

Girls' Camp
21 – 23 October 2019 (Week 2, Term 4)
Fairbridge (Pinjarra)



I am delighted to invite all interested Port School girls to attend a fun and interactive 3-day (2-night) camp, from **Monday 21 – Wednesday 23rd October**, (that is week 2 of Term 4!)

Interested girls will need to get their permission slips signed, and returned to Jules at Student Reception (or to Raf), **by no later than Wednesday of Week 1** of next term - and **preferably by the end of Term 3**) and places are strictly **LIMITED to the first 20 girls who hand in their permission slips**.

The camp base will be at the beautifully scenic Fairbridge Village, in the Pinjarra region, (just over one hour's bus drive from school). Students will engage in a range of fun, outdoor and indoor team and individual activities, designed to both build camaraderie and friendship, and personal self-confidence and resilience, in a safe and relaxed setting.

A full program of activities will be given to participating girls, a few days before departure, but all girls wishing to attend the camp must be aware of the following information, before confirming that they wish to attend by returning the permission slip below:

- There is **NO** cost for this camp to girls / families, as this enterprise is being subsidized by Port, as an investment in the mental and physical Health and Wellbeing of our valued female students
- Small additional sums of money should be **capped at \$20** and are **SOLELY** the responsibility of the student – teachers **WILL NOT BE LOOKING AFTER ANY VALUABLES!** There is no need for them – so just don't bring them girls!
- You must be willing to arrive at school **by 8.45 am on Monday 21st October** and to be and transported to and from the camp via a school bus, driven by a Port member of staff. **The bus will leave by 9.20 am**, whether you are there or not! If you don't turn up on the day, without having informed a member of staff prior to the event, you will lose some of your school privileges for a period of time, as this thoughtlessness prevents another enthusiastic person from the opportunity to attend – and is a needless waste of resources. (Loss of privileges may include restricted breaks, loss of bus rights at school, restrictions to smoking pad, exclusion from other Term 4 school events and excursions etc). If you are uncertain about attending – give someone else the chance who is certain they do want to!
- Luggage must be restricted to **one small bag per person** plus their pillow and doona and a towel. (A checklist of required items suggested by the Fairbridge Camp is attached)
- You must bring **only enough clothes for 2 days**, including nightwear, swimwear, both warm and cooler weather items, and **ONE** smart / tidy /respectable outfit, for the fancy lunch at the revolving restaurant in Perth on the last day!
- You must, **UNDER NO CIRCUMSTANCE**, bring any alcohol or other intoxicant substances (E.g. weed etc.)



- Whilst phones may be taken and used at DESIGNATED / SET times, there will be an expectation for you to give up your phones to staff, the rest of the time (with no argument or resistance from you)
- Those students who usually, have permission to smoke will be given opportunities to do this, at designated times and in designated places – if you abuse this privilege you will be excluded from camp activities or sent home!
- **We will be back at Port School by regular close of business time, at 2.10pm on Wednesday 23rd October.** Please ensure you have appropriate **transport organized to get home with your baggage**, as STAFF WILL NOT BE ABLE TO TAKE INDIVIDUALS HOME on this day.
- Please write down **any medical allergies or conditions** you may have on the permission slip (last page), and be sure to fill in the appropriate section if you are taking medication and to indicate whether this will be self-administered or needs to be administered to you.

We are going to have an absolutely wicked time, both testing and indulging and pampering our bodies, spirits, and minds - and just enjoying the fresh air, beautiful countryside, and each other's company! Personally I am looking forward to the cooking challenge the most! I got some mean student- invented feeds last time we ran his camp in 2017!

NOW PLEASE GET YOUR PERMISSION SLIP PAGE SIGNED AND RETURNED! This is on the back page of this letter – So, when completed, please detach the **FINAL PERMISSION PAGE**, from the rest of the information (which YOU WILL KEEP on YOUR FRIDGE!), and return to **JULES** or **RAF ASAP!**

What to bring to camp?

- Any medication shown on your consent form
- Water bottle
- Sun hat
- Old shoes to wear for water activities
- Every day practical shoes
- Thongs for the shower
- Long sleeved shirts
- T-shirts
- Shorts (Note: Skirts are not acceptable on all activities and very short shorts are also discouraged)
- Pants
- Bathers
- Towel
- Track suit or similar
- Warm jumper (s)
- Waterproof / warm jacket
- Underwear
- Hair ties to tie up long hair
- Dirty clothes bag (bin bag will do)
- Personal Toiletries (soap, toothpaste etc.)

- Bath towel
- Sleeping bag or similar
- Pillow
- Bottom sheet
- Sunscreen
- Torch
- Sunglasses (optional)
- Insect repellent (optional)
- Any food replacements you may need to substitute regular camp offerings, if you are a fussy eater or have food intolerances and allergies

REMEMBER!!

- Be prepared for extremes of weather – very hot to very cold
- **Security and responsibility for all personal items, including mobiles and pocket money, rest with the students, not the teachers or camp! So just bring what you need!**

Summary of Camp Rules

1. Be kind, considerate and respectful towards others, at all times
2. Always follow teachers' and trainers' instructions
3. Relinquish your phones, at the required times, without complaint or resistance
4. Participate!! Even in those activities that may take you out of your personal comfort zone – if you genuinely **cannot do something**, because of sickness or injury, **negotiate an alternative activity that will serve the needs of all the camp community**
5. No alcohol or weed under ANY circumstance
6. Smoking breaks only at mutually agreed times and at designated spots ONLY
7. Students have responsibility for personal possessions at all time and have been directed NOT TO BRING ANY VALUABLES
8. Students have the responsibility for maintaining a clean and tidy environment at all times – no littering or 'butting' inside or out!
9. Shared responsibility for communal jobs and chores – Leadership awards will be given to students showing particular promise in this area
10. A happy and positive / optimistic attitude and a smiley, happy face at all times please! This is a STRICTLY '**WHINGE FREE**' ZONE, for EVERYONE involved, including your teachers!!! ☺





PERMISSION SLIP

PLEASE TEAR OFF FROM REST OF BOOKLET, AND RETURN TO JULES, OR RAF - ASAP

Name of Student: _____

Name of Parent/ Primary Caregiver: _____

I have read and understood that in signing this form I am giving consent for **(name of student)**: _____ to attend, and participate in the Port School Girls' Camp from **Monday 21st – Wednesday 23rd October 2019**, in accordance with all the information and rules set out above. I accept that the Port School Camp Staff will be acting in '*Locus Parentis*' (i.e. in Acting Parent Supervisory Roles), and give permission for the above named student, to be transported in the school bus and other designated staff-owned vehicles, during the camp dates.

I have taken note of the departure (8.45 am for a 9.20 departure) and return times (2.20pm) and accept responsibility for transportation of my child to and from home and school, at the appropriate times, on the appropriate dates.

I will help my child pack their bag and ensure that they have **ALL - BUT NOT MORE - that they need**, to have an enjoyable camp experience. I accept that property loss, and destruction or theft of valuables, brought on camp by any student is NOT the school's responsibility.

MEDICAL DISCLOSURE

Please complete this section, if the student you are authorizing, has any **known allergies or medical conditions and if there is a prescribed treatment plan for them in the event of a medical situation or in an emergency:**

Medical Condition / Allergy:

Medical Plan in case of medical emergency:

**Is the student, you are authorizing to attend camp, currently taking any medications?
(Please Circle)**

YES

NO

Please write the name of medication, and dosage(s) required:

At what time(s) is the student required to take her medication?

Please turn over →



Please fill in below, if you authorize the participating student, to administer her own medication, at the prescribed time(s), without the need of adult supervision:

I (SIGNATURE of parent/ guardian) _____ authorize (name of student) _____ to take her own medications at the prescribed times, without the supervision of an adult.

If you would prefer an adult to keep, and administer the medication to the student – please sign here, and write down the name, dose and preferred administration times of the medication:

In all other medical occurrence, situations and emergencies, the staff will do their best to act in accordance with both Port school and Pinjarra Camp policies and procedures - this may involve the administration of First Aid treatments by qualified staff, or the involvement of professional medical agencies and the transportation of students to hospital facilities by ambulance, where deemed necessary

COMPULSORY:

***FINAL SIGNATURE OF PARENT / GUARDIAN
(GRANTING STUDENT PERMISSION TO PARTICIPATE IN *PORT SCHOOL GIRLS' CAMP*)**

PARENT / CARER'S NAME: _____

PARENT / CARER'S SIGNATURE: _____

STUDENT'S NAME: _____

STUDENT'S SIGNATURE: _____

DATE: _____