



Port School

Term 2, 2018



Bella Blue by: Jami Laxton

ACTING PRINCIPAL'S REPORT

MIKE GILBERT

Well, Barry is taking well-deserved long service leave in the warmth of the North. I am holding the fort, entrusted with leading our great team in the South, along with Kahleesi Joy acting as Deputy. It's sounding like a Game of Thrones scene, let battle commence!



In all seriousness, what a term it has been and half way through the year already. With over 120 students now on roll since February this year alone, Port's offerings continue to amaze staff, students, parents and our partner agencies alike. I firmly believe that we are presenting our diverse range of students with the best possible educational programs and experiences to enable them to achieve in the longer term.

Once again I would like to reiterate the age-old proverb, "It takes a village to raise a child". The meaning infers that it takes an entire community of different people interacting with children, in order for children to experience and grow in a safe environment. The villages would look out for the children. This does not mean an entire village is responsible for raising the children.

At Port, we feel we do this well, but we need your continued support to keep talking to us, communicating the good, the bad and the ugly in an open honest way that allows us all to help our students, whatever challenges they may be facing, however big or small. Our Individual Education Plan process continues to strengthen focusing on student needs. With ever-increasing staffing levels, those needs are being met educationally, supportively and through a nurturing, propitious and encouraging environment.

Our school's core values of Diversity, Growth, Community & Empowerment have never felt more aligned to our students' needs than they do currently. That's an accolade to our Principal, Board and Staff, who have enabled the fast transition to what we have become today.

Diversity, Growth, Community & Empowerment

Port's building programs are well and truly underway with the new Administration Block forging ahead, as we speak. This will be very advantageous to our ever-increasing staffing with new Principal & Deputy offices, Counselling rooms, new Staff workstations and a state-of-the-art Staff and Board meeting room. Paul, Phil, Tim and the students are making an amazing 4.5m table for meetings that will accommodate over 20 people. It is great to see the staff and students so engaged and involved in the project.

Lastly, it's time to recharge the batteries, relax with family, friends, maybe take a trip away and, perhaps, indulge yourself by the campfire. We encourage you all to refresh and return to start Term 3 wanting to embrace your education and your learning. Have a great break

Mike

Regards

Mike Gilbert



The first day back at school next term will be Monday 16th July

Notable Dates for 2018

Term 3 Dates - Mon 16th July - Fri 21st September
Port Art Exhibition - Thursday 23rd August
Malaysia Excursion - Sun 9th Sept - Thurs 20th Sept
Queens Birthday - Monday 24th September



25 FOR 25

In it's 25th Anniversary year Port Schools students, staff & friends would like to raise funds to sponsor 25 orphan students to attend Klang Special School in 2019. This is a huge challenge that needs your help



Klang Special School

For a student to be able to attend Klang Schools educational programs it costs 2,400RM (Malaysian Ringgits) per annum, which equates to approximately \$800. This gets the students 1 year's education, all their meals throughout the day and their uniform. You can make a difference to their lives through any of the following:

- **Business/ corporate sponsorship** – Make this an annual donation from your company or business
- **Individual sponsorship** – make yourself feel good knowing you are helping
- **Family sponsorship** – Allow your family to experience helping others by making an amazing family gesture
- **Club or group sponsorship**– get the team together and chip in for one or more students

By donating through Port we are able to offer Individuals and Businesses a tax receipt
 Donations can be made through Port School Incorporated who have worked
 with Klang Apex Club and Klang Special School for the last six years.
 (No administration fee is taken out, all monies go directly to Klang Special School for student fees via Apex Club of Klang trust account)

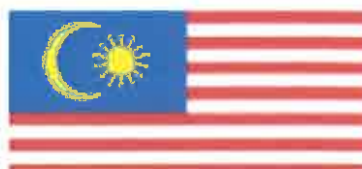
Port School Incorporated Bank Details

NAB - Port School Inc

BSB: 086-006

Accounts 39 395 0495

Please email Mike Gilbert - Deputy Principal on mike@portschool.wa.edu.au to advise of donation





Dionne, with local artists Dan and Darren led our Port budding artists with some awesome street art on our sea container over the last two weeks. The project depicts elements of Fremantle, the school's 25 year history and is a celebration of that journey.



Thanks must go out to Steve Garvey for his time in assisting with the prep in readiness for the project.



ART *in* ACTION



GROUNDBREAKING

After what seems like an age due to project compliance delays, we have finally broken ground on the new Administration Block and it's



ALL SYSTEMS GO



Architectural floor plan of the second floor of the building. The plan shows various rooms and structural details. Key areas include:

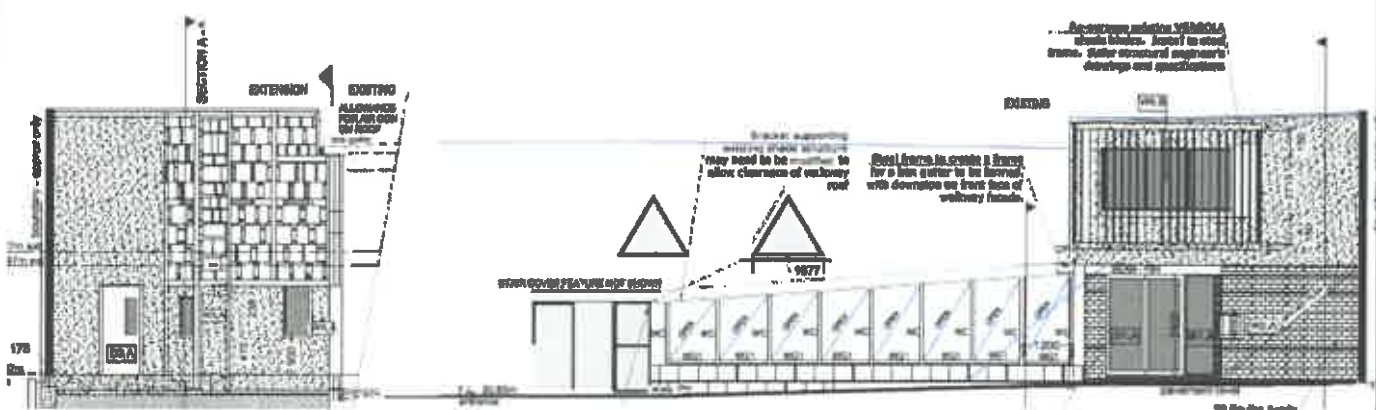
- Rm 5:** Waiting / exam / interview
- Rm 6:** Principal's Office
- Rm 7:** time out / staff report writing
- Rm 8:** (unlabeled room)
- Staircase:** Located near the center of the plan.
- Reception Area:** Located near the entrance.
- Parking Area:** Located near the bottom left.
- Structural Details:**
 - Columns: Col 1, Col 2, Col 3
 - Beams: WB, D, WB, C, WB, A, WB, B, WB, E, WB, F, WB, G, WB, H, WB, I, WB, J, WB, K, WB, L, WB, M, WB, N, WB, O, WB, P, WB, Q, WB, R, WB, S, WB, T, WB, U, WB, V, WB, W, WB, X, WB, Y, WB, Z
 - New row column for vergola structure support.
 - Re-purpose existing VERGOL shade blades. Install in steel frame. Refer structural engineer's drawings and specifications.

Scale: 1/4" = 1'-0"

Date: 10/10/05



DEVCO
BUILDERS



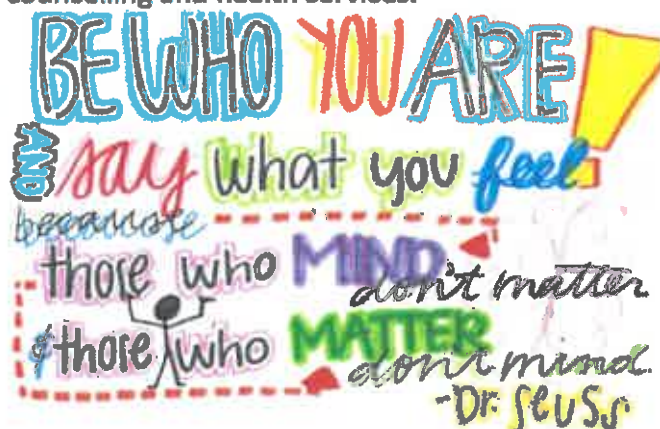
POP

Port Outreach Program

This Semester has been a busy but successful period for the Port Outreach Program. The program has provided a variety of alternative plans for outreach students, based on their individual needs. When a student is placed on the Port Outreach Program an initial assessment is conducted, in collaboration with the student, teachers and guardians. The assessment establishes student's goals and aspirations, and also the barriers to success. This done to identify the student's needs; an individual program is developed for each student. Barriers to attendance are also addressed and mechanisms put in place to support student engagement.



The school provides links to organizations that can offer food hampers and extra assistance. The school, in collaboration with other agencies, supports eligible students to access housing, counselling and health services.



The POP focuses on the wellbeing of the whole child so that barriers to engagement are minimized and the student's potential for success is enhanced.

Strong focus is placed on personal care, building self-confidence and working with students to identify study pathways of high interest.

This semester POP students have attended sewing classes, music and singing lessons, as well as rigorous gym classes. The program has engaged students who wouldn't normally have access to an education. POP maintains contact with students who are particularly isolated and have high support needs over the holiday break. Holidays can be a challenging time for some students, Port recognizes this and offers a connection and education program for some of its most isolated students.

The highlights of this semester have been a significant increase in the engagement of POP students and several students have accessed part-time employment.



POP has a new support vehicle out on the road, a Toyota Hybrid, which provides excellent fuel economy and a safe ride for our precious cargo!

Jane Hawdon & The Port Outreach Team

For more information contact the school on 9335 6323 or admin@portschool.wa.edu.au



STUDENT NEWS

School Holiday Events!

There is so much to do around Cockburn during the holiday and most of it is free, who doesn't like free stuff? We took a quick look at the Cockburn Council Website and found a list but we copied it and here it is for you:

Week 1

- | | |
|------------------|---|
| Monday 2 July | - Rollerskate and The Escape Hunt |
| Tuesday 3 July | - Fremantle Prison Tunnel Tours |
| Wednesday 4 July | - Superbowl and Simulation Centre |
| Thursday 5 July | - Indoor Rockclimbing and Bayswater Waves |
| Friday 6 July | - Bounce and YC Parkour / Indoor Squash |

Week 2

- | | |
|-------------------|----------------------------------|
| Monday 9 July | - Timezone and Movies |
| Tuesday 10 July | - Lasercorps Swan Valley |
| Wednesday 11 July | - Mountain biking / Ropes course |
| Thursday 12 July | - Adventure Caving Yanchep |
| Friday 13 July | - Go Karting & Youth Game Vault |

Student Comments About Port

"The teachers at Port might not know it but we do actually love them and know how much work they put into helping us with our education and to prove this here are some quotes".

"They understand mental illness and every other school I've been to doesn't understand anxiety and trust me I've been to a lot of schools"

"They have one on one connection with students and talk about personal stuff unlike mainstream schools who don't care"

"It feels as if they're more of a friend than just a teacher or mentor"

"Teachers let us work at our own pace here"

"They help us with our future "

"They don't throw you under a bus when are getting to enter the workforce they support you step by step"

"At other high schools you look at books and maps and they throw you a worksheet and yeah, they just leave you on your own"



MOBILE CLASSROOM

The Mobile Classroom rolls on (ahahahahahahahaha) this term with more bad jokes and puns than a room full of Dads. Considering every one of us staff on the program is a Dad, I guess this is to be expected!



We have had another busy term, jam packed with fun, learning, emotion, camaraderie, and sport. We have quite a few new faces on the bus, and we welcome them to the program. We also have a number of long standing bus boys making the transition in to the school itself.



We have had a ball with you Jerome and Draydon. You have been a really important part of the program over the last couple of years and we are also super proud of you fellas taking the next step in your education. Remember, there will always be a special place on the bus for you boys!



Tom, Matt, Tristan, Yiannis and Dennis



STUDENT SUPPORT

Fact check: Is social media bad for your mental health?

Social media can be bad for your mental health, with even Facebook executives admitting that this platform may pose a risk to users' emotional well being. Yet, more people are turning to these platforms for help with their mental health issues.



The negative effects

While most people believe that social media helps them, there is a concern that it could be adding to ongoing mental health problems. There is also a lot of focus on the fact that regular use of Facebook could trigger feelings of envy in the user.

According to research from the University of Melbourne's National Centre of Excellence in Youth Mental Health, social media might have a direct impact on depression, anxiety, sleep problems, eating issues and increased suicide risk. Poor sleep hygiene, such as checking Facebook, Snapchat, Instagram or Pinterest late at night results in individuals who are more likely to suffer from mood problems and rate themselves as less happy and lonelier.

As a result, many of these individuals turn to social media for online support. People are now choosing to use their personal social media profiles to post their own mental health struggles.

The concerns are that, despite a sense of social support, it can be more detrimental to their health and well-being, often resulting in cyber bullying.

The positive effects

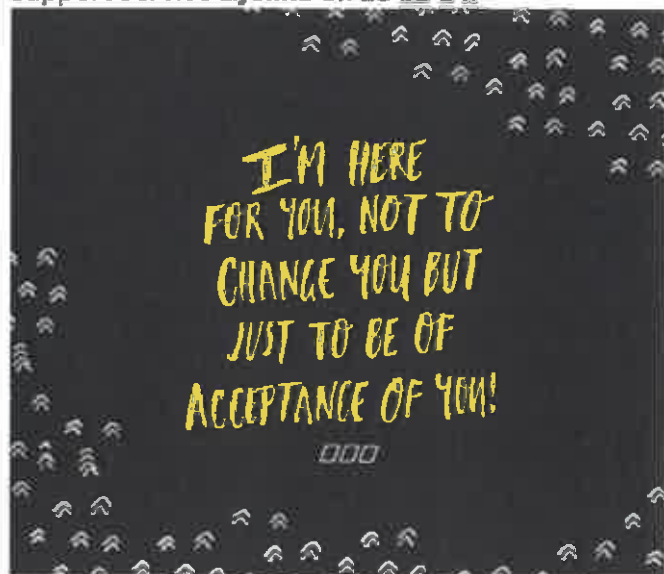
There is evidence that social media can benefit people already dealing with mental health issues by helping them build online communities that provide an additional source of emotional support. This links in well with the "R U OK" Campaign.

The aim of the campaign is to inspire and empower the community to make meaningful connections with people around them and to support anyone struggling with life. So, although Facebook can have a positive effect for those seeking support with their mental health struggles through social media, it is also important to encourage individuals to seek medical advice.



How to seek emotional support

Do you or someone you know have mental health problems? Here at Port School we have Dave and Michelle to support the students in all aspects of their mental health. If you are having a tough time and need to talk to someone, come and look for us on site, or alternatively call Michelle 0468 312185, or Dave 0466 995860. When you are not at school and need urgent help, please call crisis support service **Lifeline on 13 11 14.**



Dave, Molly, Michelle & Charl

STUDENT SUPPORT TEAM

Student Services - Tel: 08 9335 6323

Email: admin@portschool.wa.edu.au

THE WORKSHOP

CONSTRUCTION

During the second term the students have been working on the construction of a new Staff meeting table, supervised by the workshop instructors. So far, Jarrah boards have been cut down into thin veneers and glued onto a plywood sub-base, using vacuum bag processes. Four panels will make up the completed table and have a solid Jarrah edging. Draydon and James are applying epoxy glue to the plywood.



After setting, the boards were biscuit-jointed by Luke and then glued together to create one half of the table as seen below.



The table will be used in the Staff meeting room and will hopefully be finished in time to be displayed at the Art exhibition next semester.





ROO CI P E S

Tom and the Kitchen crew prepared an awesome lunch of kangaroo stew & traditional damper followed by apple crumble and home made vanilla custard.



On a fabulous sunny winters day, what could be better than using our new fire pit and amphitheatre area for some lunchtime relaxation and great food. Good to see a geat sense of community happening at school.



KANGAROO STEW

Ingredients

Serves: 2

- 1 brown onion chopped
- 500g of kangaroo fillet cut into 2cm cubes
- 1 packet of Beef and Red Wine Casserole mix (powder)
- 1/2 cup beef stock
- dash of Worcestershire sauce
- 1 tin (400g) chopped tomatoes



Method

Preparation: 15min › Cook: 1 hour 10min › Ready In: 1 hour 25min

1. Fry the onion in a saucepan with a little oil
2. When the onions go clear, add the roo and fry on high heat till seared
3. Add the casserole mix and tinned tomatoes and continue stirring well
4. Add the beef stock, Worcestershire sauce and turn down to low heat to simmer
5. Simmer the stew for about 1 hour or until the roo is nice and tender
6. You may add some new potatoes or cut potato pieces when there is about 30-40 minutes left if you like



DAMPER

Ingredients

- 3 cups self-raising flour
- 1/2 tsp salt, optional
- 3 tbsp butter
- 1/2 cup milk
- 1/2 cup water



Method

1. Preheat oven to 200°C.
2. Sift flour and salt into a bowl, rub in butter until mixture resembles fine crumbs.
3. Make a well in the centre, add the combined milk and water, mix lightly with a knife until dough leaves sides of bowl.
4. Gently knead on a lightly floured surface and then shape into a round, put on a greased tray. Pat into a round 15-16cm diameter.
5. With sharp knife, cut two slits across dough like a cross, approximately 1cm deep.
6. Brush top of dough with milk. Sift a little extra flour over dough.
7. Bake for 10 minutes, or until golden brown.
8. Reduce heat to 170°C. and bake another 20 mins.



ART EXHIBITION

We warmly invite you to the opening of the 2018
Art Exhibition

Celebrating 25 years of Port School

Fundraising for the Malaysia Excursion



Student & Local Artists work for sale



Thursday 23rd August 2018

5pm – 8pm

Port School Gym – 62 Wheeler Road, Hamilton Hill

Artwork below by Port Art Students, Darren Hutchens, Dan Duggan & Dionne Garvey



SPORT @ PORT

THE BENEFITS OF PHYSICAL EDUCATION

Physical Education plays an important role in the physical, mental, spiritual and social development of our students. They deserve to be physically educated, as well as academically. Children have bodies and brains.

This term in PE we have had a focus on activities that have helped develop the students' fundamental movement skills. We have focused on developing our students' catching, throwing & hitting skills. Students were put through multiple challenges that required throwing tennis balls, Frisbees and bouncy balls at different targets. These activities were either timed, or in competition with other students. Our modified tennis games have continued to be popular and I always have students lining up to play during their recess and lunch breaks.

The Team Sports program exposes students to important lessons in personal values, where they learn teamwork, leadership skills, an appreciation of different abilities, respect for teammates, opponents and officials. Students also have the opportunity to build resilience through sharing positive and negative experiences. Activities this term have included Ultimate Frisbee, Modified AFL, Flag Rugby, Netball, Gaelic Football and our Tennis Touch game. Students were also able to participate in a super 9s AFL competition once a month. This was organized by Reclink and it was a lot of fun for our students to participate. Games were played at Claremont and Fremantle ovals.

Attitude
Changes
Everything

We will be having a Who's in the Zoo challenge in term 3. This activity will have staff and students with similar personalities working together in teams in a Fremantle challenge. This requires teams to find landmarks throughout the Fremantle area. The teams will be timed and will have this and their team sheets marked to come up with this year's winners. We are using an Aus. Identities personality quiz to organize the four teams.

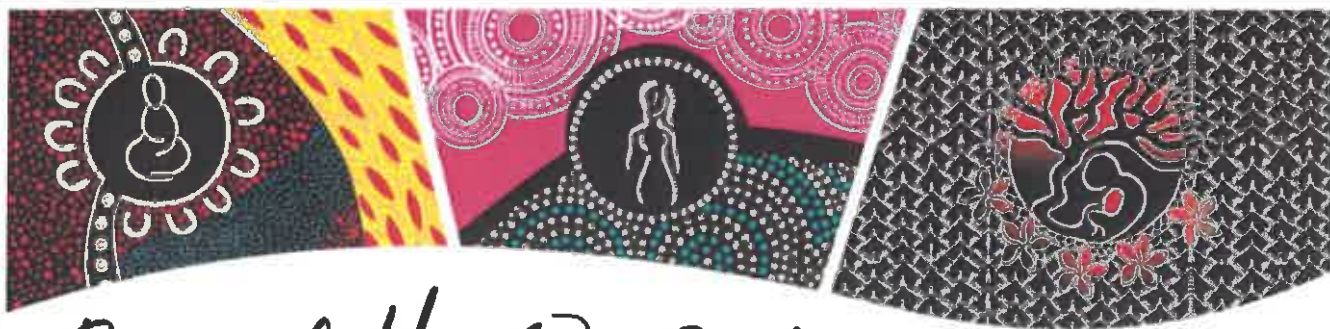
FNF 6 {Friday Night Flag} was held on June 15th, with Port students versus some of our ex-students, current staff and members of the community in a game of flag rugby. Also, the school gym is open Monday to Friday from 7.30 am for any student who would like to come in to school early and do some fitness training, breakfast is available after and students can access showers if needed.

The School Gym Program will be running through the school holidays. All students are welcome. For more information, I can be contacted on 0451 750424.

Brad Rowden

Sports Chaplain





Because of Her We Can!

NAIDOC WEEK 2018

NAIDOC celebrations are held around Australia each July to **celebrate** the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. The week is not just in the Indigenous communities, but also in increasing numbers of government agencies, schools, local councils and workplaces. Port dId NAIDOC proud with Noongar Radio 100.9FM broadcasting live all morning and a variety of cultural events throughout the day that students, staff and our community were part of.



NAIDOC Week 2018 will celebrate the invaluable contributions that Aboriginal and Torres Strait Islander women have made – and continue to make - to our communities, our families, our rich history and to our nation. Under the theme - ***Because of her, we can!*** - NAIDOC Week 2018 will be held nationally from Sunday 8 July and continue through to Sunday 15 July.



As pillars of our society, Aboriginal and Torres Strait Islander women have played and continue to play - active and significant roles at the community, local, state and national levels. As leaders, trailblazers, politicians, activists and social change advocates, Aboriginal and Torres Strait Islander women fought and continue to fight, for justice, equal rights, our rights to country, for law and justice, access to education, employment and to maintain and celebrate our culture, language, music & art.



They continue to influence as doctors, lawyers, teachers, electricians, chefs, nurses, architects, rangers, emergency and defence personnel, writers, volunteers, chief executive officers, actors, singer songwriters, journalists, entrepreneurs, media personalities, board members, accountants, academics, sporting icons and Olympians, the list goes on. They are our mothers, our elders, our grandmothers, our aunts, our sisters and our daughters. Sadly, Indigenous women's role in our cultural, social and political survival has often been invisible, unsung or diminished.



For at least 65,000 years, Aboriginal and Torres Strait Islander women have carried our dreaming stories, songlines, languages and knowledge that have kept our culture strong and enriched us as the oldest continuing culture on the planet.



Port School involved all of its students in a fabulous celebration of traditional events and activities for both staff and young people at Port. A great day was had by all.

STAFF SPOTLIGHT

Tim Murphy
Port's Head Maintenance Officer



Tim has worked at Port for 17 years. He has played the role of maintenance officer, handyman, trainer and Mr. Fix It. Look around the school and Tim has been involved in the replacement, construction, development and building of almost everything. He is well and truly part of the furniture and in his time he has seen four principals come and go.



Tim has also worked with endless students during that journey, taking on a tough but supportive, caring and nurturing approach to construction, engineering and maintenance both on individual and school projects. Tim played a pivotal role in the \$1.4m Young Parent & Early Learning Centre development in 2015, when he and numerous trainees assisted in the refurbishment and renovations of those two Centres. They were involved in fitting the new YPC kitchen, bathroom tiling and vanities, as well as demolition, fencing, cubby houses and bridges. Tim is a valued and well-liked member of the Port team.



Tim can be seen above working on a bridge for the Early Learning Centre, again with students in tow, whenever possible. More recently Tim has been involved in the designing & making of a Malaysia honour board with our art & workshop crew. This is a spectacular addition to our entrance.



On behalf of us all at Port, we would just like to thank Tim for all he does and continues to do.

TeamSport

Iron Man Challenge 2018

In 2018 Term 2 has seen an Iron Man Challenge that included swimming, running with tyres and wading through water at Woodman Point boat ramp beach. The mobile classroom boys also joined in what was a great endurance race. Some very competitive times were put in and both students and staff dug deep to complete the course.

Competitors

Dylan Carter Jay Sammels Josh Bromham Seb Crowley Rhys Irvine Kelvin Le Brandon Purcell
Mike Gilbert Luke Roser Eileen Vlahovich James Marsh Riley McPhee



TeamSport

FRIDAY NIGHT



Term two saw yet another Friday Night Flag Rugby game under lights with action packed fun and sporting accolades. Sadly Port's number one staff member, Mike Gilbert, had a bronchial chest infection and was ruled out.....a huge loss to the staff team.



Great to see our parents, staff and students committing to this great out of school evening activity



The fun evening finished with pizzas for all and a celebration of sports at Port. Well done everyone
Brad & Eileen

Kerry Street

COMMUNITY SCHOOL

Port School's team sports students have been excited to expand their coaching skills by teaching Kerry Street students to play flag rugby.



This training opportunity will go towards the coursework that they are studying for their Certificate II In Sports & Recreation.



A fun day was had by everyone, both on the sports field and in the school gym.



YOUNG PARENT CENTRE

It is hard to believe that we have already completed another term at Port School this year. This term, the young mums in the Young Parent Centre have been challenged, not only with their academic abilities, but also with personal growth and enhancing their sporting prowess. Every Wednesday, the girls hit the gym, ready to challenge each other in a ritual game of tennis. There is so much sporting talent, that the girls are ready to compete with staff and students next term.



We would like to welcome our newest addition to the YPC, Ivelgh-Maye. Congratulations to Anda and family on the birth of your gorgeous baby girl.

There have been many achievements in the Young Parent Centre this term, with many students completing their Certificates of General Education. One of the students completed their project having designed an art piece and then melted crayons, which has had an amazing effect.



We have welcomed three new students to the Young Parent Centre this term. We look forward to supporting you with your educational outcomes and parenting skills. With so many new enrolments, we are hoping that we are successful in a funding grant that we have applied for. This will see the YPC expand both training rooms, the kitchen, additional office space and a bathroom.



This term, every Friday, the students have been partaking in a life skills program. This has involved going on several excursions and participating in several activities.

One of the skills the girls have learned is sewing. Chelsea has expertly taught the students the basic skills of sewing, which resulted in them making a keepsake banner for their child. The students have also visited Murdoch University with our student relief teacher Maddy, to open up their minds to further studies.



**Young Parent
& Early Learning Centre**

YOUNG PARENT CENTRE

We would like to welcome Aidan Rowden, as the new relief teacher in the Young Parent Centre. Aidan is a new graduate, who has been working at Port School intermittently since graduating last year. Aidan has taken the students on several excursions including to the Every Woman Expo. He has been instrumental in running a health and fitness program.



EveryWoman

EXPO

FREE entry with love from



CONGRATULATIONS

Port student Andrew Lock has been an Ambassador for the TAFE Onsite Specialist Programs Information night that was held at Chisholm Catholic College on Tuesday 19th June.



Chisholm
CATHOLIC COLLEGE

Congratulations to Andrew, who was chosen by the lecturers of his automotive course at South Metropolitan TAFE to be their Ambassador to speak to prospective students about his personal experience with the course.



**South
Metropolitan**

More courses. Part time. Full time.

Andrew's mum, Sandi, was also an important part of the night. She spoke to families about her insight as a parent of a student in the automotive course.



Andrew is thriving in this placement and is keen to start exploring possible job opportunities through AHG – Automotive Holdings Group.



We are so proud of your achievements Andrew. Well Done!

RTO NEWS

Big congratulations and shout out for past student Charlee Congreve for passing her Certificate II In Salon Assistant.



This qualification has been designed for those individuals who either wish to undertake a hairdressing apprenticeship, utilizing the Certificate II In Salon Assistant qualification as a preparation course, or who wish to be employed as a salon assistant in a hair salon.

WA ACADEMY

Hair, Beauty, Makeup, Nails & Business

The skills and knowledge acquired are of a basic nature and are undertaken under supervision. These include selling and demonstrating hairdressing products, shampoo, colour removal, drying hair, greeting and preparing clients, applying hair colour products, braiding hair and a unit of make-up (including day and evening make-up application).

Well done Charlee, great to hear of your recent success.



Training Accreditation Council



**NATIONALLY RECOGNIZED
TRAINING**

EARLY LEARNING CENTRE

Would you believe we are already half way through the year? The children are continuing to build on the friendships they have with their peers and it is wonderful to see them so excited to see their friends when they arrive at the ELC.



Story time with Annamika

We have seen quite a few of our children reach various developmental milestones this term. Harley is crawling and has started to pull himself up on furniture. We have been promoting tummy time with some of our friends and they are slowly starting to enjoy it. Language development in Noah, Kalijah, Xaviera, Ajok and Faith is coming along in leaps and bounds. It is wonderful to hear the children expressing their opinions, singing songs and sharing stories with the educators. Mia, Lulu and Ella have mastered balancing on the logs all by themselves. Our friends develop such confidence as they achieve these milestones. Which children will reach milestones next?



Faith, Xaviera and Lulu balancing on the stepping logs

PROFESSIONAL DEVELOPMENT

This term our educators have been lucky enough to participate in various PD's to expand their knowledge. Everyone attended the AISWA Care Schools Conference at the start of the term. It was wonderful to see exactly what these one of a kind schools do for the next generation. Kathy, Klaudz, Chennelle & Emily have all participated in training sessions on Earlyworks and are now focusing on improving the planning cycle, Quality Improvement Plan (QIP) and Reflections of Pedagogy.

ELC COOKERY CLUB

Maree Harrison joined the ELC team at the beginning of the year, she has had over 12 months experience in a school canteen and has brought a lot of new ideas to the Centre. We are currently changing to our winter menus and Maree has been sharing her new meals with us.

This term the children have made their own sandwiches and created a Broccoli & Pea Pesto. There have been many discussions about the different textures and flavours of the new foods they have tasted.



Mia, Lulu & Ella help Maree make Broccoli & Pea Pesto

2YO HEALTH CHECKS

The ELC was lucky enough to be chosen to participate in a program aimed at 2-Y-O Health Checks and ensuring they are being completed. Thanks to Michelle's hard work in organizing the day alongside Connecting Community for Kids. We had a Nurse Practitioner and the Telethon Speech and Hearing Bus come out to the Centre to do developmental checks with all of our children. We gained some valuable information on how the children in the ELC are developing and what additional help was needed.

PLAYGROUP

We have been lucky enough to have Jenny visit the Centre once a fortnight and hold 'Rhyme Time' sessions with our children and parents. We have learnt a lot of new songs, which have been implemented at group times. Playgroup is a great forum for us to discuss our program and policies and gain valuable input from our families. Each month we have been holding informal discussions with the parents about the policies we are evaluating. It has been great to have their feedback.



KLANG APEX CLUB VISIT MAY 2018

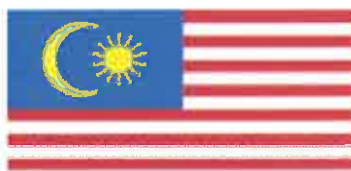
Having had a relationship with Klang School and Klang Apex Club for the last six years, we were delighted to host 16 visitors from Malaysia in May & June. Port School students and Staff welcomed and hosted a series of visits, activities, functions and events during their five day stay.



An airport welcome from Port Students: Dylan, Jay, Carlie, Santana, Brandl and past Malaysia student Georgia. We are very proud to welcome our visitors: Thava. Lily, Bal, Sol, Padmini, Ravin, Preesha, Manav, Roven, Kanesan, Kenny, Low & Cheong Soh Cheng & Yang Jun Wei as well as Roy & Carol Woods from Chinchilla Apex Club, Queensland.



Welcome dinner at Chlu, Cottesloe



A hearty breakfast welcome from Matt, Felicity and the cooking team for our Malaysian guests and students. A fabulous array of Aussie brekky treats starts the day.



Students and staff welcome our Guests at a special parliament, including some awesome songs from our music students. Life member - K Thava Nesan from Klang Apex Club Introduces his members to the school.





Once again, Caversham Wildlife Park looked after us all with heavily discounted entrance tickets, as well as a free tour guide, for the duration of the afternoon. Thanks to owner Pat and her team.



Thanks must go out to our platinum sponsors Karma Resorts and Rottnest Fast Ferries for a Rottnest visit. A fabulous sunrise sadly turned into a stormy day of bad weather. Despite that, the students and visitors had a fun day taking in the sights of Rotto and of course a few quokka selfies. Adams coaches also provided discounted and much needed transport around the island on the day.



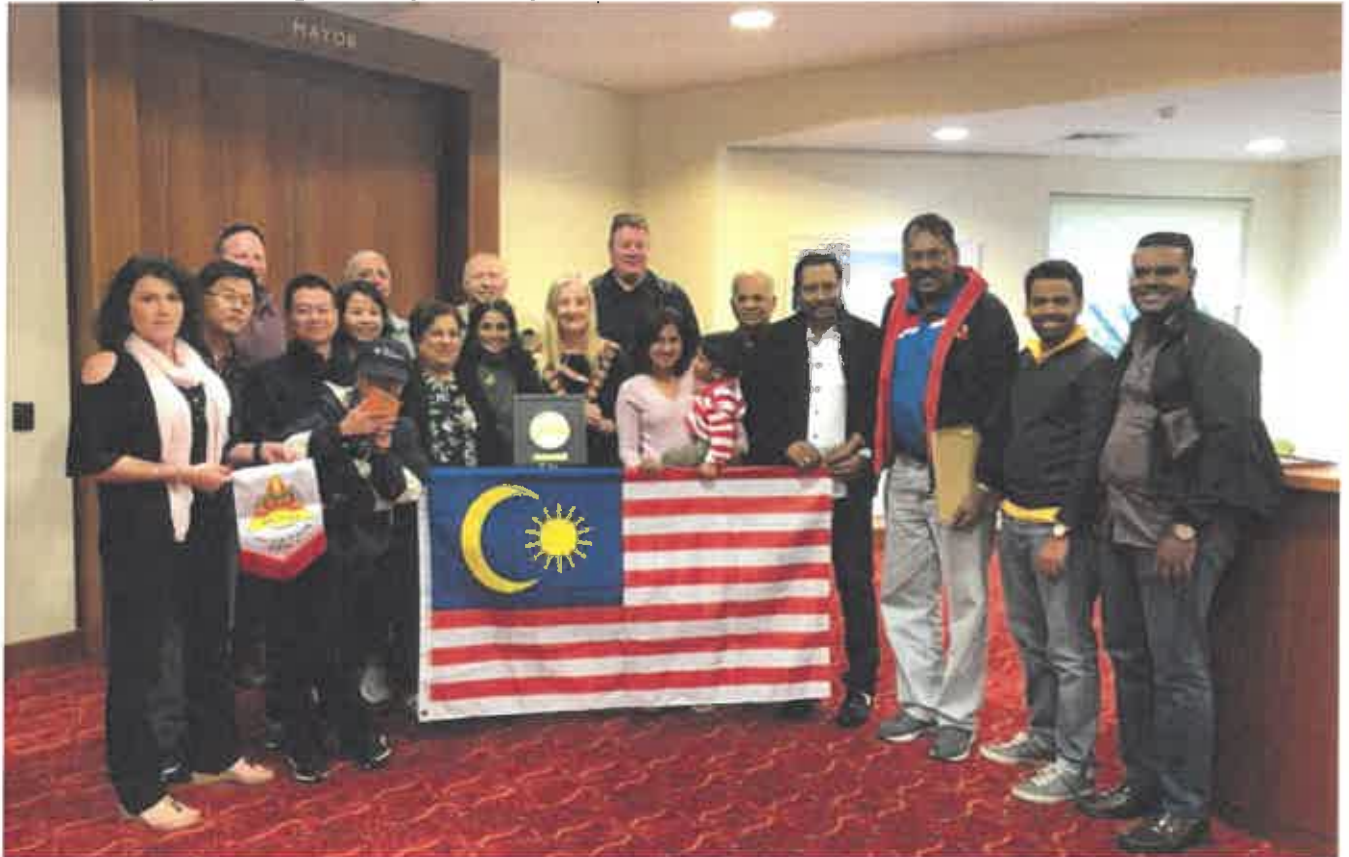
Karma
ROTTNEST
WESTERN AUSTRALIA

ADAMS
WESTERN AUSTRALIA
Full Day and Extended Tours

**ROTTNEST
EXPRESS**



One of the highlights for our Malaysian visitors was getting to meet, and have morning tea with, Wanneroo's Mayor, Tracey Roberts. She is a fabulously kind-hearted lady, who has supported Port's relationship with Klang for the past five years.



Tracey, as always, put on a warm welcome. Having met and hosted the Klang school visitors at her Mayoral chambers in 2015, Tracey was keen to welcome and greet the 2018 crew. She gave an insightful talk about the City of Wanneroo and future developments, as well as providing a great morning tea for all.



A final hurrah was held at school for staff, students, board members and friends of the Malaysia relationship. All had a fantastic evening and the amazing food put on by our Port staff was first class.



On their last night, we were able to have one final treat at the 'C' Restaurant in the Sky. A great way to farewell our close extended Malaysian family and Apex friends.



KLANG SPECIAL STUDENT SPONSORED

Having sent an email to our network of family, friends and business colleagues, we were delighted to receive an email from Jeanette Finnie, the Financial Controller of Knight Piesold Pty. Ltd (Perth). Jeanette took the 25 for 25 Campaign poster to her directors, who have kindly agreed to sponsor a Klang Special School student. This is a fantastic gesture and takes our sponsorship of Klang students to six, nearly 25% of the way there. Our sincere thanks go to Knight Piesold, Perth.



Knight Piesold CONSULTING

T: +61 8 9223 6300 | E: perth@knightpiesold.com

Level 1, 184 Adelaide Terrace, East Perth, Perth | Western Australia | Australia | 6004



25 FOR 25



Aegis Hilton Park

Imagination and Innovation in caring for the aged
Hi Port Students,

Just a quick thank you on behalf of the residents and staff who attended the concert the Port choir performed for us today. The students had beautiful voices, lovely song choices and were very brave, it's not easy getting up in front of a crowd to sing! It was enjoyed by all and we look forward to the singers coming back for another performance sometime in the future. Also Jenelle was lovely and supportive, with a great voice herself! All round a very positive event I think!

Thanks again,

Josie

Occupational Therapist



COOKING

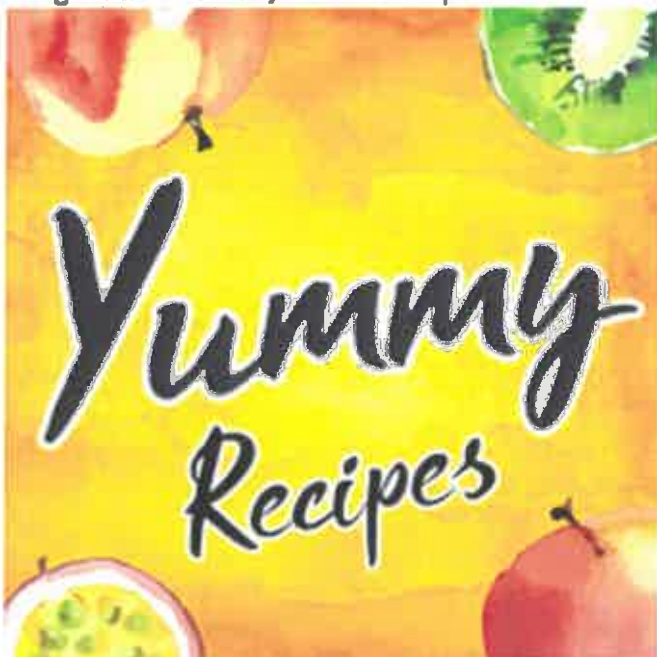
Here's a recipe for a Florentine slice that has been quite popular in the Port School Kitchen this term. Go easy though, it might seem relatively light due to all the fruit but it certainly packs a flavor punch!

Florentine Slice



INGREDIENTS

375g packet mixed dried fruit
125g silvered almonds
200g mixed glace cherries, finely chopped
1/4 cup plain flour, sifted
150g butter, chopped
1/2 cup honey
1 egg, lightly beaten
200g dark chocolate, broken into pieces



NOTES

Lining a slab pan: Lightly grease the base and sides of a slab pan, paying particular attention to the two short ends. Cut out a sheet of baking paper, allowing a 2cm overhang at each long side. Use the overhang to lift from pan in one.

Variation: For a white Florentine slice, replace dark chocolate with good-quality white chocolate.

METHOD

Step 1 - Preheat oven to 170°C. Grease a 3cm-deep, 18cm x 28cm (base) slab pan. Line with baking paper (see note).



Step 2 - Combine dried fruit, almonds and cherries in a large bowl. Stir in the flour.

Step 3 - Combine butter and honey in a small saucepan over low heat. Cook, stirring, for 3 to 4 minutes or until butter melts. Allow to cool slightly. Add honey mixture and egg to fruit mixture. Mix until well combined.

Step 4 - Spoon mixture into prepared pan and smooth surface. Bake for 30 to 35 minutes or until golden brown. Set aside in pan to cool.

Step 5 - Place chocolate in a microwave-safe bowl. Microwave on medium (50%) for 2 to 3 minutes, stirring every minute with a metal spoon, until almost melted. Stir until smooth. Spread chocolate over cooled slice. Set aside for 2 hours or until set. Cut into pieces. Refrigerate for 2 to 3 hours or until firm. Serve.



MATH

In mathematics this term, students have made excellent progress in all aspects of the subject. Those students not undertaking a CGEA course have improved vastly in their basic mathematics skills and are currently focusing on division and fractions.

Students on the CGEA I, II and III have continued to impress with their work ethic and are finishing work at a fantastic rate. As mentioned last term, the four CGEA I workbooks each focus on a different topic; while the first book deals with money, the second focuses on direction. Students are introduced to vocabulary related to direction, as well as map symbols and coordinates, and are required to read and construct maps of the local area. These skills are extremely important in everyday life and can be used in both their personal and professional lives.



Halfway through last term, local artist Sarana Haeata came into Port to help liven up the mathematics classroom. With a rough design plan from Eileen, Sarana created an amazing artwork, infused with her own style. The mural takes on a mathematical focus, but with a colourful and fun twist and a hidden message.

We would like to extend our sincere thanks to Sarana for all her hard work and for creating an exciting space for our students to learn in.



A BIT MORE



It has been a busy term for the workshop. Our Certificate II Furniture students are well into their main project, meaning many of them are halfway through their studies. Those that started their CII last year are helping Paul with a large (4.6m) staff table made from hand veneered and laid Jarrah on a stainless steel base. It will look stunning in the new staff rooms.

We have also established a relationship with a local business, AYL. They donate pieces of furniture, which we restore and then on-sell. Each piece is worked on by a single student; they receive \$100 for each one completed. A great incentive for them and some really nice pieces of furniture are brought back to life.



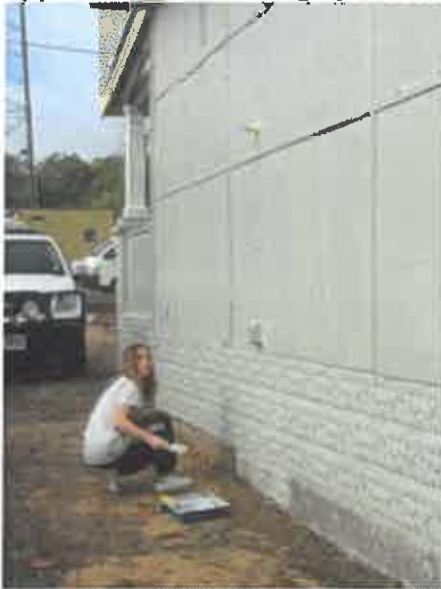
Our scooter program was a success. Two were completely refurbished to a roadworthy condition. Several students have expressed an interest in mechanics and welding and so, from semester 3, we will be fabricating a motorised go-kart, complete with the design of the braking, motor and steering systems. This will be a great project that may result in some motor gymkhana-style time trials! Please let me know if you are interested.

Paul has also developed a range of small projects, ranging from wooden spoons & stirrers right the way through to a figured Huon pine jewellery box.

Everyone is encouraged to do some workshop time. The practical skills and problem-solving opportunities will stand anyone in good stead for the future. Well done all workshop students, I look forward to working with you next semester.

FURNITURE CAMP

This year we had a Furniture camp in Dwellingup in our South West. It was attended by Furniture and Workshop students and for half of each day we helped some friends of mine, Monique and Pete Tippett, who are setting up a residential artists studio for able bodied and handicapped artists.



The project involved the renovation of an old haberdashery on the main street of Dwellingup. We worked for about three hours each day doing painting and scraping, also some work in the paddocks of their farm. In the afternoons we did an 18 km mountain bike ride and on another day a high ropes adventure.



There was no phone or WI-FI reception on the farm and we focused on low sugar food options, providing good home cooked meals eaten around a long table. A good time was had by all, with lots of work done and some great achievements by some of the students, who pushed themselves beyond their comfort zones. Importantly our hosts were impressed with our behaviour and approach and have welcomed us back again. Good work team!



EMPLOYER COMMUNITY

2018 sees Port continue to grow and we welcome new members to our
Employer Community

Know an employer who may be interested in joining the Employer Community?
If so, please get in touch with Steph Daniell, Port's Employment Coordinator.

FTC

TRANSMISSIONS & CONVERTERS

Dean Fauaso has offered Joachim an amazing High Performance Auto opportunity at Fremantle Torque Convertors. Let's hope his performance is high to match!

Kazoomies

see good food everywhere | www.kazoomies.com

After already achieving 'Legend' status in the Port kitchen, Marlene is ready to take her talent to the wider community and who better than our good friend Nimrod Kazoom to take her culinary skills to that next level. See you all down at 'E' Shed markets



ipc MAINTENANCE

Your Productivity Is Our Business

Mick Marcus at IPC Maintenance is keen to give an opportunity to a future Metal Fabricator



salsa's

fresh mex grill

Thanks to Brendan at Salsa Mex, we can all look forward to Rhiarna developing her Mexican food skills.....and hopefully putting them into practice at the Port Kitchen.

ENGLISH

Yet again another busy term has flown by and as usual I am so very pleased with the standard of work produced by our students. I am always amazed at the strength and resilience shown by each and every one of them. They have so much going on at any one time and yet they show up each day, with a ready smile, prepared to tackle a brand new day. They really are the reason I love my work, they keep me smiling and laughing and I truly do feel blessed to work with such an amazing group.



The academic standards continue to grow: the success rate of students achieving competency in the CGEA courses continues to increase and our non-CGEA students are building strong educational foundations that are developing well. While academic focus is of course a key element of my teaching practice, I have always believed passionately that strong teacher student relationships are crucial.

Students who have positive relationships with their teachers are more likely to do well at school, and teachers who actively build such relationships have a strong influence on the lives of their students. Having a good relationship with our students ensures they are more likely feel to positively about attending class and school in general. They are also more willing to have a go at more challenging work, to risk making mistakes and to ask for help when they need it.

The more formal, and some may argue out dated style of teaching, draws a very clear line between the teacher and the student. However, the progressive teacher student relationship, based pedagogy, recognizes the human *stories* of each student. They are not blank slates and do not arrive at school each day, primed and ready to learn.



They are just as complex, and just as prone to the woes and worries of the adults around them. Respectful relationships are essential and of course this works both ways. On that note, have a wonderful winter break. See you all again for round 3 in July!

Joy



P.s. A special shout out to Cameron Lloyd whom obtained the CGEA III qualification – our first Port School graduate student to do so. Well-done Cam.

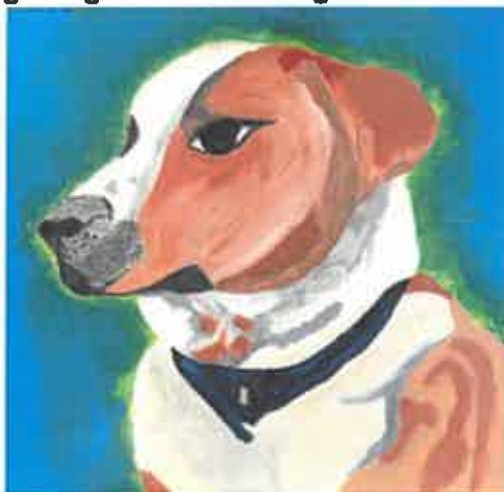
ART ROOM ANECDOTES

"If I create from the heart, nearly everything works; if from the head, almost nothing." - Marc Chagall

This term has been super busy in the Art room with students exploring the theme "Man's Best Friend" paying tribute to the loyal and expressive dogs in our lives. Students were given the choice of working three dimensionally, creating a papier-mache dog, or two dimensionally by creating a linoprint, or painting in their chosen style. When completed the dogs will form a collaborative 'pack', but each will be uniquely designed and will reflect an individual personality.



Another exciting and special project that ran over three days this term, was the Street Art Workshop. Fifteen students participated in a school beautification project that explored the 25th Anniversary of Port School. The students involved, learnt how to work skilfully with spray cans and stencils to create a bold effective design on a tired old sea container. Thank you to Darren Hutchins and Dan Duggan for guiding the students to get such a fabulous result!



Reece Patton



Eva Earls



Kimmy Wallam

Check out the Port Facebook page for a short video produced of the two days of painting, it's awesome to see the artwork evolving. Wishing all of our students a fabulous break and I look forward to seeing you next term. Early In Term 3, we will be preparing student artwork in the lead up to the Malaysia Fundraising Art Exhibition. All family and friends of Port students and staff are very welcome to join us on the evening of the 23rd of August from 5pm onwards. Please put this in your diaries and we look forward to seeing you there.

ART ROOM ANECDOTES

"If I create from the heart, nearly everything works; if from the head, almost nothing." - Marc Chagall



Tash Redgrave



Lourdes De Agular



Hunter Smith-Wilson



Sophie Lawson



James Johns



Works in progress



Santana Cound

HEALTH AND WELLBEING REPORT

For a change, I thought in this newsletter it would be helpful to feature some tips on keeping our kids safe online. Seeing that it is our kids' preferred means of communication, we should all share the responsibility for ensuring that they have the most up to date information, with which to make healthy and safe decisions on how to navigate the internet. I hope you will find this helpful.

Article Source: <https://www.esafety.gov.au/education-resources/iparent/staying-safe/online-basics>



How 'online' bullying is different from bullying in 'person'

While online bullying involves similar behaviour to bullying in person, it also differs in the following ways:

- it can be invasive and difficult to escape — it can happen at all hours and while at home
- It can involve harmful material being widely and rapidly disseminated to a large audience, for example, rumours and images can be posted on public forums or sent to many people at once
- It can provide the person doing the bullying with a sense of distance from the other person, so there is a lack of immediate feedback or consequences.

These important differences should not distract schools, parents and carers from the fact that online bullying is essentially the same as bullying in person. In fact, research suggests that many students who are bullied online are also bullied in person. If a student reports online bullying, it is important to investigate further to get the full picture.



Keeping your children safe online

Your children's online world is as much a part of their life as offline, so it is crucial that you are as involved in supporting their online wellbeing as you are their physical health. Your skills in rule setting, support, guidance and respect are just as important to helping ensure your kids enjoy positive digital experiences and to help them gain confidence in asking for advice and support. Knowing they are equipped to make sound decisions and manage risks online is so important, especially with the number of Internet-enabled devices that can be used without adult supervision.

Explore the Internet together

Digital education and communication is essential to the safety of your kids online. This will help instill confidence in your kids—and peace of mind for you! Exploring the Internet together and talking about the websites, games and activities they enjoy is a good way to start those conversations. Get to know your children's friends both online and offline and use technology-based solutions to help protect their devices—filters, parental controls and e-security software are all great tools. Remember—there is no substitute for your involvement because no one loves your kids as much as you do.

Three steps to protecting your kids online

You can help keep your kids safe online using these three basic strategies:

1. Communicate openly with your kids

It's not possible to supervise your kids 24/7 so finding ways to establish and maintain trust is really valuable. Talk to them about their online activities, from chatting about their favourite websites, to asking who they are talking to and if they are having any online issues.

Ask Your Child, Three Questions



- I. Have You Cyberbullied Someone?
- II. Have You Been Cyberbullied?
- III. Have You Witnessed Cyberbullying?

100% of Teens Answer "Yes" to at Least One!

www.ipredator.net

- Give them strategies to deal with upsetting online content, from turning off the screen, telling a trusted adult, and showing them how to block and report people.
- Research the age ratings for the games and apps your child uses so you can determine age appropriateness and suitability.
- Explore the sites and apps your kids love, play online games together and consider setting up your own accounts with the sites they frequent. This will help you familiarise yourself with the operation of those sites and potential risks. Ask your kids to show you how they work—they'll love teaching you something!
- Set age appropriate rules for using the internet and devices and, where practicable. Seek your child's input—this will help your child understand risks. As they get older you can review your rules to align with their maturity level.

2. Use technology tools to keep them safe

- There are so many technological advances that can enhance the experience for your child online and help keep them safe, both within the site or app and for their devices.
- Use parental controls and install filtering software to help block unwanted content and pop-ups and to restrict access to specific content and pages.
- Help your child to set up the privacy settings on all sites and devices they use.
- Locate the computer in an area of your home that can be supervised. Parents of older children may have an 'open door' policy when devices are used in bedrooms and to ensure that screens are facing outward. And make sure you check in regularly to see what they're viewing.
- Consider rules for internet-enabled handheld devices—where and when.
- Install and update anti-virus and other e-security software to restrict unauthorised access to data on the home computer. Ensure all security features are turned on and set to automatic scan and regular updates to protect against the latest risks.
- Activate safety features on web browsers to protect your devices and personal information.
- Show your child how to block and report users or pages on the sites they use.

3. Encourage safe and responsible behavior

- Setting rules for your child's internet use and establishing clear boundaries and expectations is imperative. Your rules will depend on the age of your kids and the level of responsibility you are willing to give but is underpinned by conversation, education and trust.
- Consider a family online safety contract as a tool to negotiate agreement about rules and renegotiate as required. It could cover the type of websites that can be visited, time spent online and acceptable online behaviour. This example from ThinkUKnow Australia can be a good starting point for your own family contract.
- Educate your kids about safe and positive online behaviour and encourage them to think before they post, text or share; be respectful online; avoid posting things that may upset others; and understand that content can remain online forever and can be shared by others without permission.
- Help them keep their personal information private. This means avoiding using full names, phone numbers, home address, school name and date of birth.
- Set their online profiles to the maximum privacy settings. Online conversations, images and videos might be viewed by others and can't always be removed.
- Ensure your child uses strong passwords on devices and explain the importance of not sharing passwords, even with friends.
- Talk to them about cyber bullying behaviour and how to report and manage it. You can get some great advice and resources about cyber bullying on our website.
- Explain the dangers of meeting face to face with someone they have only chatted with online.
- Encourage your child to talk to a trusted adult if any content they view or if contact with someone online makes them feel uncomfortable.
- For further helpful information on this topic, take a look at the following online resources:
- <https://www.esafety.gov.au/education-resources/parent/online-risks/cyberbullying>
- <https://www.thinkuknow.org.au/resources/family-internet-contact/family-online-safety-contract>

PE Girls

Staying fit can pose a few challenges for teenage girls. For one, this phase of life is often packed to the brim with school, homework, jobs and social activities. Finding time for exercise can take some extra planning.



Teenagers, male or female, often don't have their own car or driver's license, so exercise moves that can be done close to home are ideal. Last, teenage girls face a number of social and academic pressures that can make exercise feel too challenging. Fortunately, a few key steps can help young women stay healthy and active, even with their busy schedules.



Like many of the gyms around Perth that have become female only, Port have embraced that ethos by offering the privacy of girls only PE sessions. The sessions aim to Relieve stress.



Being a teenage girl is full of pressure. Fitness can be an excellent way to release tension in your mind and body. In addition to your cardio portion, consider a calming exercise such as yoga or pilates. Yoga moves can be found for free online. Try setting up your room with a yoga mat or a bath towel, and follow along. Yoga or Pilates will help you maintain fitness and build flexibility, all while you work away stress.

FIT & FEMALE
STRONG. MOTIVATED. HAPPY

Tips

Add to your workout routine slowly to prevent injury or overextension. Try to work in a few moves while you watch TV or in 15-minute study breaks. Play your favourite music to make workouts more fun. Take part in other school sports activities that offer organised fitness activities you might enjoy.



Rotary Youth Program of Enrichment – RYPEN 2018

The 2018 Rotary Youth Leadership program has proved to be a huge success for three Port students: Georgia Bleach, Carlie Monaco & Michelle Stoddart. They were just three out of over sixty young people from W.A who were invited to be part of a weekend in May that focused on team building, goal setting, building self-esteem and resilience. With a multitude of activities and guest speakers, the weekend was jam-packed from Friday afternoon until Sunday lunchtime. Students were encouraged to be different, take a chance, believe in themselves and to walk away with some new tools to be a better person in their communities.



Proud of these awesome young ladies attending the RYPEN Rotary Youth Leadership Camp. Looking fabulous girls.

The aim of the RYPEN weekend is to communicate to young people a series of ideas, problems and social experiences that will assist them in forming their own values and moral standards. A program of thought-provoking speakers, social situations and personal challenges was proposed and it is hoped that the program inspired and motivated the students through those activities, which will, in turn, assist them in forming their own values and standards in life. The camp was full of fun learning and team building experiences that will help them to develop life-building skills and essentially make better choices.



BREAKING NEWS

Top Story

- **Deputy Principal Mike Let Loose in the school kitchen**
- **Barry into meltdown as he sees the IGA grocery bill!**
- **Matt & Tom impressed with the Michelin star standard of cooking**
- **Should Mike automatically gain a Cert II in Hospitality?**

Read on for the full story:

Earlier in the term, Mike tested out his culinary skills, having not done so for a while at Port. What a day it was; feast after feast. Morning tea saw Mike and the students create smoked salmon and cream cheese bagels and bacon and cream cheese bagels.



Lunch included authentic crispy fish tacos and spicy Mexican slaw, with a chilli salsa dressing, all of this topped with a virgin margarita shooter. Dessert followed which was an amazing cheesecake made by the Young Parent Centre Staff and students.



One of the best meals I have seen in Australia
Gordon Ramsay

Wow, immense flavours and skills
Matt Preston



Making quilts

Students have been making quilts for either themselves, or their families/babies. Some are even for sale, thanks to the skills of our staff member Andrea Stacey.



Quilts will also be for sale as a Malaysia fundraiser starting from \$40 each. Get your orders in now.



Keys for Life

Preparing young people for safer driving is an important part of the Western Australian road safety strategy, as they are over-represented in road crash statistics each year. Keys for Life is a comprehensive, national, award-winning, evidence-based, pre-driver program that assists parents, schools and agencies to educate young people about safer road use. It also provides licensing and graduation benefits. It can be implemented in schools with Year 10-12 students, and in agencies with young adults. The program is funded by the Road Safety Commission, administered by SDERA and delivered by registered Keys for Life facilitators.

BEHIND THE WHEEL
The journey begins. Are you ready?

Keys for Life and the RYDE program have been running again this term. We have seen some great attendance, as well as good results. Many students have passed their Learners permit and are going on to receive lessons through the Ryde program. We couldn't be happier!

The Program has integrated outside agency educational sessions, such as Legal Aid, Klara Fire Station and Pre-Learner Driver Safety Course. With many students benefiting, the programs will continue next year. The Keys for Life program is offered to any Port student aged 16 or over.

<https://www.sdera.wa.edu.au/programs/keys-for-life/>

Ask Tristan or Dennis for more info

How to pass your driving assessment.



A Candidate's Guide to the Practical Driving Assessment

The Drive Safe Handbook is a comprehensive guide to the road rules that apply in Western Australia. It is designed primarily to help new drivers prepare for a lifetime of safe driving.