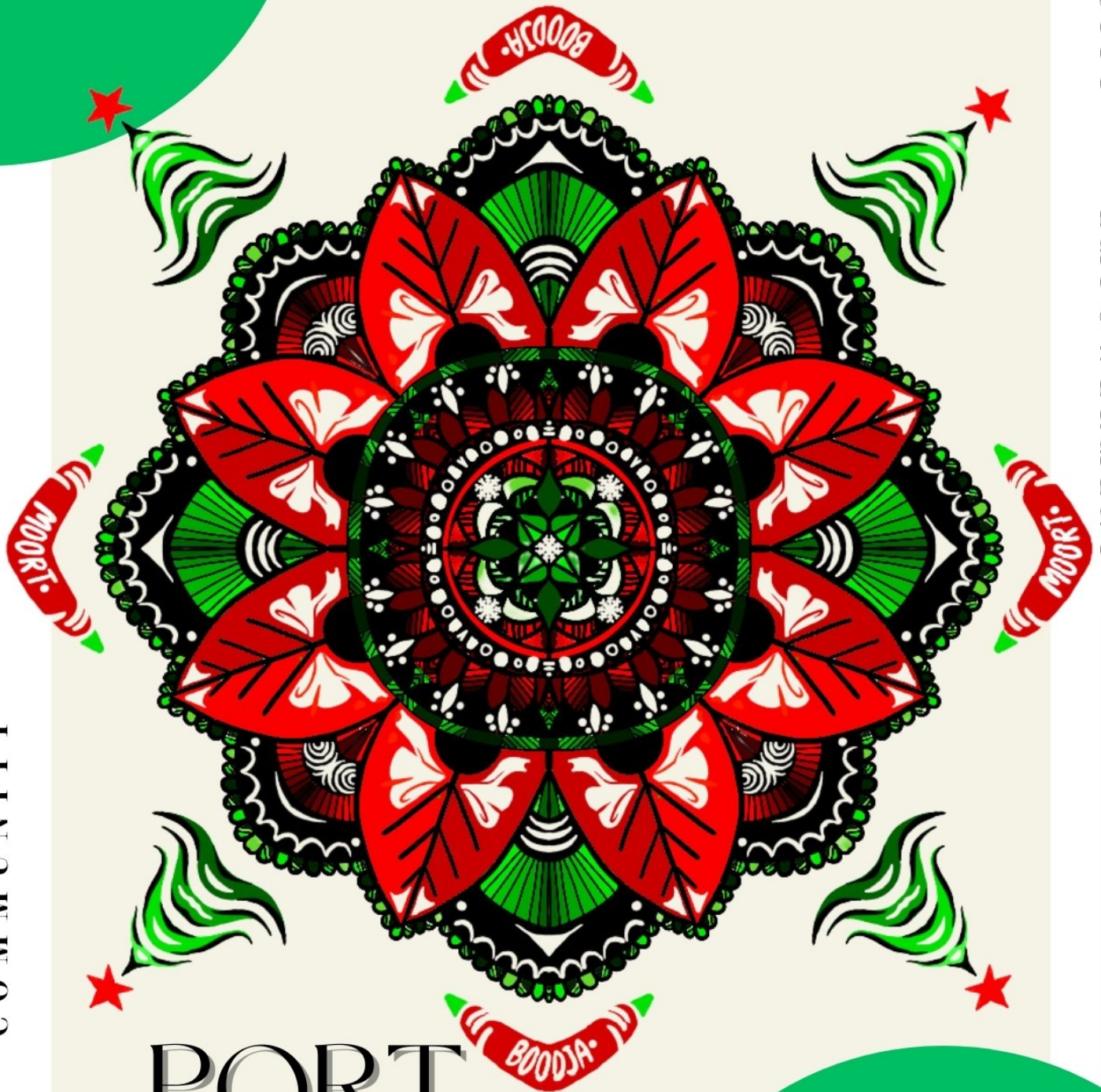


DECEMBER 2023

HAPPY HOLIDAYS!

DIVERSITY
EMPOWERMENT

GROWTH
COMMUNITY



PORT
SCHOOL

TERM 4
NEWSLETTER!

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Cover artwork by Ricky Ninnette and Poh Slater

Principal's Report



We have had a stellar year at Port School. It started with 28 Year 8 and 9 students moving into the new Middle School complex. The classrooms have worked extremely well, and we now look forward to opening a third in 2024, adding a further 14 students with one teacher and a support worker.

Eileen will be moving to the 3rd Middle School classroom for next year, and a new Maths and Physical Education teacher will be joining the team.

PORT SCHOOL'S ACHIEVEMENTS

2023 also saw the start of Port's 'Resilient and Ready Emergency Services Cadet Program'. Eight students have been engaged in activities that will help them support their family and community in the event of an emergency. The program received a Resilient Australia State Award and was nominated for the Australian award. This program is going to be bigger and better next year.

Another milestone in 2023 has been our Flexi-Track High program delivered in collaboration with Murdoch University. It has offered a small cohort of our Year 12 students the opportunity to secure entry to university, without having studied WACE or achieved an ATAR. This year saw 3 students complete the program and secure a place at university.

An ECU Safer Community Grant which was secured in 2022, has allowed us this year to deliver an in-house comprehensive Drug & Alcohol program, looking at the consequences of drug-taking.

After a 3-year break due to COVID restrictions, ten of our Senior Students travelled to Malaysia on an 11-day excursion. Time was spent supporting students at the Klang Special Education School along with several other amazing activities. We are very excited to have this excursion back on the school calendar.

We are proud to announce that our Head of Middle School, Matt Hopkins, has been recognised by the NEiTA Foundation Excellence in Teaching Award 2023. Over two thousand teachers were nominated nationwide, and Matt was one of 13 winners. He was flown to Melbourne to receive his award and on his return, was interviewed for Channel 7 News. A well-deserved accolade for Matt!

Aidan Rowden, a member of our Senior School teaching staff, also made the top 30 in the 2023 Commonwealth Bank Teaching Awards Foundation. This prestigious award recognises Excellence in Teaching. Well done and congratulations to Aidan.

We will be undertaking renovations in the Senior School during the Summer holidays, which includes the addition of a mezzanine level above the Art room and changes to the layout of Student Services and the staff room. The Art Department is also excited to be moving to the new Arts Hub – a great use for the former Middle School building.

2023 has indeed been busy and we look forward to another exciting year in 2024.



SEASONS GREETING TO ALL!

WE LOOK FORWARD TO SEEING ALL STUDENTS ON WEDNESDAY 31 JANUARY TO START THE 2024 SCHOOL YEAR.



DEPUTY PRINCIPAL'S REPORT

MIKE GILBERT

Reflecting on 2023

Another year seems to have flown by very fast and as I head for my 15th year at Port in 2024, I can't quite believe where that time has gone. However, when reflecting on that, I feel a sense of pride. I am extremely proud of the current and past teams of staff and all they have contributed to Port's growth over that time. The place that Port has become is a team effort and there are so many exciting changes that continue to happen year on year. Those changes always aim to offer the best educational learning opportunities and experiences for our students.



This year I was delighted to reignite the international Malaysia leadership excursion after a four-year hiatus. I had a few reservations with new accommodation and changes in Malaysia post-COVID, as well as a new team member joining me, but those were soon to be unfounded. Dionne was an awesome addition to the program, and we had an incredible group of students who embraced every aspect of the fundraising prior, as well as whilst in Malaysia. The feedback from Klang Special School leadership as well as our Malaysian Apex friends was how our students were ambassadors not only for Port School but for Australia. Both Dionne and I were so proud of them, what they achieved, and the amazing young adults they have become. For those leaving, Gus, Chelsea, Brody, Natalee, Maya, and Jordan, we wish you all the best for the next chapter and really hope you use these newfound life skills and experiences to be the best community citizens you can be.

DEPUTY PRINCIPAL'S REPORT

MIKE GILBERT

I was delighted to represent Port Young Parent Centre with our manager Michelle Forsyth at the Australian Young Pregnant and Parenting Network conference in Melbourne. Michelle and I took time to visit several schools and parenting programs before the conference and then attended the event with around a hundred others. Michelle presented on domestic violence and I presented about how to establish, fund, and set up a centre and the ongoing pros and cons of running a childcare centre and teen parent centre.



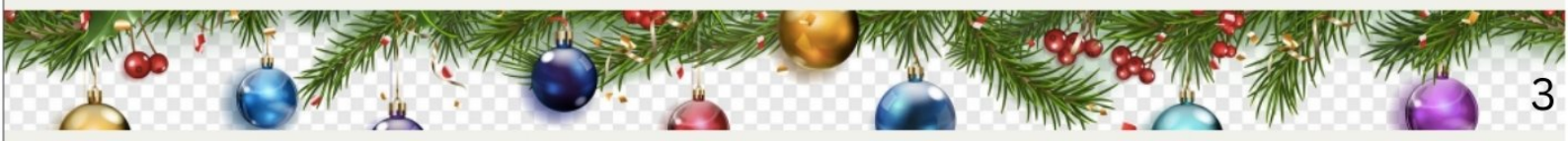
Nicole Hunt is a welcomed addition to our Early learning centre as the new manager and comes with a wealth of experience having owned three centres of her own previously. Sadly, we lose several of our senior YPC mums this year who head on to university, further training, or positions of employment. It has been fantastic watching them grow as incredible young women and well as seeing their children change from

babies to toddlers and to young children with great personalities and character. I have been delighted to be able to spend time with them at the camp in Fairbridge one last time. I wish Amelia, Heidi, Immogen, Tatum, and Tuhleesha all the best for the next chapter in their journey.

I would like to end by thanking our team, past and present for another great year, it is a privilege to work with some amazing people who give their all and who are truly dedicated to offering our students the best opportunities. Port is certainly a huge part of that overall educational village that aims to deliver growth, diversity, community, and empowerment at every juncture.

Mike

Have a fabulous Christmas and New Year, stay safe and be kind to your friends and family over the holiday period.



Port School's a Winner!



Port School had a bumper year of awards. Check out our achievements below!

TOP THIRTY!

Port School's very own Aidan Rowden was a finalist for the Commonwealth Bank Teaching Awards presented by Schools Plus. The awards recognise the most innovative teachers from across the country and the amazing work they do to better the education of students. Keep up the amazing work Aidan!



BARRY AND AIDAN WITH HIS CERTIFICATE.

RESILIENT AUSTRALIA AWARDS

The Australian Institute of Disaster Resilience recognised the Port School cadet program with the Resilient Australia Schools award for Western Australia. Port School was honoured to accept the award and the invitation to the National Award Ceremony at Optus Stadium. (more details on page 39.)



BARRY AND KATE ATTEND THE NATIONAL AWARD CEREMONY

OUTSTANDING TEACHER

Here at Port School, we already know our head of Middle School, Matt Hopkins is outstanding, but now all of Australia thinks so too! Matt has been recognised as one of Australia's most outstanding Educators at the National Excellence in Teaching Awards supported by Futurity Investment Group.



Matt Hopkins
Port School
Hamilton Hill, WA

Winner of the NEiTA Apple Award

Port School 2023 Stars!

FlexiTrack!



Term 4 saw the completion of the first-ever FlexiTrack High program at Port School. Three students completed the intense program and all 3 are off to University next year. Congrats Kota, Tatum and Heidi!

Tuhleesha also finished her K Track program through Murdoch University and is off to study at Murdoch next year as well!

TAFE

Well done to all the Port School students who completed a TAFE course this year!

Noah- Cert II Robotics

Rohan- Cert II Automotive

Gus- Cert III Remote Pilot

Blayne- Cert III Remote Pilot

Ash- Completed first-year Cert III Music

Maya- Intro to Beauty Skill set

Tayla- Intro to Beauty Skill set

FEC

Well done to the YPC students who completed the following at Fremantle Education Centre:

Amelia- Cert IV Community Services

Immogen- Cert IV Education Support

Tuhleesha- Cert IV Education Support

Caia- Cert IV Community Services

Armed Forces

Port's very own Blake Della Bonna has enlisted in the Army to start In March 2024

RTO/VET OFFICE



YALAGAN TRAINING JOINS PORT

Yalagan Training has joined forces with Port to provide one day of White Card training for our students. White cards are a required safety license to work on any construction site in WA.

Congratulations to our recent White Card graduates.

With TAFE becoming very competitive, Yalagan will be a very important partner in providing construction industry training to Port students.

Keep an eye out for working at heights, working with hand tools, and other exciting construction courses coming in 2024.

Students should register their interest in doing white card training with Kate or Denise for next year's training sessions.

TAFE GETS COMPETITIVE

Despite our best efforts and over 38 applications for Port Students to undertake Vetis @ TAFE, only 8 students were successful.

The perfect storm of lecturer shortages, influx of private school interest in TAFE and removal of Federal Government incentives for School Based Traineeships, has seen places in TAFE become very competitive.

TAFE feedback is that future applications will be scrutinised for "grades; work experience and particular attention was paid to their student statements"

Students looking to TAFE in 2025 need to start working hard in 2024!



CONGRATULATIONS TO PORT SCHOOL STAFF WHO HAVE UPGRADED THEIR QUALIFICATIONS THIS YEAR !

- SUZANNA & TRISTAN CERT IV TRAINING AND ASSESSING
- GRANT CERT IV ALCOHOL AND OTHER DRUGS
- DENISE DIP OF COUNSELLING
- CHELSEA E CERT IV EDUCATION SUPPORT



Port School, South Metro TAFE, Global Drone Solutions and West Australian Police Airwing joined forces to give Port Students a Drone experience like no other!

Over 15 students got a run down on Drone safety, future careers for Drones pilots - the sky is literally the limit, and how WA Police use Drones in the fight against Crime.

South Metro TAFE Aviation lecturer and good friend of Port School, Barry Hutton, showed students the types of drones used and explained that the demand for drone pilots and maintainance are increasing every day. Drones are used in real estate, agriculture, logistics, defence to name a few.

PREDICTIONS FOR DRONE PILOT JOBS

In the coming years, the growth in new aviation technologies, such as drones, will create even more opportunities for new ways of doing things. The uptake of drone technology across Australian industries is projected to create up to 10,000 jobs by 2040 - source <https://www.yourcareer.gov.au/resources/articles/flying-future-drone-pilot>

Congratulations to our awesome Drone Career taster participants!



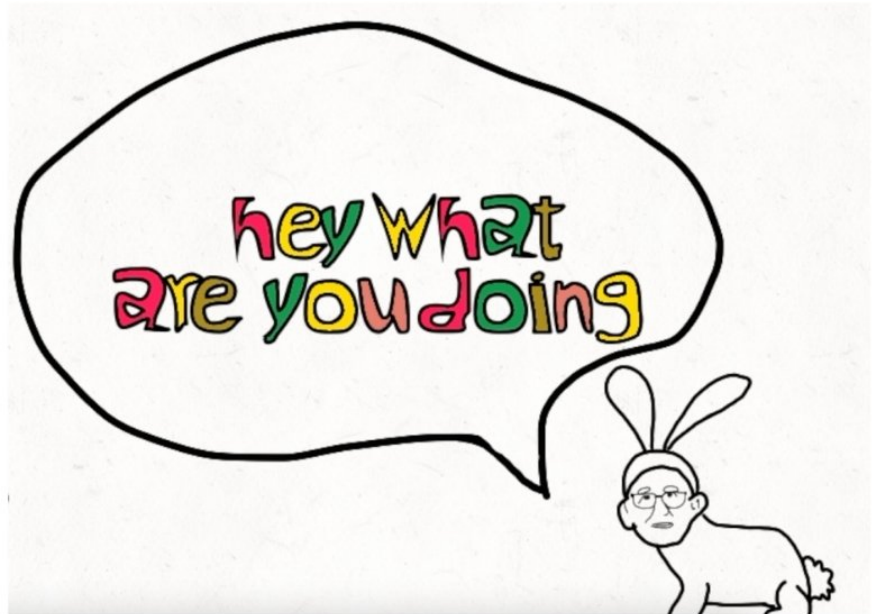
PORT SCHOOL'S

ANTI-VAPING

FILM MAKING COMPETITION!

TACKLING HEALTH ISSUES IN OUR SCHOOL!

Port School was extremely lucky this year to receive a one-off grant from Lotterywest and Healthways to run their first ever short film competition in an effort to tackle the ongoing issue of Vaping in schools.



AND THE WINNERS ARE...

The grant enabled Port School to purchase some film making equipment, including a new camera and computer with editing software. Students were then shown a broad range of filmmaking techniques and encouraged to be as creative as possible to create a short film that had a strong anti-vaping message.

Ten films were completed and submitted, and the judges were blown away by the quality, humour and skills of the students.

Overall, this was a very successful project and we hope to run more digital media projects in future!

WINNER!



The overall winner of the Competition was:
Talon for 'You Should Have Listened!'



Runners Up!

Second Place was awarded to:
Ruby for the film 'Drop the Vape Before you Drop Dead'
and Jarrah and Kyle for 'Be Fit, not Vape Fit.'



HASS TERM 4 NEWSLETTER

A TERM OF INTERACTIVE & CO-CURRICULAR HASS COLLABORATIONS !



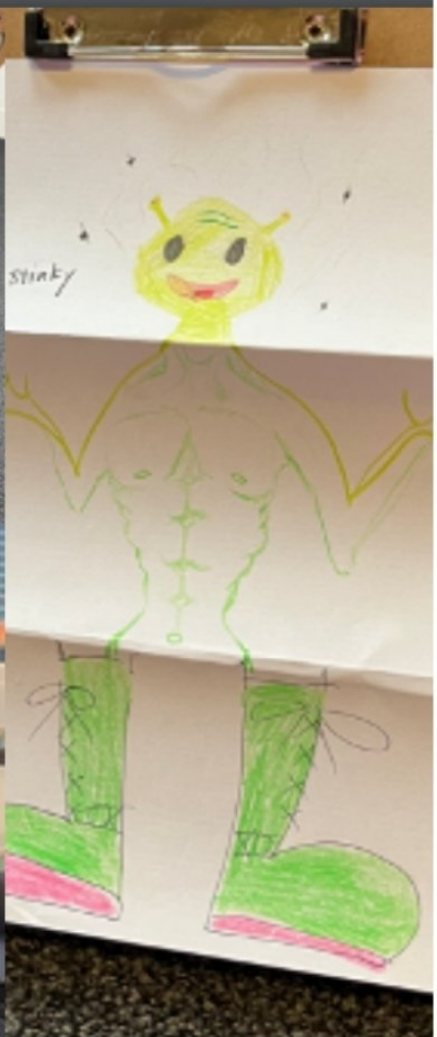
ART GALLERY WA EXCURSION

ON MONDAY NOVEMBER 13TH ALL PORT SENIOR SCHOOL STUDENTS ATTENDED A JOINT HASS & ART EXCURSION TO THE ART GALLERY OF WA. WHILE THERE, STUDENTS WERE TREATED TO AN INTERACTIVE AND THOUGHT-PROVOKING WORKSHOP FEATURING AN EXHIBITION CALLED "EXQUISITE BODIES". IN THIS MULTI-MEDIA, SENSORY SESSION, STUDENTS WERE INVITED TO ENTER INTO THE MIND OF DISABLED ARTIST BRUNO BOOTH AND TO EXPLORE IDEAS OF HUMAN PHYSICALITY USING DRAWING AND SCULPTURE MEDIA TO EXPLORE KEY THEMES. STUDENTS THEN HAD THEIR OWN PRIVATE TOUR OF THE INDIGENOUS AUSTRALIAN ART COLLECTION "BALANCING ACTS" WHICH ENCOURAGED FURTHER REFLECTION ON THIS TERM'S HASS UNIT, WHICH CELEBRATED ABORIGINAL HISTORY AND CONTRIBUTIONS TO SOCIETY

IMMERSIVE INDIGENOUS CULTURAL EXPERIENCE

THIS TERM, PORT STUDENTS WERE LUCKY ENOUGH TO BE PART OF ANOTHER CROSS-CURRICULAR LEARNING OPPORTUNITY WITH HOSPITALITY. THIS TIME HEIDI MIPPY, MOTHER OF PORT STUDENT SIENNA, AND RESPECTED NOONGAR COMMUNITY LEADER, KEEN CONSERVATIONIST AND SUCCESSFUL BUSINESS OWNER - CAME TO RUN A SERIES OF HANDS-ON WORKSHOPS WITH OUR SENIOR STUDENTS. THESE FOCUSED ON HOW TO SUSTAINABLY FARM, HARVEST, AND USE NATURALLY SOURCED LOCAL BUSH PRODUCE, TO MAKE DELICIOUS FOODS LIKE: WATTLE SEED CHOC-CHIP COOKIES AND SALT-BUSH OVEN ROASTED CHICKEN. HEIDI SHOWCASED SOME OBJECTS OF CULTURAL IMPORTANCE AND BEAUTY AND SPOKE OF SOME OF THE SUSTAINABLE STRATEGIES USED ON HER FARMING PROPERTY TO HEAL COUNTRY. VERY INSPIRING AND FUN!









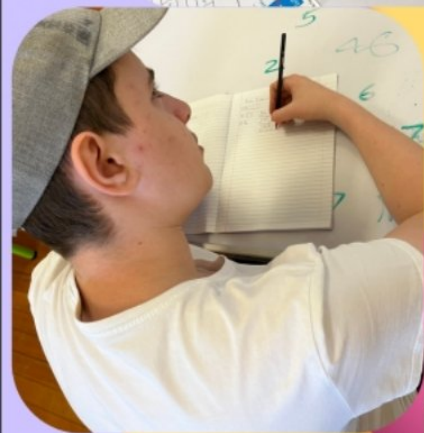
MATHEMATICS



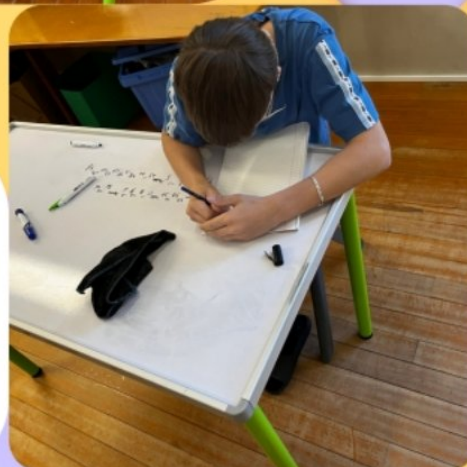
It has been an absolute pleasure to teach Mathematics at Port School since 2017. I have been so proud of all my past and present students, and am continually impressed by their achievements.

Next year I will be moving to the Middle School for a new challenge. I would like to wish all Senior School students the best with their new teacher in 2024.

Cheers,
Eileen

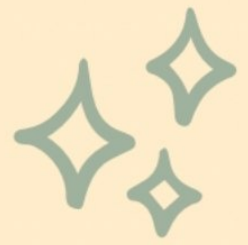


This term we have been focusing on measurement, shapes and angles.



Middle School

MS1 and MS2



Middle School came back ready to consolidate all they have achieved in Term 4.

MS2 Creative Schools was a great success!

All students did very well in their end of year ACER testing.

Camp in Week 6 has been the highlight of the term!

See the camp page for more details!





Middle School Camp

The Middle School Camp was an amazing adventure for all involved, behaviour was fantastic, enthusiasm was high and everyone challenged themselves and had fun at the same time, some highlights included.

Beach Walk: Serenity Meets Adventure: A leisurely stroll along the sandy shores provided a wonderful beginning to our camp (except for all the flies). The beach walk was a mindful exploration, where the soothing sound of waves met the excitement of rocky scrambling. It was the perfect balance between tranquility and adventure.

High Ropes Course Extravaganza: Participants defied gravity and pushed their limits on the high ropes course. Suspended high above the ground, they navigated a series of obstacles, testing courage and fostering team spirit. It wasn't just an adrenaline rush; it was an opportunity to conquer fears and build resilience.

Into the Depths: Caving Adventure: Venturing into the mysterious depths of the earth, equipped with helmets and headlamps, participants crawled, climbed, and squeezed through narrow passages. The caving adventure was not just a physical journey but a metaphorical one, pushing boundaries and embracing the unknown.





YPC Camp 2023



Fairbridge, Pinjarra, WA

This year marks our 7th annual mums and bubs camp. It is a fantastic opportunity for our young mums to experience typical school camp activities whilst also parenting. We took 6 mums and their 7 babies for four nights to Fairbridge in Pinjarra.

Thanks to a generous grant from P&N Bank, this year we were able to spoil our Mums with a dolphin cruise in Mandurah followed by a fish and chip lunch, which was a highlight enjoyed by all.



Camps like this wouldn't be possible without the YPC and ELC staff involved. Thank you to Michelle, Mike, Nicole, Brett, Chelsea, Clair and Bridget for coming along to help out and make our camp such a success.

Camp Activities

- ☒ Dolphin Cruise
- ☒ Canoeing
- ☒ Face masks
- ☒ Swimming



PORT MOBILE CLASSROOM



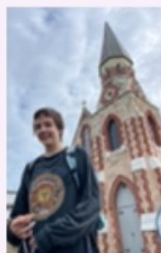
TERM 4 2023

Congratulations to all the students who finished off this year strong. It has been a very big year with lots going on with the bus program. We have had over 15 fellas on our bus list and it has been really impressive for the students who have made a commitment to the program by attending their sessions and really wanting to make improvements in their education. The year has been full of outdoor adventures, numeracy and literacy work, swimming, team sports, workshop, kitchen and of course camps. This Term we went up north for a 3-day camp at Yanchep national park. The students got to experience an observatory to gaze into the night sky, metal detecting, and some snorkelling. We hope everyone enjoys the break and returns fresh and ready for 2024.



What's been cooking in term 4?

WOW! what a busy time term 4 has been for our Port School kitchen family. We have celebrated lots of important events and experienced interesting excursions.



Our certificate II Hospitality students continued with the unit 'Prepare & serve non-alcoholic beverages', providing tasty drinks at recess.

We've seen our cooking students improve their skills, making a variety of healthy dishes. Students have made their own fresh pasta which was served for lunch.

Our Hospitality students have enjoyed a trip to Fremantle markets, to explore the many different types of International food available.

Port School kitchen got creative for Halloween and also served a traditional Thanksgiving lunch of Turkey and sweet potato and marshmallows.

Our coffee students took a trip into Fremantle, to enjoy coffee tasting and learning about coffee roasting.



Cooking students joined with HASS classes, for an Indigenous emersion day with Heidi Mippy, where they learned how to use wattle seed and saltbush in recipes.

THANK YOU WILD BAKERY for your generous contributions

ART ROOM ANECDOTES

MEDITATION MANDALAS

Unveiling Creativity

Term 4 in Review and Looking Ahead to 2024

As the curtains draw to a close on another exciting term here in the School Art Department, we reflect on the incredible journey our students have embarked upon in Term 4. The theme of 'Meditation Mandalas' has sparked a wave of artistic innovation, pushing the boundaries of their creativity and craftsmanship.

In a remarkable endeavour, each student took to their iPads, channelling their artistic energies into crafting mesmerising mandalas. These intricate designs, meticulously created on digital platforms, were then transformed into stunning reality through laser-burning onto wooden panels. This collective effort will culminate in the creation of a breathtaking Mandala Wall, a focal point that promises to captivate audiences at our upcoming 2024 Art Exhibition.



Ash Higgins



Amber 20



Ricky



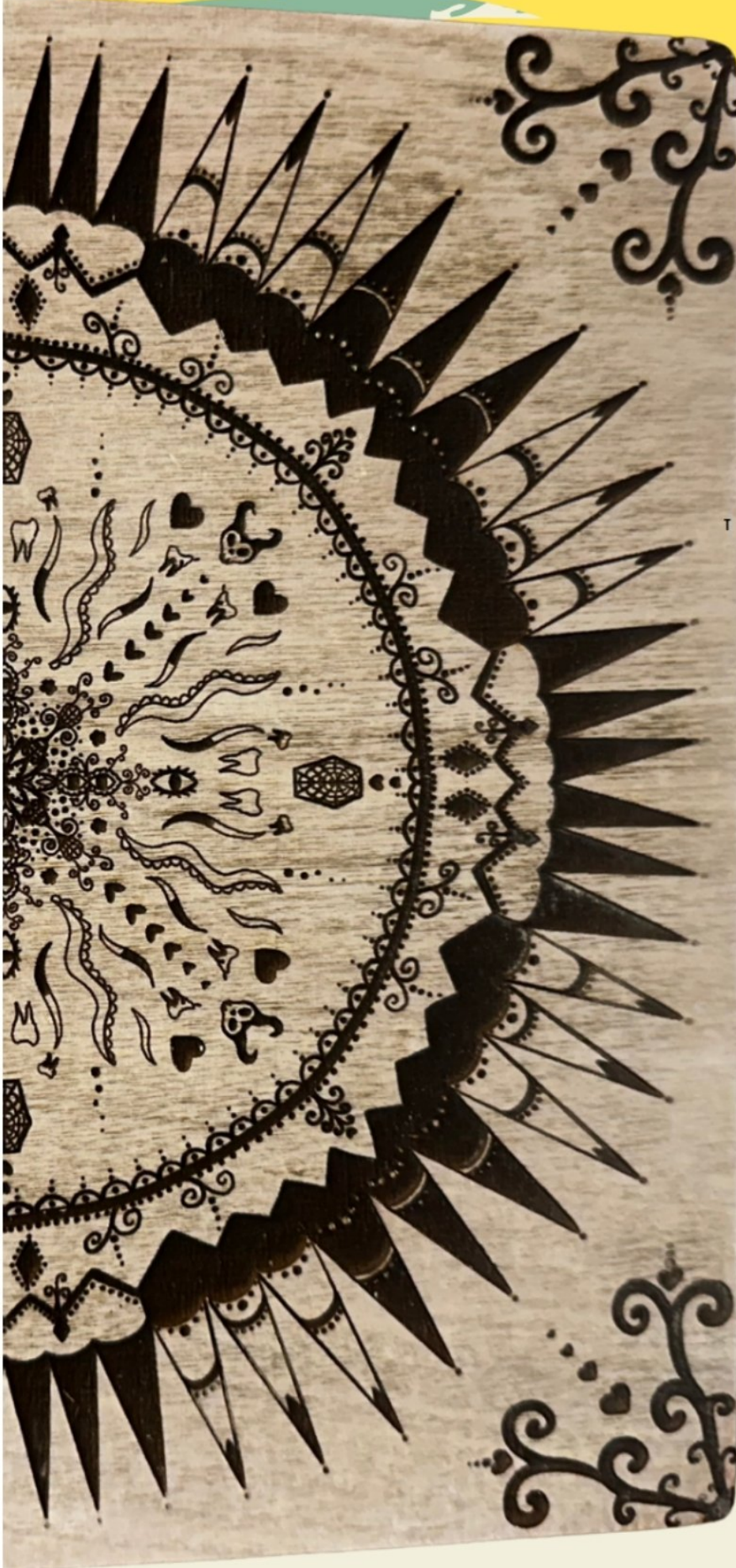
Kayleigh



Charlie

Laser etched mandalas

Yael



Barbie



Lauren



Ruby



Arts Hub 2024...

But that's not all - amidst our artistic endeavours, we have exciting news to share! The School Art Department has been officially evicted, and with bated breath, we are feverishly preparing to relocate to our new Arts Hub. Separate from the main school building, this purpose-built, newly renovated space is poised to become an artistic haven, an oasis where creativity knows no bounds. It is destined to be an inspirational, dynamic, and flexible learning environment, designed to nurture, and amplify the creative spirits of our students.

As we bid adieu to the year, we extend our warmest wishes for a joyful festive season and a promising New Year. Rest assured, we are eagerly anticipating the creative adventures that await us in 2024 within our new ARTs Hub. So, get ready to witness an explosion of artistic brilliance as our students delve deeper into their imaginations and bring their creative visions to life. Thank you for your unwavering support and stay tuned for more ground-breaking artistry and innovation in the year ahead. Until then, may the holiday season be filled with joy, laughter, and artistic inspiration.

With warm regards,
Dee and Dan
(Your School Art Department)

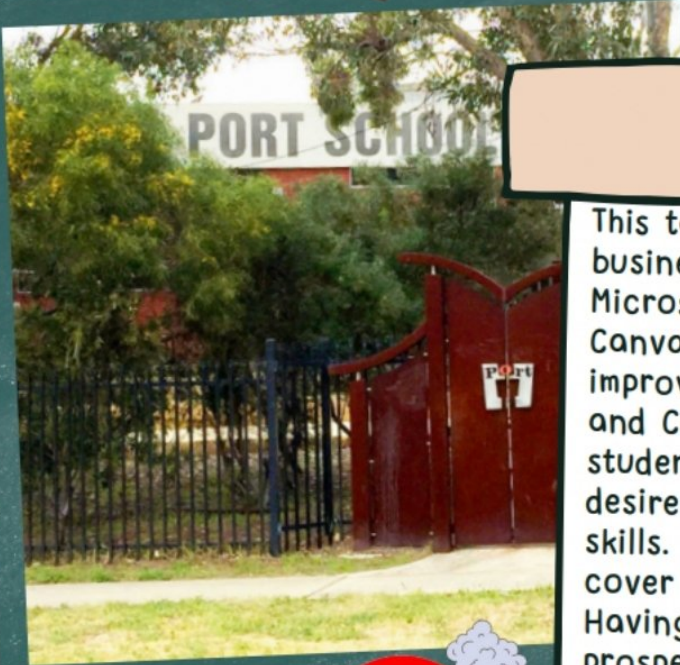




CGEA-Certificate in General Education for Adults



Term 4



This term in CGEA we have focused on using business software applications such as: Microsoft Word, Microsoft Excel, Outlook and Canva. Throughout the term we have seen great improvements in our students' ICT (Information and Communication Technology) skills. The students have impressed us most with their desire and willingness to grow and learn new skills. Our students have created resumes, cover letters, emails, spreadsheets, and posters. Having these skills will boost their employment prospects, as most professions require employees to have experience and knowledge with ICT.



Special Mentions

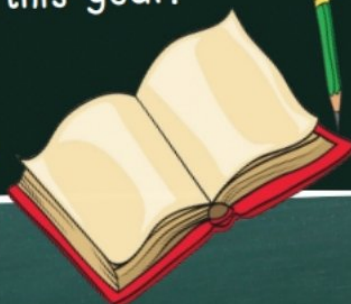
Congratulations to the following students on completing their certificates:

- ☒ Brody Haworth- Cert II
- ☒ Chelsea Arnold- Cert II
- ☒ Dylan Purcell- Cert II
- ☒ Ebony Munro- Cert II
- ☒ Jake Hislop- Cert II
- ☒ Tayla Bailey- Cert II
- ☒ Heidi Simmons- Cert III
- ☒ Noah Branley- Cert III
- ☒ Tatum Ng- Cert III
- ☒ Tuhleesha Walley- Cert III

Final word

It has been a fantastic year in the CGEA classroom. We wish you a fantastic Christmas break and look forward to seeing you next year. Once again, congratulations to all of you on your achievements this year.

Aidan & Steph



Page 1 of 1

WORKSHOP 2024

Changes are coming to the workshop

The option choices are changing in the workshop in 2024. Only the following choices will be offered. Speak to Adrian for more information.

Option choice 1: Construction

Students will **not** make specific projects in this class but can learn basic construction skills by making 2 x mini houses. Skills will include:

- Construction site safety
- Hand and power tool usage
- Wall framing
- Sub flooring
- Fitting windows and doors
- Roof structure
- Cladding
- Gyprock and finishing/painting

Students can work on gaining Units of Competence toward future entry into TAFE courses with possible credits. Students will gain a certificate of merit to put into their CVs listing the skills achieved.

Option choice 2: The Port School Enterprise-class

Students will **not** make their projects in this class; however, the workshop will run as a business/factory where items created are decided by students and the workshop trainer. Students will then sell those items to the community. Profits will be split three ways: a third going back to the students to be spent through the school, a third to the workshop, and a third for excursions such as go-carting.

In addition, this class will make not-for-profit items for fundraising events, including; the Art exhibition, Naidoc Day, and the annual Malaysia trip. Skills achieved in this class will be listed for inclusion in CVs.

Option class 3: Furniture Design

This class is where students will research, design, plan, and make furniture items. Only the student designs will be worked on during this time, and this process will contribute toward CGEA units such as 'Implement and Review a Project' and 'Safe Work Practices.'

Choose wisely and choose fast! These classes will be popular.



THE WORKSHOP



The workshop has been busy again this term. The students have completed many great projects and have created and cut several unique and artistic designs on the Laser Cutter. Our students have also contributed to making some quality cutting boards, which has raised money for the workshop.



Students have experienced solar technology, furniture restoration, woodturning, construction, and general woodwork.



Next year, we will see some changes in the workshop, with a more dedicated focus on construction, a specialist furniture design class, and establishing the Port School enterprise class. The additional details of these options/changes are in this newsletter.



KITCHEN GARDEN NEWS!

TERM 4

Greetings, Garden Enthusiasts!
As the warm easterly breezes herald the arrival of early summer in Perth, our Kitchen Garden Programme at Port School has been winding down in preparation for the Summer break.

Despite facing varying degrees of success in growing our vegetables, our resilient students have been stoic in their efforts, fostering an enjoyable and social atmosphere within the garden. Some of our more seasoned gardeners were away on the Malaysia excursion in late Term 3, however, the spirit of teamwork prevailed amongst our students, who continued to collaborate harmoniously, showing their dedication even in the absence of our more experienced hands.



As the weather gets hotter and the garden will be unattended over the break, we are removing our tired old plants to make way for the new. But instead of planting new crops, our focus this term shifts towards planning for next year and building shade structures, to prepare for the upcoming scorching late summer heat next year.





Exciting news is on the horizon! Our long-awaited garden shed is currently under construction, marking a significant milestone for our programme. Soon, our garden team will have a home—a place to store tools and supplies, plan and nurture further growth.



COMING UP...

Looking ahead, we're eager to introduce a more structured approach to the Kitchen Garden programme in 2024, emphasising a new crop rotation system to the beds to reduce the chance of pests and diseases. We're always keen to have more gardeners and hope that these developments will attract more students and staff to join us in our green journey. As the holidays beckon, we encourage everyone to embrace the joy of getting their hands dirty - Happy holidays!

Best Regards, Dan

Theatre Sports



Theatre sports enjoyed many activities this term including; acting, playing celebrity heads, and an infant's sports carnival featuring a three legged race, tug-of-war and much more.



OUTDOOR ED CAMP- YANCHEP

Yanchep Lagoon

ACTIVITIES INCLUDED

- ✓ Snorkelling
- ✓ Surfing
- ✓ Fossicking
- ✓ Beach Rugby
- ✓ Swimming
- ✓ Rope Swing
- ✓ Gravity Discovery Centre
- ✓ Night Observatory Tour
- ✓ Science Experiments
- ✓ History Tour



Term 4

OUTDOOR ED CAMP- YANCHEP

 **gravity**
discovery centre
and observatory



Top of the Leaning
Tower of Gingin



Galileo's "Measure of Gravity"
experiment



The Observatory with the roof slid open



Movement of Soundwaves

EXPRESSIONS OF INTEREST

2024 Outdoor Recreation Cert II

FREE TO PORT STUDENTS

PLACES ARE LIMITED
(SENIOR SCHOOL STUDENTS ONLY)

**CONTACT TRISTAN TO
APPLY**



11 UNITS

Snorkeling
Orienteering
Mountain Biking
Paddle Sports
Maintaining Equipment
Workplace Health & Safety
Assist in Delivery of Lessons
*Plus more



Scan for
more
course
info



tristan@portschool.wa.edu.au

Outdoor Ed



Throughout this term's Outdoor Education program, students participated in various land and water activities as the seasons changed and the weather warmed up. One experience was visiting a golf driving range, which most students had never encountered.

During their visits to local parks, the students learned about the significance of Indigenous culture in these places and how landscape development has impacted them. They also had the opportunity to visit a local farm where they helped feed and care for the animals.

Local swimming at the pools and beaches was a program highlight, and the students continued to explore the underwater world by snorkelling.

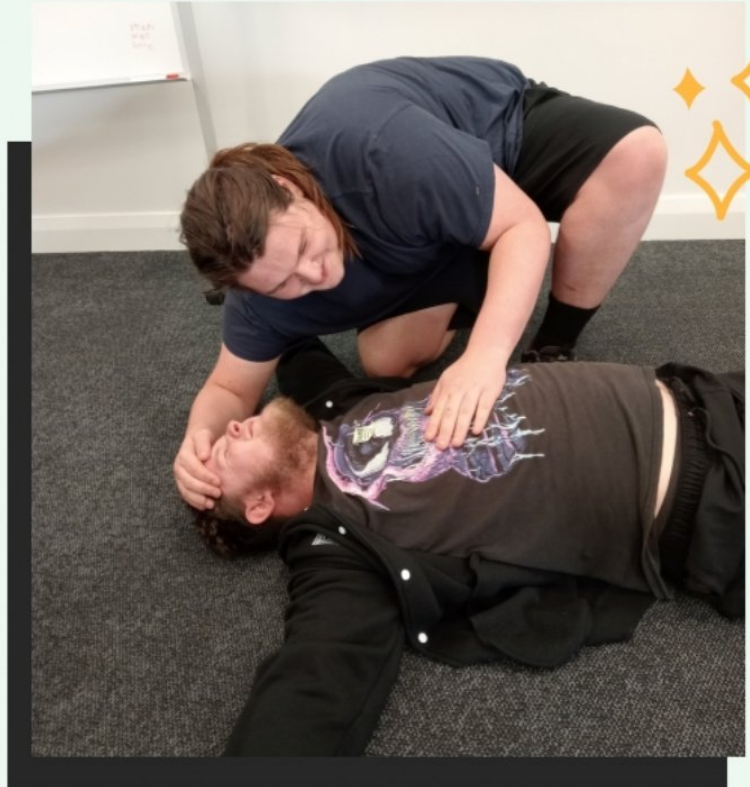
Overall, Term 4 was an exciting adventure filled with new student experiences.



POP NEWS!

EJ practicing CPR

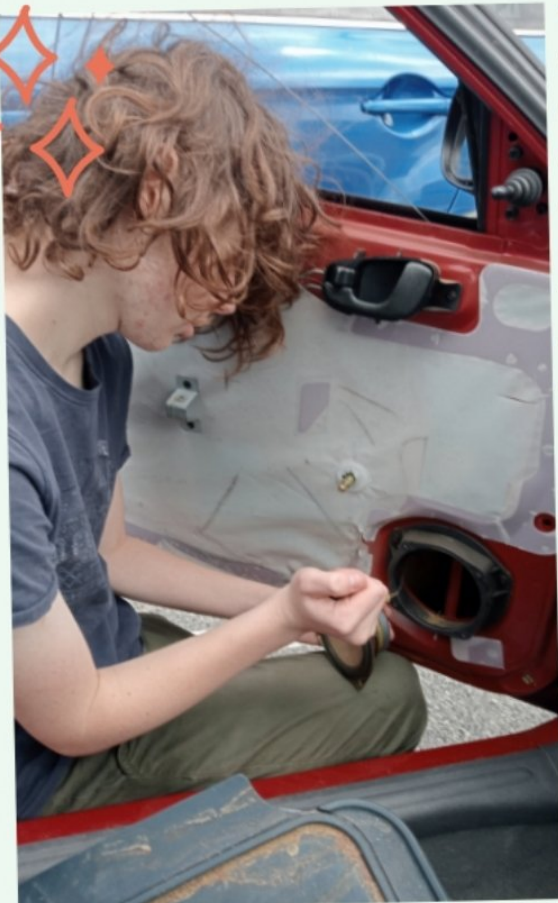
Term 4 has been full of achievements for POP students. Congratulations to the following students for completing their CGEA Certificate II or III in General Education. Jack, Milly, and Tynan. Tynan has also been accepted into a VETiS, TAFE course of his choice. Congratulations to all the students who have achieved their Learner permits, First Aid, Drivers License, and White cards.



- HARLEY WORKING ON HIS CGEA CERTIFICATE II PROJECT

What We Are Learning

There has been a strong focus on goal setting and working towards the attainment of these goals. This year VETiS positions have been scarce and competitive. It is for this reason students need to plan ahead, complete all prerequisite course requirements, and gain industry experience before they apply. Goal setting and vocational planning is an essential part of this process. Amber, Emily, and Jayesha are all seeking careers working with animals and are seeking work experience placements. Please contact the POP Manager if you can offer the girls a placement.



Off and Racing

Several POP students joined the Off and Racing Program this semester and have had the opportunity to sample a wide range of vocations associated with the racing industry. This has included visits to the Perth Jockey School, equestrian centres, and to Ascot for breakfast and to watch track work. Students were able to work with retired racehorses at a rescue in Beverley.



Several POP students have been participating in the Corrective Reading program this year and Jordan has graduated to the next level. Congratulations on your progress Jordan.



Twenty-seven students participated in the Port Outreach Program this year. POP supports students in achieving their academic goals in an alternative educational setting. POP classes are just like any other classes at Port. Students enjoy the opportunity to work one-on-one with POP staff and can make very rapid progress when they engage. POP uses a variety of educational settings. Below: Taya is enjoying a healthy lunch at Rockingham Beach before she starts working on her Certificate II CGEA



Several students are leaving POP this year. Farewell to Natalee, Dylan, Milly, Jake, Bree, Tynan and Brendon. We wish you the very best in your future endeavours. Natalee will be leaving Port this year and was able to participate in the Malaysia trip. Natalee is the second POP student to attend this trip. Farewell also Esben who is not leaving Port but just moving full-time to work in the Training and Development area to continue to run the DFES Cadets program. Thank you, Esben for all the hard work and effort supporting our POP students. Jon will also be on leave for Semester 1 and we wish him all the best. Happy holidays everyone see you in 2024!!

SPORT AT PORT



The way a team plays as a whole
determines its success.

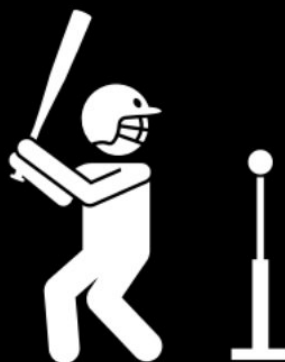
— Babe Ruth —

AZ QUOTES

TERM 4

This term our Team Sport program focused on activities that develop the student's Fundamental Movement Skills of running, body movement, and object control. The Team Sports program provides students with the opportunity to participate in a variety of sporting activities. As the weather became hotter this term, we spent quite a bit of time down at the beach. During cooler days we continued playing a combination of Flag Rugby, Brandy and Gaelic Football. We also stayed back at school on several occasions to play multi-sports (volleyball, soccer, bomb game & handball).

Enjoy the break, we look forward to seeing you next year!



PORT SCHOOL MUSIC

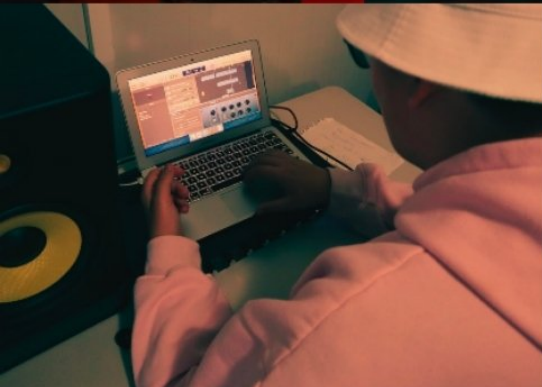


RTRFM 92.1

During Term Four, students from the combined music classes went on an excursion to WA's original FM radio station, RTRFM 92.1. The students were given a private tour of the station including participating in mock interviews using the professional broadcasting studios. Opportunities for volunteering, as well as pathways to get their music played on air were discussed.



As we wrap up 2023, we reflect on the outstanding efforts from our Port School music students. The majority of whom had never played an instrument prior to this year.



By the end of this semester, all music students have learnt some instrumental skills and boosted their confidence in the studio through recording. **Diverse** tastes in genres are championed. To see the **growth** and **empowerment** in our students has been inspiring.

After a great year of overcoming fears, all students have finished with either a completed song that has been mastered or are walking away with instrumental or DJ skills that can be utilised for self-care or future employment.



Listen to some of their music using the QR code, or use this link:
<https://tinyurl.com/PortMusic23>



LISTEN HERE



FITNESS CENTRE



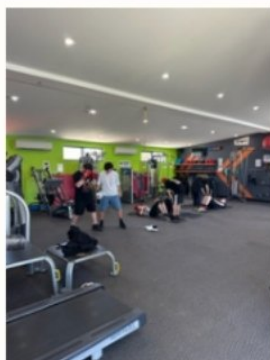
BOXING

In boxing, the students have been working on their fitness and improving their defensive skills which includes slipping and parrying.



GIRL'S FITNESS

In girl's fitness, the students have been getting into functional training which consists of a variety of exercises to build muscles for everyday life.



FITNESS

In fitness, the crew has been working on partner-based exercises which is a great way to build camaraderie while working out. There are a number of students now who have enough fitness knowledge to be able to share that knowledge with their peers which is awesome.



Port School Cadets

Congratulations on a Successful first year Cadets!



An Action Packed Term!

Term 4 was another one filled to the brim with amazing activities for our cadets. We had a visit from SMTAFE and WAPOL to show the students how drones are changing the way we deal with emergencies. Students also had the opportunity to complete a virtual firefighting session, visit the Bushfire Centre of Excellence, learn about SMEACs, and visit Jandakot Airport.

To top off the term, students were invited to a special brunch at DOME in Coogee. At the event, Port School was recognised as the 2023 Western Australian winner of the school award by the Australian Institute of Disaster Resilience.

The cadets also received a thank-you presentation of a first aid kit from the facilitators and gave some end-of-year gifts to the school's supporters from DFES and the SES.



Expressions of Interest 2024

Port School is seeking enthusiastic and dedicated candidates for the amazing program in 2024. Speak to Denise, Kate or Esben to express your interest today!

TIPS TO STRESS-PROOF THE FESTIVE SEASON



The festive season is a time for joy, celebration, and togetherness. However, it can also be a time of stress, anxiety, and overwhelm. The pressure to make everything perfect, the financial strain of gift-giving, and the emotional demands of family gatherings can all take a toll on our mental and physical health.

Here are some tips for managing stress levels over the festive season:

- 1. Set realistic expectations.** Don't try to create a picture-perfect holiday. It's okay if things don't go exactly as planned. Focus on enjoying the time with loved ones and making memories that will last a lifetime.
- 2. Set boundaries.** It's okay to say no to invitations or activities that you don't have time for or that will add to your stress. It's also important to take time for yourself to relax and recharge.
- 3. Delegate and ask for help.** Don't try to do everything yourself. Ask your family and friends for help with tasks such as cooking, cleaning, and decorating.
- 4. Manage your finances.** Create a budget for your holiday spending and stick to it. Avoid impulse purchases and don't go into debt to make the holidays perfect.
- 5. Take care of your physical health.** Make sure you're getting enough sleep, eating healthy foods, and exercising regularly. These healthy habits will help you cope with stress and feel your best.
- 6. Practice relaxation techniques.** Yoga, meditation, and deep breathing can help to calm your mind and body.
- 7. Connect with loved ones.** Spend time with people who make you feel happy and supported.

Remember, the festive season is a time to enjoy and celebrate. Don't let stress take away from the joy of the season.



A BIG PORT SCHOOL THANK YOU TO...

MONDO DORO

A big shout out and huge thank you to Adrian Rapanaro and the team of Mondo Doro Smallgoods for their generous donation once again of Christmas hams and an amazing variety of smallgoods. All donations help to support of the families of Port School to have an enjoyable Christmas.

Mondo Doro is a Western Australian family run business in O'Connor, that prides itself on using 100% Australian pork and beef in their traditional recipes. Their amazing selection of hams, bacon, sliced meats, fresh meat, sausages, salami and other delicious smallgoods can be found at IGA, Gilberts Fresh, Spudshed, Farmer Jacks, Marmion St Fresh & Gourmet and many other small independent delicatessens. Or you can pop down to their O'Connor store for fresh continental rolls and hot coffee and stock up on all smallgoods while you are there.

Merry Christmas and our most heartfelt thank you Mondo Doro, for your generous support again this year.



PORT SCHOOL MEDICAL NEWS



WE ARE VERY EXCITED TO ANNOUNCE A TRIAL PARTNERSHIP BETWEEN BRECKEN HEALTH (ELLEN HEALTH - FREMANTLE) AND PORT SCHOOL

Monday 20th and Monday 27th of November saw the trial of a Medical Clinic onsite at the school. **Dr Cristina** and **Dr Josh**, ably assisted by **Nurse Jess**, saw a total of 44 students for 15-minute appointments across both days.

Letters were sent home at the beginning of Term 4, giving parents and carers the opportunity for their children (Port students) to attend the bulk-billed service.

It is planned that the clinic will return for two days, of concurrent weeks, during Term 1 (March) and Term 3 (September) 2024, and potentially into the future.

Port School would like to thank **Brecken Health** and the **Ellen Health** practice, doctors Cristina and Josh, and Nurse Jess for their time and effort in making this opportunity happen.

Have a safe holiday everybody, remember to SLIP, SLOP, SLAP, SEEK SHADE, and STAY HYDRATED.



Thankyou Port School Supporters!



**WE COULDN'T DO IT
WITHOUT YOU!**



2023

QUOIN

QUOIN CONSULTING

Thanks for your amazing work on the outdoor classroom, we can't wait to see our students utilising the space!



ALINTA ENERGY

For your generous donations to assist our students to attend university with the best possible chance at success.



WILD BAKERY

For your ongoing donations of bread to our canteen, we love your work!



CABLE LAYERS AUSTRALIA

Thanks for visiting Port School and taking on our students for employment opportunities!

**For more information
on our amazing
supporters check out
our Facebook pages**



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[Portscool.com.au](https://www.portschool.com.au)**