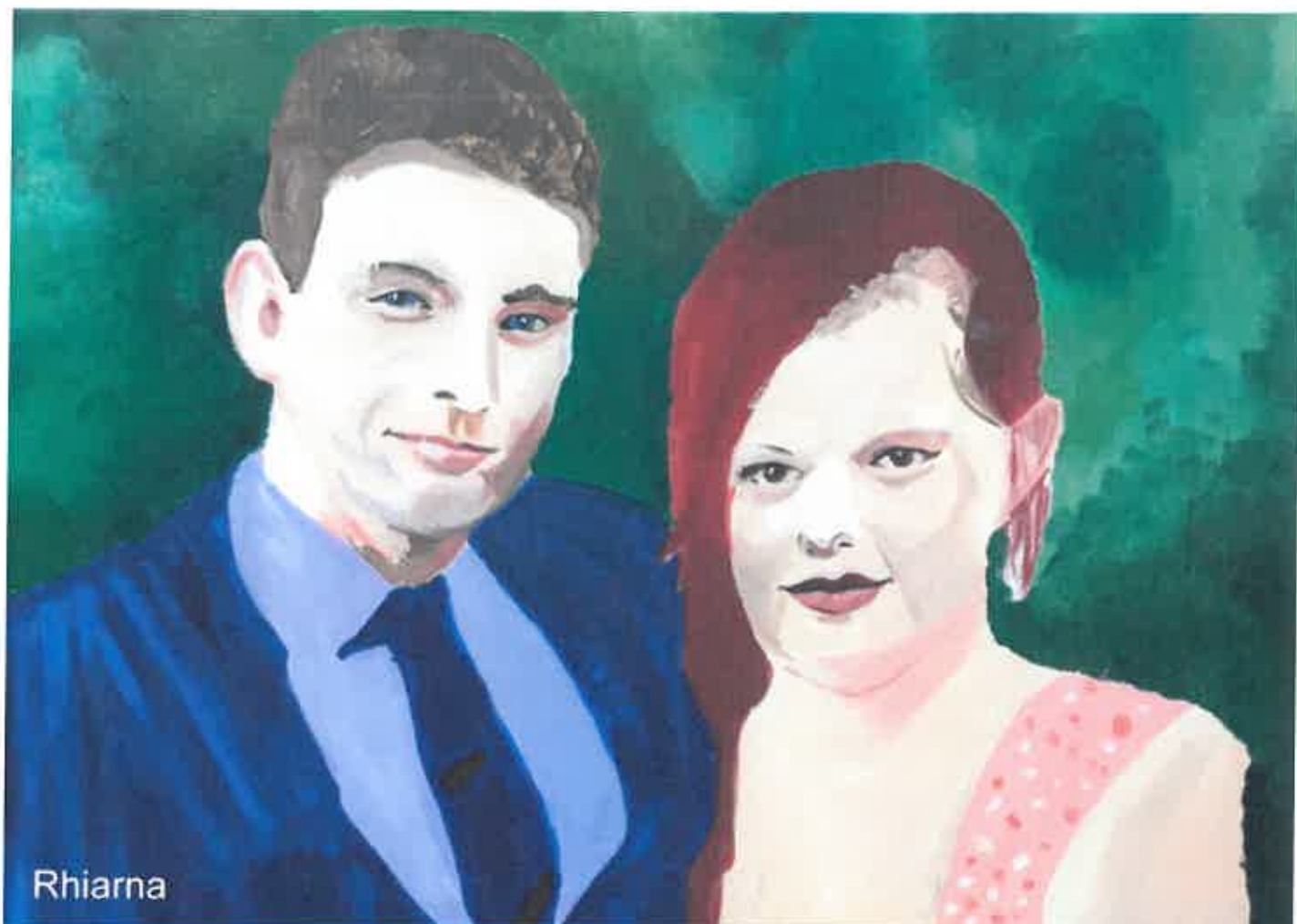
An exciting Term 3 is well underway in the art room. With the theme “Drama, Movies and Entertainment”.

We are seeing a huge volume of movie posters, modernised fine art and graphic novel pages in progress. Students have been having fun altering existing movie posters and coming up with their own take on their favourite movie artworks.



With an influx of new students and the persistence of existing students, we’re witnessing a renaissance of really incredible painting. Some students finishing their portraits from last term are producing works worthy of exhibition in the Archibald prize. Oscar Wilde once wrote “A work of art is the unique result of a unique temperament”, and with the plethora of unique temperaments at Port School we are seeing some truly unique results.





Rhiarna



Jami (work in progress)

BIBBULMUN TRACK AND BACK



It was a cold and wet August day
When we set out from Port to make our way
To Mundaring Weir and the Bibbulmun track,
Where we were off to for a night, would we make it back?

Eleven K's in and the same back out.
The boys were confident, we had doubts.
Setting off for adventure and a few tall tales,
Our ponchos on and only minor hail.
The journey in was a challenge with the drizzling rain
But the only complaints were 'this walking is lame'.

Dylan set a top pace keeping Phil at his back
And Jay just behind practically running the track.
Omar regaled us with rollicking rhymes
Of Biggie and Tupac and their happier times.
Seb meandered along keeping the sole to his shoe
And Aziah collected sticks, upgrading a few.

Josh hit the front in the afternoon light
The first to set eyes on our place for the night.
We unpacked our bags and lit a warm fire
Then cooked and ate dinner as we began to tire.
Ghost stories around the fire, the boys all acted tough
But when settling for the night they left their tents for the hut.

A cool and crisp morning after a cold and restless sleep
We were happy to eat porridge and get moving on our feet.
The journey back was quicker with the promise of food.
Subway was calling and the boys were in the mood.

In the bus and back to Port a safe harbour from the storm
We made it back alive, if a little sore.
'Would you do it again fellas, next time with no rain?'



Employer Community

Port and its students extend a warm welcome to the newest members of our Employer Community.

Port is fortunate to have these local businesses supporting our young people. They will be offering **Work Experience and School Based Traineeship opportunities.**

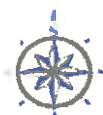


Rebekah and Stacey at Cockburn Dome Cafe



RAD BRASHAW GUITARS

Individually hand-made stringed instruments from Western Australia



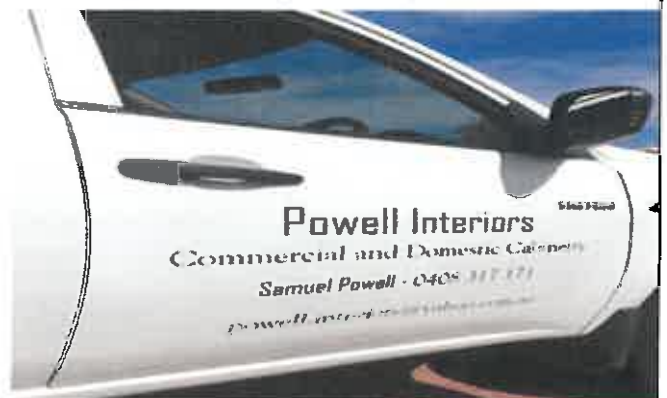
**Swarbrick & Swarbrick
Yachts**

Please show your support for the Employers who support and engage Port students

Their membership of this 'exclusive' community adds huge value to our students' school years and beyond.



Tony at Anthony Docherty Furniture



Powell Interiors, Bibra Lake



Know an employer who may be interested in joining? If so, please get in touch with Steph Daniell, Port's Employment Coordinator

Proud to deliver

THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD



Port is pleased to announce that it will be working with the Duke of Edinburgh Awards with Matt Hopkins kindly leading this on behalf of the school. Port already undertakes many aspects through its varied programs and Matt will now be working to collate that information with other staff and students.

About the Award

The Award is a leading structured (non-formal education) youth development program, empowering all young Australians between age 14 to 25 to explore their full potential regardless of their location or circumstance. The Award is a fully inclusive program and has no social, political, or religious affiliations.

How is an Award Achieved?

- Each young person who takes part in the Award learns a skill, improves their physical well being, volunteers in their community and experiences a team adventure in a new environment. All Participants are supported by a network of adult Award Leaders, Assessors, Supervisors, and mentors.

The key elements of our program are:

- Open to all between the ages of 14 to 25. Three levels: Bronze, Silver, and Gold, each progressively more challenging.
- Four Sections: Physical Recreation, Skill, Service, Adventurous Journey (plus Residential Project - Gold Level only).
- Achieving an Award recognises individual goal setting and self-improvement through persistence and achievement.

What impact does the Award have on a young person?

Through this challenging journey of self-discovery, our Participants:

- Are equipped and empowered to achieve their personal best;
- Learn to take responsibility for their goals and choices;
- Become connected to and actively engaged within their immediate community;
- Make a real difference to society through their positive contributions and involvement;
- Learn to persevere and overcome barriers to success;
- Learn important life skills; and Increase their career opportunities.

A longstanding global network

- Today more than 140 countries have adopted The Duke of Edinburgh's International Award program with over 8 million young people having participated worldwide. Locally over 700,000 young people have completed the Award in Australia in the past 57 years, with on average 40,000 very diverse participants annually working towards achieving an Award.

The Fundamentals of the Award

- Regular participation in activities is required to meet the time requirements of each Award Section & Level.
- Focuses on capacity building by encouraging all young Australians to make independent decisions and to negotiate priorities through participation.
- Provides a framework that works with all young people in any conceivable situation. This includes youth at risk, Indigenous youth, new refugees, marginalised youth, young people in regional and remote communities, and young people with disabilities.
- Assists with the provision of social infrastructure in the community and draws together and connects people, institutions and generations with the common purpose of youth development and inclusion.

There are three levels to the Award:



Each level of the Award has four sections:

